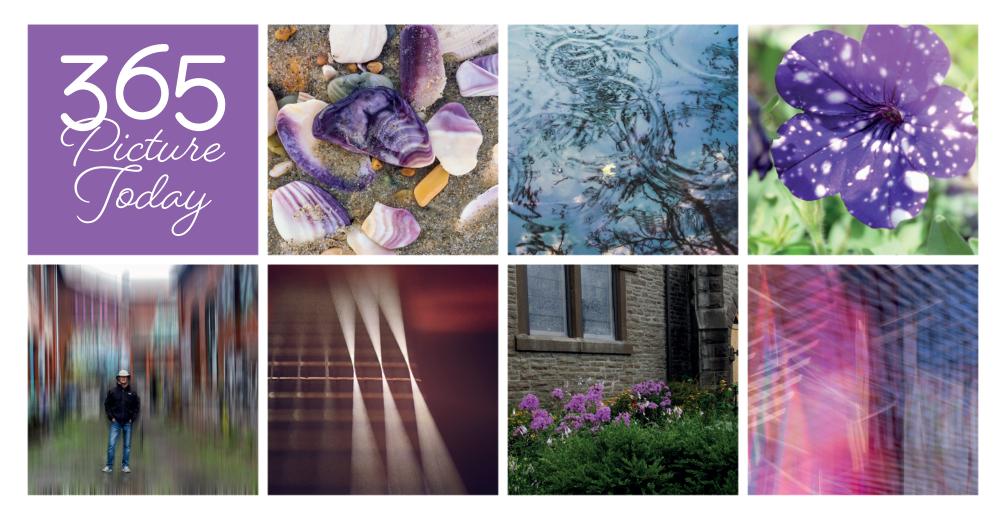
# SEPTEMBER 2022



365 Picture Today

365 Picture Joday

# MAKE IT A SEPTEMBER TO REMEMBER

As photographers we embrace all of the months of the year, but September always feels a bit more special. Perhaps it has something to do with the equinox and the change of seasons but for whatever reason, September always seems to rejuvenate the soul. Whether you are in the northern hemisphere or down under, the ninth month just seems exceptional.

How do you incorporate the uniqueness of September into your photographs? Just think of the things unique to the month and how they could fit into your artistic compositions:

- September is spelled with the most letters of any month.
- It has nine letters and it is the ninth month and no other month has the same number of letters as their number in the calendar year...mind blowing!
- In the northern hemisphere the first day of fall is on September 22/23. This is when the daylight hours shrink to be equal to the nighttime hours, or in the southern hemisphere it's the first day of spring and the daylight hours grow to match nighttime hours.
- The word September is mentioned in the title of pop and classical songs more often than any other month.
- Famous people born in September include Bruce Springsteen, Confucius, Queen Elizabeth, Queen's Freddie Mercury and Sophia Loren.
- The birthstone for September is the sapphire.

September marks our ninth month of taking a picture a day! That means we are 75% of the way to taking a picture a day for one full year. That is a remarkable achievement for which we should be very proud. We have watched our photography grow and witnessed the growth in our fellow 365'ers artistic and technical skills. Let's show off what we have achieved and make it a September to Remember.

Amy, Danette, Diane, Joy, Kris, Lee and Lysle

# EXPLAINING THE PROMPTS

Each month is broken into 4 weekly themes: Picture You, Picture More, Picture Color and Picture Style. These are meant to fuel your imagination, keep you engaged, and challenge your creativity. They give you the opportunity to see the same things in different ways.

**PICTURE YOU** - Possibly the biggest challenge, but it allows you to chronicle your life and to be included in photos for loved ones who want to have photos of you, even if you don't like how you look that day. You don't HAVE to be in the picture every day, but we would love to see you.

During Picture You week you will notice some sub-challenges:

*Sunday Selfie* - Sunday of Picture You week you're encouraged to take a selfie, nothing fancy, just your wonderful face.

*Picture My Hands* - What are you doing today? Show us what you're doing or holding from your point of view and be sure to include your hands.

*Picture the Alphabet* - Have you seen the letter "E" in a fence or "O" in a ferris wheel? Find letters in your world, or, if you can't find them, make them even with just a piece of paper and a marker. Let the letter stand out! You will see two letters for the prompt. We want two photos in a collage for your daily photo. By the end of the year you will have 26 letter photos to make words.

*Picture My World* - This is a quarterly challenge. We are hoping you can return to the same spot 4 times on these days to document the changing seasons in your world or in your life.

**PICTURE MORE** - Let's get technical! This will challenge your creativity with a technical agenda. In these weeks of your year you will look at repetition, triangles, diagonals, textures, centred photos (to name a few!). Don't be shy to ask for clarification, camera settings or any tips and tricks. We aren't magicians here, we share our secrets!

**PICTURE COLOR** - We will focus on a specific color chosen by the Creative Team for these weeks. You can include a little of the color, go completely monochrome or anything in between. You will likely find that this is one of your favourite weeks.

**PICTURE STYLE** - Landscape, food, golden hour, still life, street, minimalist are just some of the styles you will be encouraged to play around with to try out something new. Some of these might be a little out of your comfort zone. Our hope is that by the end of the week you will have discovered something you love. You might find style in your original photo or add some style in post-processing.

#### **EXTRA CHALLENGES**

Along the way you'll notice a few added monthly challenges sprinkled in to give you extra inspiration.

*Macro Monday* - For this prompt we encourage you to get in close. Grab your macro lens, macro filters or just crop your photo in post-processing. This is where we can focus on the little details.

**Scavenger Hunt** - A quarterly challenge where instead of one prompt, you have 9. Take the 9 photos and make a collage. If a scavenger hunt is a bit beyond you that day, see if you can challenge yourself to fit 3 prompts in three different photos, or all nine in one. Make it work for you and your day.

*Picture Recreate* - In this challenge, all we want you to do is recreate an existing photo, whether that's a Pinterest photo you've been wanting to try, a photo from a fellow 365er you loved, or a photo of you and your siblings in the bathtub when you were 5. As always, you can be as creative or literal as you want.

SEPTEMBER 1 **HEAVENLY** Purple

## Picture COLOR



As we continue with purple week, we are starting a new month. Do you find this time of year heavenly?

I saw these beautiful purple flowers outside of a church while the bells chimed. It was a heavenly moment. What can you find that's heavenly today? Maybe you can keep your eyes on the skies, or have a heavenly treat. Don't forget to keep your eyes open for purple!

Joy

#### SEPTEMBER 2 LUCKY Purple

Picture COLOR

In the spirit of today's word LUCKY and with it being color week...

Show us the Purple that you just happen upon by chance!

We have lots of shells along the beach so to spot a pile of purple ones is a pretty lucky find!

Amy

SEPTEMBER 3 **KEEN** Purple





As we finish another color week, we should all be keenly aware of purple in our life. I hope that today is very easy for you to find one last beautiful purple subject to share with us all.

Danette

SEPTEMBER 4 HONEST Fill the Frame

## PictureMORE



The concept of taking a photo where you "fill the frame" is not quite as simple as it may sound. Yes, you want to fill your frame with your subject, but you also want to leave room in the frame for the subject to "move."

Let's take an honest look at this photo. Pumpkins are the subject. Perhaps more importantly, though, the subject is the variety of colors and textures of the pumpkins. Depth of field is used to make it feel like they are "rolling" through the frame.

Fill your frame today. Then take an honest look at your image and ask yourself if you have made your intended subject and, more importantly, the significant attributes of your subject absolutely clear to the viewer.

You'll have all week to practice this idea of filling the frame. Have fun!

Kris

#### **CREATIVE** Fill the Frame

## PictureMORE

PictureMORE

SEPTEMBER 6

**FABULOUS** 

Fill the Frame

SEPTEMBER 7 HUG Fill the Frame

## PictureMORF

SEPTEMBER 5



Being creative is not just about creative thinking skills, it is also about doing things in a new way. Every photo that you take is different, even if only slightly.

I was thinking what does creative mean to me, I like to be creative via art, I am not one for words, more images! So I filled the frame with how I started with my art, using crayons. Crayons are fun to take photos of, and there is a lot of ways to take a photo of them.

How are you going to fill the frame creatively today?

Lee



Do you know who is fabulous? Members of this community that is who! I have been inspired by some of the fabulous members of this group who have been posting 'What is it?' pictures. Filling the Frame week is a perfect week to try this fun activity.

Find an item in your home or community and fill up your whole frame with it and ask your 365 Picture Today friends to 'quess what it is".

Can you figure out what my sample picture is?

(It is probably pretty obvious, but for those who can not figure it out I will break the code....it is an office tower in downtown Calgary and if you look closely you can see a person on the phone in one of the windows)

Lysle



Not everyone we want to hug is always appreciative. Pepsi didn't want this hug (but I sure did!).

Getting in close and filling the frame can highlight the expressions on faces, the hands gently resting on a back, or squeezing the life out of someone trying to get away. Who or what are you hugging today?

Joy

#### SEPTEMBER 8 **PREPARED** Fill the Frame

#### Picture **MORE**

Are we prepared for the end of Fill the Frame week? Hopefully not!

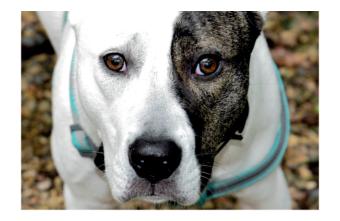
Last chance to fill those viewfinders edge to edge! Today pick an ordinary object from your day that helps keep you prepared.

My pick: Library books

(I liked the textures and pattern when peaking through the shelves.)

Amy

Picture **MORE** 



I can always count on my furry sidekick to be spirited. She keeps me active and happy. Whatever your spirited subject may be today - fill the frame with it.

Danette

**SEPTEMBER 9** 

**SPIRITED** 

Fill the Frame



PictureMORE

**SEPTEMBER 10** 

**EFFERVESCENT** 

Fill the Frame - Picture Re-Create

When I think of effervescent the first word that comes to mind is bubbly. Or, in this case, bubble. Who doesn't love a good bubble.

I asked Jess to help me come up with an idea for a photo re-create and she suggested we re-create the print of Audrey Hepburn blowing a bubble. I think we did a pretty decent job of re-creating this iconic piece of art.

What effervescent photo or piece of art can you re-create today!

Diane

SEPTEMBER 11 COMMEND



Skill - Sunday Selfie



It is Sunday Selfie day! I am still not happy in front of a camera, so I try to get people in the photo with me to help.

If you can get a great photo with another person or an animal in your Sunday selfie, I will commend you.

Let us see you with your family or friends!

lee

VIVACIOUS Skill

SEPTEMBER 12



Picture YOU

Skill - Picture the Alphabet



It's that time again to search for or create your letters in whatever way makes sense to you. There is a lot of skill in being able to see these letters and creating them as well, so whatever you do we know it will be STupendous and STellar.

Joy

To be vivacious means to be lively and animated. Sometimes I think it might be my middle name! (Call

me Viv!). I've been known to take some risks in

outdoor adventures and that takes some skills; or

Picture yourself showing off a skill you can do in a

lively and animated way. Maybe it is doing an

activity, or perhaps it is making a funny face. I know

we are a lively group so let's try and show our

maybe just a lack of common sense.

vivaciousness in a skilful way!

Lysle

SEPTEMBER 14 **BLISS** Skill



What makes you feel blissful? At the end of a long day, I like to walk down to the beach and watch the waves roll in.

Let's put those selfie skills we've been acquiring to good use. Remember the setup doesn't have to be complicated. For this photo, my iPhone is sitting on my flip-flops just a few feet away with the 10-second timer set.

Can't wait to see what brings you joy today!

Amy



Picture YOU

Guest **PROMPT** 

A NATURAL WOMAN



## Picture YOU

Skill - Picture My Hands



"Golf is a good walk spoiled" -Mark Twain.

Golfing is always an adventure for me. I get to adventure out into the woods, the ponds and the long grass to look for my ball more often than I care to admit!

Take your hands on an adventure today and show what you get up to!

Diane

The first thing that came to my mind when I read the word "natural" was Carole King singing "natural woman;" writing music was such a natural thing for Carole King. I chose to do a double exposure (as a "skill") since we spent a whole week practicing it in July with me playing the song on my guitar, which comes naturally to me (not!).

Natural can mean so many things! From something

natural found in nature (natural resources), or something untreated by humans (natural hair color).

Do you have a "Natural Skill" that we don't (already)

know about? Whatever you choose, show us

something natural in your world. You can incorporate a

photographic/editing skill now that now seems "natural" to you since you've been part of this

wonderful 365picturetoday group. Since it's also

"Picture You week," try including yourself in the photo with just a body part, a reflection, or a selfie performing

Show us what you got. "If you don't use it, you lose it (a skill)."

Sue Goewey

that skill.

#### SEPTEMBER 17 COURAGE Skill



**SEPTEMBER 18** 

BRAVERY

Abstract



The first step is always the hardest. Courage must overtake fear.

What courageous first step would you like to take; or, what courageous first step have you taken recently?

I wish I had the courage to get a real tattoo. I havent taken that step yet. Until I muster the courage, I'll stick to the tempoary tattoos. :-)

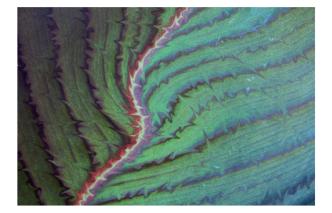
Kris

PictureSTYLE

SEPTEMBER 19 UNREAL



Abstract - Macro Monday



Today I would like to challenge you to take a close up photo of something real and make it unreal.

I took a close-up of this hibiscus leaf, and used the Liquify filter tool in Photoshop to play around, and then the Twirl tool to give it a twist. If you don't have Photoshop, you can play around with rotations, colours (or lack of), perspective-- let your creativity take flight today and get in there, get in close, and play.

Joy

Lysle

OK

Let's get brave with our abstract today! Have you ever heard of the Adamsky effect? It is done in

photoshop so those who want to try it can do so. For

those who choose not to, no problem! Be brave and try an abstract technique of your choice whether it

be lens zooming, intentional blur, finding something

abstract to photograph or trying double exposure.

There are so many good instructional videos and

blogs to find on the web. Be brave and try something

new or do what you are most comfortable with. I was recently brave enough to try the Adamsky effect.

• Set the angle to 90 and the distance to 500 & click

Click on the mask button (thumbnail with a hole in it)
Select your paint brush and lower the opacity to 50%

and paint in black on the part of the image you want to conceal (ie I chose the man and the foreground) and when done change the opacity back to 100%
On the second copy thumbnail repeat the above for the horizontal elements by setting the size to 0
Add mask paint and paint the vertical elements and ta

Make 2 copies in photoshop

da..... Adamsky Effect!

Highlight the top copy for the vertical blur

• Tap filter, blur, and select motion blur

#### SEPTEMBER 20 **PRODUCTIVE** Abstract

PictureSTYLE

SEPTEMBER 21 FAVORABLE Abstract

PictureSTYLE

SEPTEMBER 22 GORGEOUS Abstract

## Picture **STYLE**



Ready to amp up your creativity? Think of something that keeps you productive throughout the day then turn it into a piece of Abstract Art!

There are lots of fun apps that can help convert your image into a variety of styles; impressionist, geometric, color blocking, line art, illustration, etc. Another way is to focus on a just part of the object like the pattern, texture, color, or shape.

Coffee keeps me very productive so an empty cup is cause for concern! I transformed my photo with the Waterlogue app.

Share your app or processing technique - we love learning something new!

Amy



Have you noticed how nature has such an amazing ability to be so favorably abstract? For example, my prompt photo is perfectly abstract with the green and purple/blue of the grapes. Maybe you can find an abstract and favorable subject in nature today as well.

#### Danette



I think most abstract photos are gorgeous. I took this photo at the local playground. I set my camera to multi exposure mode and I took 10 random photos of the playground equipment. I played with the colours in lightroom until I came up with something I liked. I think this photo is gorgeous, especially the colours.

Gorgeous is definitely in the eye of the beholder. What abstract gorgeousness can you come up with today?

Diane

#### SEPTEMBER 23 **RULE** Abstract

## Picture **STYLE**

#### SEPTEMBER 24 INTELLIGENT Abstract

## Picture STYLE

#### SEPTEMBER 25 HARMONIOUS White

## Picture COLOR



*"This world is but a canvas to our imagination."* -Henry David Thoreau

Thoreau is my absolute favorite writer. His words never cease to make me think and inspire my creative self. In pondering this quote, what came to me is that as photographers we need to use our imagination to see beyond the things in our photos such that the images that we create elicit an emotional response from the viewer. Often times this means abandoning all the "rules" of "good" photographs. Abstract photos are a perfect way to do this.

Today, ignore the rules and inspire us to feel deeply when we look at your image.

What makes a photo abstract?

This is a good question. Personally I think pattern helps. This photo of the rain on the lake makes for some great patterns and with the reflections of the tree and the bottom of the lake showing through it adds to the whole thing.

What intelligent choice will you make today?

Lee



It's colour week and this week we are focusing our phones and viewfinders on White. Immediately my favourite art teacher comes to mind, telling me that "white is light."

Photos is from the Greek, meaning light. So this week we are looking for the light and highlighting white. The great part about light is that it is harmonious with shadows. It's hard to get one without the other. So what white or light are you finding today? What mood are you creating with the shadows that surround it?

Joy

#### SEPTEMBER 26 **PROMPT FREE** White

Picture COLOR



Prompt Free Days often bring to mind the saying, "The grass is always greener on the other side." Some days, we feel restricted by the prompt, but on other days, no specific prompt makes us feel lost by having no point of departure.

Think about these prompt free days as a check-in as to how this project is changing you. What do you notice that you would have overlooked previously? What small moments in your day now feel bigger and call to be documented?

Today is a blank canvas for which all of the other prompts have prepared you.

Keep our eyes open and have fun!

SEPTEMBER 27 **KIND** White



#### SEPTEMBER 28 WILLING White

## Picture COLOR



I always thought my grandma was the kindest person there was. She was so very generous with her skills with crocheting and knitting. I can't remember a time when she didn't have some sort of needles in her hands just working away - all to give her hard work away out of the kindness of her heart. She has since passed and my regret is that I didn't keep up with the lessons she gave me as a child. I was a pretty good crocheter myself but stopped working with her as I grew and life became busier for me.

Danette



This is Tilley, my friend's new puppy. I did a photoshoot with Tilley a while ago and that cute little face gets me every time. She was such a willing little model.

I decided to go with a photo that had only a small amount of white. I wanted the white to stand out and the markings on this little one definitely stand out.

Try and include a little, or a lot, of white in the photo you take today with your willing model or subject.

Diane

#### SEPTEMBER 29 AMAZING White

PictureCOLOR

SEPTEMBER 30 LIVELY White

## Picture COLOR



Two things that I find amazing are the vastness of the sky and the limitless potential of the imagination. Those two things combine when we give ourselves the gift of being outside under a beautiful sky watching the clouds ebb and flow as if they are frames of a movie we are creating in our mind.

The fox in this image is as fascinated by the morphing clouds as am I.

Take a few moments today to sit outside and look at the sky and clouds. What does your amazing imagination reveal to you?

Kris

I found the Storm Troopers being lively playing a game of pigs!

I set up this photo with low side light to get the shadows which helps the white of the Storm Troopers stand out.

A bit of humour in a photo is good for the soul!

Lee

# SEPTEMBER 2022

## Picture COLOR

Purple

- 1 Heavenly
- 2 Lucky
- 3 Keen

## Picture **MORE**

Fill the Frame

- 4 Honest
- 5 Creative
- 6 Fabulous
- 7 Hug
- 8 Prepared
- 9 Spirited
- 10 Effervescent

## Picture**Y0U**

Skill

- 11 Comment
- 12 Vivacious
- 13 ST
- 14 Bliss
- 15 Natural

Picture**YOU** Skill

- 16 Adventure
- 17 Courage

Picture STYLE Abstract

- 18 Bravery
- 19 Unreal
- 20 Productive
- 21 Favorable
- 22 Gorgeous
- 23 Rule
- 24 Intelligent

Picture COLOR White

- 25 Harmonious
- 26 Prompt Free
- 27 Kind
- 28 Willing
- 29 Amazing
- 30 Lively





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