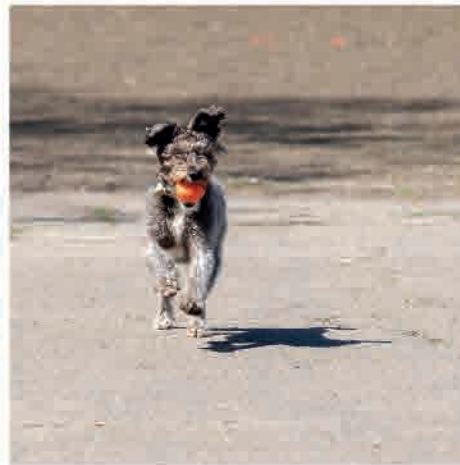


NOVEMBER 2022



365 Picture Today

LET'S BE GRATEFUL...

It's hard to believe that we are nearing the end of 2022. This time of year brings with it all "the feels." The excitement of the holiday season is fast approaching as is the need for quiet reflection on all that has come and gone in our lives since January. We are caught between all that is yet to come and that has been and is now just a memory. Aren't you glad that you have taken a photo a day to help you remember, honor, and celebrate all that this year has given to you - things beautiful and maybe not so beautiful, moments big and small, events both happy and sad. All that you have experienced in taking this year's photos will inform every photo you take from here after. None of us are the same person that we were on January 1.

Our weekly themes for this month are Gratitude, Brown, Animals, and Color Combinations. As we take our November photos, regardless of the actual theme or prompt, let's do so with a deep sense a gratitude. Let's be grateful for each photo that we are able take. Let's be grateful for the amazing human that each of us is. Let's be grateful for this incredible community of supportive and talented photographers and friends and the diversity among us. And let us be grateful for the whirlwind of activity and emotions that this time of year brings with it.

Remember, as life becomes a little more hectic, to enjoy yourself. Don't let taking your daily photo become burdensome. A one-and-done photo with your phone because that is all for which you had time is certainly reflective of your day...and that is what this project is all about. Be kind to yourself. And have a grateful heart.

Happy November, everyone!

Amy, Danette, Diane, Joy, Kris, Lee and Lysle

EXPLAINING THE PROMPTS

NOVEMBER 1
BADASS
Centered

Picture**MORE**

Each month is broken into 4 weekly themes: Picture You, Picture More, Picture Color and Picture Style. These are meant to fuel your imagination, keep you engaged, and challenge your creativity. They give you the opportunity to see the same things in different ways.

PICTURE YOU - Possibly the biggest challenge, but it allows you to chronicle your life and to be included in photos for loved ones who want to have photos of you, even if you don't like how you look that day. You don't HAVE to be in the picture every day, but we would love to see you.

During Picture You week you will notice some sub-challenges:

Sunday Selfie - Sunday of Picture You week you're encouraged to take a selfie, nothing fancy, just your wonderful face.

Picture My Hands - What are you doing today? Show us what you're doing or holding from your point of view and be sure to include your hands.

Picture the Alphabet - Have you seen the letter "E" in a fence or "O" in a ferris wheel? Find letters in your world, or, if you can't find them, make them even with just a piece of paper and a marker. Let the letter stand out! You will see two letters for the prompt. We want two photos in a collage for your daily photo. By the end of the year you will have 26 letter photos to make words.

Picture My World - This is a quarterly challenge. We are hoping you can return to the same spot 4 times on these days to document the changing seasons in your world or in your life.

PICTURE MORE - Let's get technical! This will challenge your creativity with a technical agenda. In these weeks of your year you will look at repetition, triangles, diagonals, textures, centred photos (to name a few!). Don't be shy to ask for clarification, camera settings or any tips and tricks. We aren't magicians here, we share our secrets!

PICTURE COLOR - We will focus on a specific color chosen by the Creative Team for these weeks. You can include a little of the color, go completely monochrome or anything in between. You will likely find that this is one of your favourite weeks.

PICTURE STYLE - Landscape, food, golden hour, still life, street, minimalist are just some of the styles you will be encouraged to play around with to try out something new. Some of these might be a little out of your comfort zone. Our hope is that by the end of the week you will have discovered something you love. You might find style in your original photo or add some style in post-processing.

EXTRA CHALLENGES

Along the way you'll notice a few added monthly challenges sprinkled in to give you extra inspiration.

Macro Monday - For this prompt we encourage you to get in close. Grab your macro lens, macro filters or just crop your photo in post-processing. This is where we can focus on the little details.

Scavenger Hunt - A quarterly challenge where instead of one prompt, you have 9. Take the 9 photos and make a collage. If a scavenger hunt is a bit beyond you that day, see if you can challenge yourself to fit 3 prompts in three different photos, or all nine in one. Make it work for you and your day.

Picture Recreate - In this challenge, all we want you to do is recreate an existing photo, whether that's a Pinterest photo you've been wanting to try, a photo from a fellow 365er you loved, or a photo of you and your siblings in the bathtub when you were 5. As always, you can be as creative or literal as you want.



This looks a lot more badass than it is. No humans or animals were harmed in the making of this photo (or before or after). After a lesson on safety my three nephews were trying out a pellet gun for the first time, getting a taste of country life. I love the serious expressions on their faces.

Do you do anything badass? Or do you have anything or anyone badass around that you can capture? If not, have some fun making something seem badass. Whatever you choose, have fun, and remember safety first!

Joy

NOVEMBER 2
BRIGHTEN
Centered

*Picture***MORE**



Today's creative twist is sure to brighten your day and ours when you share!

Find a PAREIDOLIA!

This is where you see a facial expression in an ordinary object.

If you are not familiar with Pareidolia photography I encourage you to do a google image search; winking hinges, laughing appliances, and screaming houses will have you smiling all day long :)

Amy

NOVEMBER 3
FETCHING
Centered

*Picture***MORE**



Do you feel fetching today? If so, (and I hope you do) center yourself in a fetching way. If you're not feeling particularly fetching, center any subject you feel fits this prompt today. After all, fetching simply means attractive.

Danette

NOVEMBER 4
SEEMLY
Centered

*Picture***MORE**



The word seemly is not a word that I use very often. I had to look it up to make sure I understood it correctly. Seemly means a) good looking, handsome or attractive, or b) suited to the purpose/occasion.

I love fall and I love the colours of the changing leaves. I find them seemly! This single leaf caught my attention as I was out walking. I centered it in the frame so that it was the sole focus of the photo.

As you go about your day today see if something seemly grabs your attention.

Diane

NOVEMBER 5
NUTRITIOUS
Centered

*Picture***MORE**



Nutritious is one of those words...I do my best to eat healthy meals full of all the nutritious things that my body needs, but sometimes my spirit needs to be nourished with something that may not quite fit the typical definition of nutritious...like cake!

The cake may be front and center, but garnished with some berries it becomes a little more nutritious, right? And a little more photogenic.

Put nutrition front and center in your photo today.

Kris

NOVEMBER 6
LUCID
Gratitude - Sunday Selfie

*Picture***YOU**



It's the most magical day of the week! You've got it....it's SELFIE SUNDAY! Love it or hate it, it's time to show yourself in all your glory. We are also showing our gratitude this week so you get to use a selfie to show gratitude using the word lucid!

I've been writing prompts for almost two full years now. I am not going to lie...sometimes I have to look up the prompt word to really get a handle on what it actually means.

The word lucid is an adjective that means 'easily understood, completely intelligible or comprehensible'. It can also mean having a clear perception or understanding. Bonus, it also means shining or bright!

You can take a selfie of yourself that shows how you shine. Or maybe you will want to show us how you manage to comprehend and understand the world around you.

Lysle

NOVEMBER 7
FITTING
Gratitude

*Picture***YOU**



This is a time of year for Remembrance for many, so it seemed only fitting that I use a photo taken near the cenotaph where my Grandpa, a WWII veteran, went every year on November 11, until his death. He was proud to be there, and although we don't know much about his time at war, I think he was proud to serve.

Whether you're remembering these sacrifices, celebrating life or just living a normal day, find something that feels fitting to you for your day or this time of year and capture it to share with us.

Joy

NOVEMBER 8

XY

Picture YOU

Gratitude - Picture the Alphabet



It is Picture the Alphabet Day and this month's letters are W and X.

Remember there is no wrong approach!

You can hunt for the letters throughout your day, get creative and make your own, or use objects to represent? Just make sure to store your letters in a safe place for later!

Amy

NOVEMBER 9

PROMPT FREE

Picture YOU

Gratitude

365
*Picture
 Today*

Prompt Free Days often bring to mind the saying, "The grass is always greener on the other side." Some days, we feel restricted by the prompt, but on other days, no specific prompt makes us feel lost by having no point of departure.

Think about these prompt free days as a check-in as to how this project is changing you. What do you notice that you would have overlooked previously? What small moments in your day now feel bigger and call to be documented?

Today is a blank canvas for which all of the other prompts have prepared you.

Keep our eyes open and have fun!

NOVEMBER 10

ENGAGING

Guest PROMPT

Gratitude



Merriam-Webster defines engaging as: tending to draw favourable attention or interest. However, there are many ways to be engaging. Our smiles. Our personalities. A great read can be engaging. TV shows or movies could be engaging. So many options!

With photography, I always think the use of words or props is engaging with the viewer and with it being Gratitude theme this week, I decided to go with saying thank you in many languages. I am grateful to be asked to write the guest prompt for today, for being part of this 365 community, for being able to share my love of photography and for being cheered on in my hobby by friends and family.

It is Picture You week, so consider putting yourself in today's photo, but how you show gratitude in an engaging way is totally up to you. Will you change your angle? Use a prop? Focus on some details? Do a creative crop? Use depth? Tell a story? The possibilities are limitless. One of my favourite things about the prompts in 365 photography is that we all create and approach them differently. It is truly inspiring to see what each of you comes up with day after day, year after year. Thank you for being part of my community. Remember to have fun and I look forward to seeing everyone's take on the prompt.

Amy Roach

NOVEMBER 11

VALOR

Gratitude - Picture My Hands

Picture YOU



Have you ever had one of those days where you read the prompt, an image immediately pops into your head, and there is no room for negotiation as to what your picture of the day will be? That was the case for me today. Today is Veterans Day in the United States, the day set aside to honor all those men and women who have served in the armed forces. Our prompt word is valor, meaning "great courage in the face of danger, especially in battle," and on top of that our daily challenge is Picture My Hands.

My dad was a career Naval Officer, serving his country for twenty-six years. He did so with valor. At his funeral, when the honor guard placed the folded flag that had draped his casket into my hands, I felt like I had never held anything that was filled with so much meaning.

What object holds deep meaning to you, perhaps even a sense of true valor. Hold it in your hands. Take a few moments to honor and remember all that it represents. Then, take your photo.

Kris

NOVEMBER 12

VIGOROUS

Gratitude - Picture My World

Picture YOU



The last of the Picture My World prompt of the year.

Be vigorous in your approach to getting the last photo in the series, and you will be pleased that you now have all four photos.

Show all four photos today, we love seeing all the changes!

NOVEMBER 13

FRIENDLY

Animal



This might just be my favourite week for photos as we turn our cameras towards animals! I am a huge animal-lover, and try to pet every dog I can, and even every cat even though they make me sneeze (it's worth it).

I *might* be biased, but I think Pepsi has the friendliest face of any animal. Can you make an animal smile today and get a photo? I think this week calls for lots and lots of treats for our furry friends. Stock up and fill your pockets!

Joy

NOVEMBER 14
MAGNIFICENT

*Picture*STYLE

Animal - Macro Monday



Today's the day for Macro Fun!

Grab your macro lens, macro app, or just crop in close during post-processing. This is where we can get in close and focus on the little details. Remember we are focusing on animals this week.

Luckily, I spotted this grasshopper on the path and he was willing to strike a magnificent pose!

Amy

NOVEMBER 15
LIGHT
Animal

*Picture*STYLE



How lucky for me to have such a light dog who loves to play in the light snow. If you have trouble finding a "light" animal, consider using light to paint your animal (in order to lighten them up), or just play with high-key techniques to capture light today. Can't wait to see what animals you share today!

Danette

NOVEMBER 16
POSITIVE
Animal

*Picture*STYLE



We've really gone to the dogs in this community haven't we? It's paws-itively adorable!

This little guy was paws-itively enjoying his game of catch with his owner. The owner told me that he could throw the ball two miles and his dog still brought it back. I don't know, seems a little far-fetched to me! Stick around folks, I'm here all week.

Diane

NOVEMBER 17

ACTIVE

Animal



Animals are so entertaining to both observe and photograph. Because they move quickly, set your camera on continuous or burst mode with a fast shutter speed. It often takes many photos to get "the one."

Find some active animals - dogs, cats, squirrels, whatever critters you can find (Humans will work too!) - and capture their action.

Kris

NOVEMBER 18

DEVOTED

Animal



I had no idea what to show for this prompt. I jest of course; there is only one devoted dog in my life. He is my shadow and won't even walk with others if he thinks I am going to come back soon! I thought a photo of Jasper with his best friend was a good example of being devoted!

Who is devoted to you? Maybe you don't have an animal to photograph; but, there are the birds that are devoted to your garden or ducks devoted to the local lake. If you don't have any animals in your life at all, take a photo of anyone! This is a good day to practice your portrait skills!

Lee

*Picture*STYLE

NOVEMBER 19

FLAWLESS

Animal



I don't like spiders and snakes!

Well, actually I do!

Spiders are not technically 'animals' but I kind of used creative licence and lumped them in with the animal kingdom! Mostly because their webs are truly a gift from nature. They are flawlessly crafted and are magnificent in every way.

On this day during animal week, try and find something completely flawless in the animal kingdom. Get creative if you must! Personally, I believe all animals are flawless.

Lysle

*Picture*STYLE

NOVEMBER 20
POPULAR
Brown

Picture**COLOR**



Today we kick off Color Week and it's all about Brown!

The color Brown gives a sense of strength and reliability, warmth and comfort, earthiness and simplicity. It is a relaxing color that can help us feel settled while at the same time seeming dull and isolating.

Brown is not a popular color when surveyed despite being one of the most prevalent colors.

As we go through Color Week let's see if we can help Brown's popularity!

These tasty molasses cookies were super popular with the family!

Amy

NOVEMBER 21
RESPECTED
Brown

Picture**COLOR**



I have always had so much respect for those who work with their hands. I especially have an extreme respect for those who do incredible DIY projects. I attempt to do those myself and have gotten better and better at different things as I have gotten older. Staining wood is one of those DIY projects that I enjoy. It's amazing to see how the staining process brings out the beauty in the wood. Oh, the inventive minds who discovered how to make sheets of wood and then the one who discovered how to stain it so nicely - two more subjects I could go on about deserving respect!

Danette

NOVEMBER 22
ENCOURAGING
Brown

Picture**COLOR**



Coffee encourages many to get up and get moving in the morning. Some rely on it more than others. I don't drink coffee myself but I know enough to steer clear of Brian in the morning until he's had his first cup. It's encouraging to me when I hear the Keurig warming up and providing him with his first cuppa joe!

I saw a photo similar to this on pinterest and I just had to recreate it. Coffee certainly jumpstarts the heart and encourages folks to get up and take on the day!

What gets you up and encourages you to get going in the morning?

Diane

NOVEMBER 23
IMPRESSIVE
Brown

*Picture***COLOR**



In the right light, even the drab colors of fall take on new life. The sun from the late afternoon golden hour makes these brown rocks and dried leaf look vibrant and alive.

Use light today to add life to something brown.

Kris

NOVEMBER 24
VICTORY
Brown

*Picture***COLOR**



How do you use light in photographs, have a look back at a few of your best shots and see where the light is coming from.

I love side light and I think it works so well in a still life, it is a victory when it turns out how you want it to.

Don't forget to use rules of thirds by placing your object on the thirds, so that your eye is drawn to it!

What will you be victorious with today?

Lee

NOVEMBER 25
KNOWLEDGEABLE
Brown

*Picture***COLOR**



Brown is the colour of earth, soil, stone and wood. It is nature's colour. The colour brown is believed to affect the mind and body by creating feelings of wholesomeness, stability and peace. Brown also provides feelings of organization, history and connection.

To be knowledgeable means to have insight and clear understanding.

I was completely grounded when I came across some indigenous wooden carvings depicting the history of the land I was standing on. The warm browns of the wooden carving did give me a sense of peace. The history of the carving, its meaning and its craftsmanship added to my knowledge base.

Can you find something brown today that shows a sense of history?

Lysle

NOVEMBER 26
SPLENDID
Brown

Picture **COLOR**



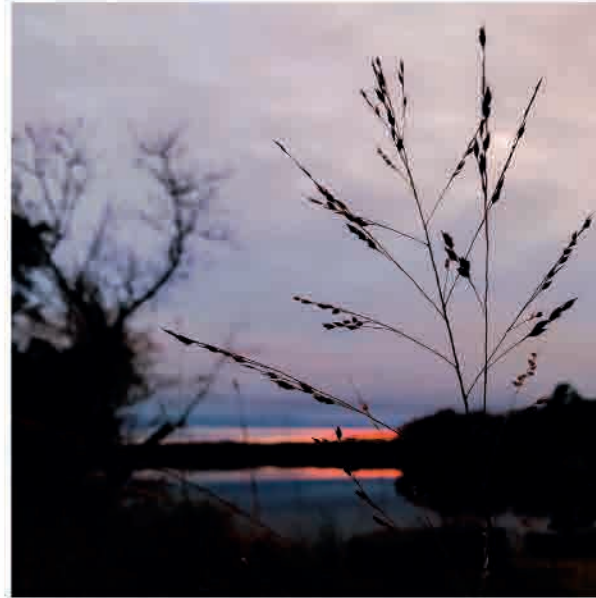
Brown may seem like a dull and boring colour, until you realize that it makes up such a large part of our world. It also matches and enhances other colours.

I think trees are splendid year-round. Their bark is so full of texture and can tell a story of harsh winters, hot summers, droughts and heavy storms. Can you find some splendid texture in tree bark today? If trees don't inspire you in the same way, what else can you find that's brown and splendid?

Joy

NOVEMBER 27
GLOWING
Color Combinations

Picture **MORE**



If you remember back to May, we did a week of contrast. That week we challenged you to see contrast in size, words, and yes, some contrasting colors as well. This week, we will be looking specifically at color combinations, and I highly recommend you go out and search for a color wheel. There are countless ways to capture appealing color combinations to evoke different moods by using color theory. Complementary color combinations are colors that are exact opposite on the color wheel (like in my photo which has orange and blues) and provide feelings of energy and vitality. Triadic combinations use three colors which are selected using colors on the wheel in the shape of a triangle which can create feelings of harmony and peace. There are also groupings on the wheel called analogous or tetradic combinations as well. Go out and do some research on these color combinations - I learned a lot myself. Then throughout this week implement some combinations that appeal to you. It's sure to be a beautifully colorful week!

Danette

NOVEMBER 28
RIGHT
Color Combinations

Picture **MORE**



Red and white is a colour combination that's close to every Canadian's heart! It can be cold in this country of ours and it's only right to wear Canadian mittens to stave off the cold. I buy red and white Canada mittens whenever I see them. The majority of these pairs are sold by the Bay and the proceeds of the sale go to help fund our Canadian Olympic athletes.

What colour combinations look right to you today?

Diane

NOVEMBER 29

IDEA

Color Combinations

*Picture***MORE**



As the holiday season approaches, the colors of Christmas and Hanukkah can be seen everywhere we go.

I have made Christmas stockings for my entire family. None of them are traditional holiday colors. Rather, they represent the favorite colors and ideas of their "owner." My youngest grandson's stocking, hung by the chimney for the first time in 2021, is the newest. When I began knitting, I had no idea what colors or patterns would emerge. I just started. When all was said and done, the bright and bold colors perfectly represent his bright and bold personality.

What colors do you associate with the holiday season?

Kris

NOVEMBER 30

BREATHTAKING

Color Combinations

*Picture***MORE**



By combining all the colours together you get breathtaking displays, especially if you use the range of values and hues.

Here I collected the leaves from my morning walk, and then placed them through the shades of green, yellow, orange through to dark red.

What items do you think have breathtaking colours together?

Lee

NOVEMBER 2022

Picture MORE

Centered

- 1 Badass
- 2 Brighten
- 3 Fetching
- 4 Seemly
- 5 Nutritious

Picture YOU

Gratitude

- 6 Lucid
- 7 Fitting
- 8 W X
- 9 Prompt Free
- 10 Engaging
- 11 Valor
- 12 Vigorous

Picture STYLE

Animal

- 13 Friendly
- 14 Magnificent
- 15 Light

Picture YOU

Animal

- 16 Positive
- 17 Active
- 18 Devoted
- 19 Flawless

Picture COLOR

Brown

- 20 Popular
- 21 Respected
- 22 Encouraging
- 23 Impressive
- 24 Victory
- 25 Knowledgeable
- 26 Splendid

Picture MORE

Color Combination

- 27 Glowing
- 28 Right
- 29 Idea
- 30 Breathtaking

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