

# DECEMBER 2022

365  
*Picture  
Today*



365 *Picture Today*

## TIME FLIES WHEN YOU ARE HAVING FUN MAY YOUR DAYS BE MERRY AND BRIGHT

It is December already! Time really does fly when you are having fun! It is also a time to reflect on the year and what it has meant to you, what you have accomplished, what you have left to do, and what you hope to achieve in 2023.

We are here together as photography enthusiasts and a picture blogging community. Take a look at your feed! Isn't it fantastic? You should be very proud. You will see how your photographs reflect your mood and personality. A full year of your photographs seen all together will do that! As you look back on your year of posting a picture a day, do you see a pattern, a change, or improvement? We think you will see all of your enthusiasm and your life story spilling out. Have you noticed and wondered about the lives and photographic experiences of your fellow members? We all have grown to know ourselves and our fellow 365'ers just a little bit better. Posting a picture a day inspires our creative growth. We not only inspire ourselves but others in the group.

As we move forward to 2023, take a moment to reflect on what you have done and where you are going with your photography. Remember that your goals should excite you!

- What was your biggest photographic or blogging lesson of the year?
- What are your photography resolutions for next year?
- What are your predictions for your 365 project?
- Do you have a photographic bucket list?
- Are you forming a photographic habit?
- Are you going to make a photobook of 2022?

These are just some of the questions you might ask yourself. But remember we are all here to cheer you on and help you out and to be your soft place to land.

Taking a picture a day is an eyeopening experience! It is a huge accomplishment. It is no easy feat posting a picture a day but we do believe that once you look back at your own personal feed you will see how fantastic you are and how far you have come. You are to be commended. Give yourself a pat on the back!

Join us on January 1, 2023 for another year of 365 Picture Today prompts to inspire you! We look forward to seeing you!

Wishing you love, light, and laughter and may your heart be filled with all the joys of the season!

*Amy, Danette, Diane, Joy, Kris, Lee and Lysle*

# EXPLAINING THE PROMPTS

Each month is broken into 4 weekly themes: Picture You, Picture More, Picture Color and Picture Style. These are meant to fuel your imagination, keep you engaged, and challenge your creativity. They give you the opportunity to see the same things in different ways.

**PICTURE YOU** - Possibly the biggest challenge, but it allows you to chronicle your life and to be included in photos for loved ones who want to have photos of you, even if you don't like how you look that day. You don't HAVE to be in the picture every day, but we would love to see you.

During Picture You week you will notice some sub-challenges:

**Sunday Selfie** - Sunday of Picture You week you're encouraged to take a selfie, nothing fancy, just your wonderful face.

**Picture My Hands** - What are you doing today? Show us what you're doing or holding from your point of view and be sure to include your hands.

**Picture the Alphabet** - Have you seen the letter "E" in a fence or "O" in a ferris wheel? Find letters in your world, or, if you can't find them, make them even with just a piece of paper and a marker. Let the letter stand out! You will see two letters for the prompt. We want two photos in a collage for your daily photo. By the end of the year you will have 26 letter photos to make words.

**Picture My World** - This is a quarterly challenge. We are hoping you can return to the same spot 4 times on these days to document the changing seasons in your world or in your life.

**PICTURE MORE** - Let's get technical! This will challenge your creativity with a technical agenda. In these weeks of your year you will look at repetition, triangles, diagonals, textures, centred photos (to name a few!). Don't be shy to ask for clarification, camera settings or any tips and tricks. We aren't magicians here, we share our secrets!

**PICTURE COLOR** - We will focus on a specific color chosen by the Creative Team for these weeks. You can include a little of the color, go completely monochrome or anything in between. You will likely find that this is one of your favourite weeks.

**PICTURE STYLE** - Landscape, food, golden hour, still life, street, minimalist are just some of the styles you will be encouraged to play around with to try out something new. Some of these might be a little out of your comfort zone. Our hope is that by the end of the week you will have discovered something you love. You might find style in your original photo or add some style in post-processing.

## EXTRA CHALLENGES

Along the way you'll notice a few added monthly challenges sprinkled in to give you extra inspiration.

**Macro Monday** - For this prompt we encourage you to get in close. Grab your macro lens, macro filters or just crop your photo in post-processing. This is where we can focus on the little details.

**Scavenger Hunt** - A quarterly challenge where instead of one prompt, you have 9. Take the 9 photos and make a collage. If a scavenger hunt is a bit beyond you that day, see if you can challenge yourself to fit 3 prompts in three different photos, or all nine in one. Make it work for you and your day.

**Picture Recreate** - In this challenge, all we want you to do is recreate an existing photo, whether that's a Pinterest photo you've been wanting to try, a photo from a fellow 365er you loved, or a photo of you and your siblings in the bathtub when you were 5. As always, you can be as creative or literal as you want.

DECEMBER 1

**ELECTRIFYING**

Color Combinations

Picture**MORE**



Today we are taking a picture using colour combinations AND the word "electrifying".

I chose some antique electric toasters in silver and photographed them against the colour white.

Try to find an electric appliance and photograph it against another colour. Maybe you will want to try silver and white, silver and black, silver and red...there are so many options. Or, maybe you might be lucky enough to have a funky coloured appliance to photograph against another colour.

If photographing an appliance does not "electrify" you, photograph something you find to fit the prompt word that does!

Lysle



DECEMBER 2

**WOW**

Color Combinations

*Picture* **MORE**



I passed this stop sign almost every day for 4 years on my way to high school. I pass it every time I take Pepsi for a walk to the park. There's nothing to distinguish this stop sign from any other. And yet, on this day, while looking up at the sky I stopped and said, "Wow." And I just had to take a photo.

What colour is your sky today? Take a little walk outside (if you can) and keep your eyes to the skies. Keep going until you find a contrast, no matter how "common," that makes you stop and say, WOW!

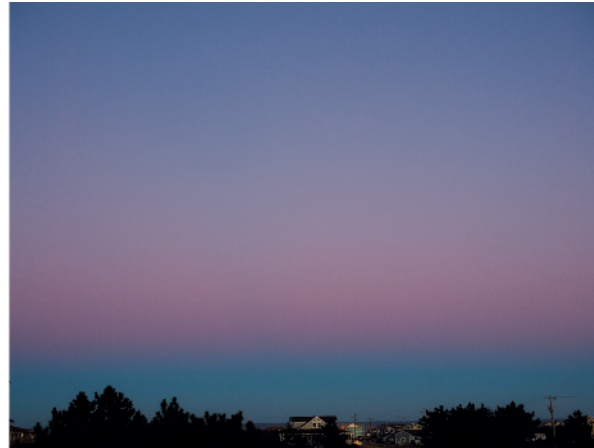
Joy

DECEMBER 3

**VARIATION**

Color Combinations

*Picture* **MORE**



Have you enjoyed exploring Color Combinations? What color wheel variations did you like the best?

Analogous - color groupings that are similar in hue; violet, red-violet, and red or red, red-orange, orange.

Tetradic - colors evenly spaced around the color wheel; red & green, blue & orange, and yellow & purple.

Amy

DECEMBER 4

**SATISFACTORY**

Picture My Reflection - Sunday Selfie

*Picture* **YOU**



It's our last Sunday selfie of 2022! I'm sure that will make some of you very happy.

Today we're capturing our reflections. Have a little fun with this and see what unexpected reflection you can find.

I have no idea what prompted me to try this, but I saw a vase with some water in it and decided to see what my face would look like through the water. A little silly if I do say so myself.

I can't wait to see what you come up with for your last selfie of 2022!

Diane



DECEMBER 5

**SEIZE**

Picture My Reflection

Picture YOU



It is a reflection of who I am that I must seize the caffeine before I can seize the day. What helps you to Carpe Diem?

Kris

DECEMBER 6

**YZ**

Picture My Reflection - Picture the Alphabet

Picture YOU



These are the last two letters of the alphabet for us to photograph this year!

I have made two photos with reflections in them, Y for Yule time and Z for Zebra-like markings, I will be doing something completely different on the day, but this is just an example!

Let us see what you can come up with for Y and Z!

Lee

DECEMBER 7

**NOBLE**

Picture My Reflection

Picture YOU



*adjective*

1. *belonging to a hereditary class with high social status; aristocratic*
2. *having or showing fine personal qualities or high moral principles and ideas!*

Well, uh nope! Not me....how about you?

I did get my broken mirror out of storage and was noble enough to use it for my reflection picture. My toque does look rather like a crown!

How noble can you be in a reflective picture today! Dust off your tiaras....or toques!

Lysle

DECEMBER 8  
**THOROUGH**

*Guest* PROMPT

Picture My Reflection



After the fields are picked, it's time to thoroughly check the deer stands before it gets too cold. Mike and I, along with the littles, went on an adventure through the fresh cut field checking to be sure the tree was sturdy, the straps were replaced, and repairs had been made on the ladder. As we were leaving, I caught my reflection with Piper through our dirty truck mirror.

A thorough inspection is important for the safety of the hunter. How can you be thorough today? Show us; and, don't forget to include a reflection.

Kimberly Roling

DECEMBER 9  
**EXTRAORDINARY**

*Picture* YOU

Picture My Reflection - Picture My Hands



Share an EXTRA-ordinary fact!

Here's mine... I love to wrap gifts! I have a hard time resisting all the ribbons and bows and, of course, the fun holiday tags!

You can go literally with an actual reflection or something reflective of you. Just remember to include your hands!

Amy

DECEMBER 10  
**HEALTHY**

*Picture* YOU

Picture My Reflection



Our last Picture You prompt for the year! Can you look back and see how many wonderful photos you took of yourself over the last twelve months?? My favorite weeks are these Picture You weeks because we get to see each other and also because you will have so many great captures of who you are and will have something for your loved ones to cherish! It is a very healthy thing to get in front of our cameras, which is something that I hope you have discovered this year. Thank you for sharing so much of yourself with us all!

Danette

DECEMBER 11  
**ASTOUNDING**  
Seasonal

*Picture*STYLE



For those of us in the Northern Hemisphere, daylight is waning, but there is no shortage of light around us. The lights of the holiday season are both astounding and magical. Whether it is the thousands of lights of a big neighborhood display, the strands of lights on your own holiday tree, or a burning flame from a single candle that you are enjoying during quiet moments of reflection, photograph some astounding light today.

Kris

DECEMBER 12  
**HEALING**  
Seasonal

*Picture*STYLE



I love seasonal photos and I also love having fun! What better way is there to challenge myself than to create Christmas Trees with all the goodies of the season?

This fun heals my soul, and makes me take 5 minutes out of my day to do something for me, and obviously once the photo is taken then I can eat some of the goodies.

What heals your soul at this time of year?

Lee

DECEMBER 13  
**TOPS**  
Seasonal

*Picture*STYLE



Are you doing any holiday baking? Not me! But I did attend a seasonal event that included some beautiful baked goods that not only looked good but tasted 'tops'. I photographed the tops of some delicious cake pops.

Photograph the top of something today that reflects the season, whether it be the winter season (or summer for the antipodes in the group), or the holiday season.

Lysle



DECEMBER 14  
**ENERGETIC**  
Seasonal

*Picture*STYLE



I always find that the sunrise and sunset are more energetic when the wind is cool and the air is crisp. Maybe there's a scientific reason (if it's even true at all), but I just enjoy the beauty, without explanation.

In your corner of the world, is there something (or someone!) who seems more energetic, more vibrant this time of year? Capture the energy in your photo today!

Joy

DECEMBER 15  
**FESTIVE**  
Seasonal

*Picture*STYLE



Today is a quick snap day! You can even make it a one-and-done like me!

Show us something festive that only makes an appearance seasonally!

For my daughter, it's the peppermint mocha!

Amy

DECEMBER 16  
**ROBUST**  
Seasonal

*Picture*STYLE



I like to celebrate the Christmas season with a robust white wine!

This week is all about the season. A glass of wine in front of the lights on the Christmas tree looks pretty festive to me.

What robust way can you celebrate the season?

Diane

DECEMBER 17

**NICE**

Seasonal - Picture Re-Create

*Picture*STYLE



Can you agree that it's nice to see these re-create photos? For my example I am sharing today, these re-create photos happened by accident. In 2014, I followed a prompt of "With the Tree" and that top photo is what I captured. From then on, in one way or another, I captured similar photos each Christmas with my munchkins and our tree. Now, I have 9 years worth of this sweet scene, which I absolutely love! Maybe these re-create photos will start a tradition of capturing the same photo year by year for you as well and you'll be able to look back many years from now to enjoy.

Danette

DECEMBER 18  
**SUPPORTING  
GOLD**

*Picture*COLOR



It is the last week of Picture Color week, and it is going to be full of Golden Goodness.

So let us start with my 'supporting' dog! He is supporting some reindeer antlers with golden bells on them!

What can you find that is gold that supports you?

Lee

DECEMBER 19  
**DELIGHT  
GOLD**

*Picture*COLOR



Gold is such a beautiful colour to photograph. In fact it is a delight!

Is there a candy more delightful than Werthers? I don't think so!

It is also Macro Monday so get in close! I chose to highlight and macro focus on the candies in front but I could not resist the golden bowl of goodness behind.

Find something gold and delightful to photograph in macro today.

Lysle

DECEMBER 20  
**FREE**  
GOLD

*Picture***COLOR**



There are so many incredible free things to do around this time of year. This was taken at a Christmas Market in Downtown Ottawa. The holiday season is, in my experience, filled with one golden moment after another. It's the most special time of year.

Is there anything happening around you that's free? Even a walk or drive to look at Christmas lights is sure to lead you to some gold!

Joy

DECEMBER 21  
**EXQUISITE**  
GOLD

*Picture***COLOR**



Exquisite means extremely beautiful, marked by flawless craftsmanship, or something ingenious, delicate, or elaborate. I can't think of a better word to describe the color GOLD!

The light displays around the holidays are always extremely beautiful and oftentimes very elaborate!

Show us an exquisite gold you find today!

Amy

DECEMBER 22  
**DEFIANCE**  
GOLD

*Picture***COLOR**



The real icicles are defying the point of those pretty artificial lighted icicles on my roof line. Although, seeing them mix together is creating a beautiful and subtle golden hue that is quite nice. Some other words to consider today if you are struggling: resistance, opposition, disobedience, or noncompliance. Maybe you can showcase this by sharing some defiant ribbon curls on your presents (there is a certain finesse with getting the perfect curl). Maybe your golden cat is being defiant by playing in your Christmas tree. Whatever you have golden laying around that is showing some disobedience in your life - capture it today. Our projects can be a mix of the good and bad to really make our 365 photos well-rounded. And, defiance is a word that could be something not-so-good or, like my example photo, a play on the words and mixture of the subject shared.

Danette



DECEMBER 23  
**POISED**  
GOLD

Picture**COLOR**



Poised means "having a composed and self-assured manner" or "having a graceful and elegant bearing".

We were in Vienna during the Christmas season in 2019. I was so taken with these beautiful light chandeliers that were hanging over this pedestrian mall area. The golden light in the night sky is definitely graceful and elegant.

What will you find today that fits the definition of poised? Don't forget to try and include a little gold in your photo today!

Diane

DECEMBER 24  
**CLASSICAL**  
GOLD

Picture**COLOR**



As a church musician, Christmas Eve is a night filled with much beautiful music - motets from centuries past, hymns, anthems old and new. It is one of my favorite days in the church year to sing.

What music do you associate with this time of year? Reflect those sounds and emotions in your image today.

Kris

DECEMBER 25  
**CELEBRATE**

Picture**MORE**

Framing - Picture the Alphabet



*Many times this year you were tasked to find a letter,  
Now is the day you get to make it even better.  
Use the letters to make a phrase or favorite word,  
That you find moving, caring, or totally absurd!*

Go back in your photo library and find all those letters you have so carefully collected all year long! Choose a word or phrase and leave us a message.

We hope you have enjoyed this monthly prompt and we look forward to seeing your word!

Lysle

DECEMBER 26  
**PROMPT FREE**  
Framing

*Picture***MORE**

# 365 *Picture Today*

Prompt Free Days often bring to mind the saying, "The grass is always greener on the other side." Some days, we feel restricted by the prompt, but on other days, no specific prompt makes us feel lost by having no point of departure.

Think about these prompt free days as a check-in as to how this project is changing you. What do you notice that you would have overlooked previously? What small moments in your day now feel bigger and call to be documented?

Today is a blank canvas for which all of the other prompts have prepared you.

Keep our eyes open and have fun!

DECEMBER 27  
**POWER-UP**  
Framing

*Picture***MORE**



Power-up! Get Energized! Reboot!

Try using architectural details or leading lines found in nature to direct the viewer's eye to a particular subject or focal point while showing us something that has you powered up today!

As in the prompt photo, the tunnel effect of the pergola walkway leads your eye right to the park entrance waiting at the end... making us want to hit the trails for a power walk!

Amy

DECEMBER 28  
**STUNNING**  
Framing

*Picture***MORE**



This photo was a stunning surprise when I captured it. I took this with my cell phone in a fast-food parking lot where a streetlight was illuminating this lone tree. It caught my eye as I was driving by, and I was thrilled with the effect the light gave this beautiful scene. Sometimes the most stunning photos in our projects are the ones that surprise us and are the easiest and quickest captured. I challenge you to do that today, don't put too much effort in capturing your stunning scene - instead, snap photos throughout your day, and see what photo surprises you the most. You may find that you'll be as pleasantly surprised as I was.

Danette

DECEMBER 29  
**INSTINCTIVE**  
Framing

*Picture***MORE**



I went with a literal frame for today's photo. I lived on the east coast of Canada for about 7 years in the early 2000's. I spent a lot of time by the ocean and one of my favourite things to do was walk the beach and look for beach glass.

I would instinctively look at the shape of the glass and figure out what picture I could make with it. This is one of my favourite creations. I love how simple sea glass can make such a pretty picture.

Use your instincts today when you are deciding what to photograph today!

Diane

DECEMBER 30  
**HEART**  
Framing

*Picture***MORE**



The heart shape is an ideograph used to represent the center of emotion. It is a simple image that represents far-reaching and often complex feelings. Framing with negative space draws the eye straight to the heart because there are no distractions in the image.

Think about what heart means to you. Try using a simple subject and negative space to convey your thoughts.

Kris

DECEMBER 31  
**WINNER**  
Framing

*Picture***MORE**



This is the last photo of the year! Did you make it all the way through? Whether you joined half way through the year, or missed a few days here and there, you are a winner!

You now have an album of photos to tell your story of the year 2022! How awesome is that?

I have framed my New Year Snacks onto a wooden circular board with some lights and baubles to celebrate the new year.

***We wish everyone a happy new year and may your 2023 be a good one! Join us at 365PictureToday for next year....it starts tomorrow.***

Lee



# DECEMBER 2022

## *Picture* MORE

Color Combinations

- 1 Electrifying
- 2 WOW
- 3 Variation

## *Picture* YOU

Picture My Reflection

- 4 Revel
- 5 Upright
- 6 U V
- 7 Fine
- 8 Transforming
- 9 Happy
- 10 Intriguing

## *Picture* STYLE

Seasonal

- 11 Astounding
- 12 Healing
- 13 Tops
- 14 Energetic
- 15 Festive

## *Picture* STYLE

Seasonal

- 16 Robust
- 17 Nice

## *Picture* COLOR

Gold

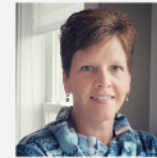
- 18 Supporting
- 19 Delight
- 20 Free
- 21 Exquisite
- 22 Defiance
- 23 Poised
- 24 Classical

## *Picture* MORE

Centered

- 25 Celebrate
- 26 Prompt Free
- 27 Power-Up
- 28 Stunning
- 29 Instinctive
- 30 Heart
- 31 Winner

## 365 *Picture Today* CREATIVE TEAM



*Amy*  
amy@365picturetoday.com



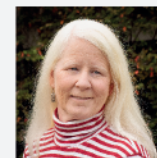
*Danette*  
danette@365picturetoday.com



*Diane*  
diane@365picturetoday.com



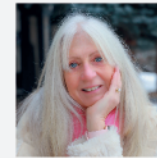
*Joy*  
joy@365picturetoday.com



*Kris*  
kris@365picturetoday.com



*Lee*  
lee@365picturetoday.com



*Lysle*  
lysle@365picturetoday.com