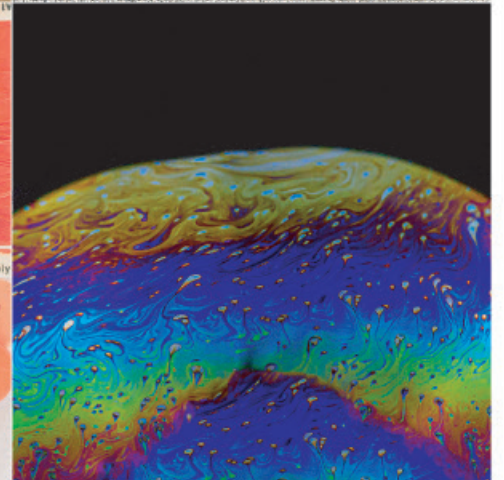
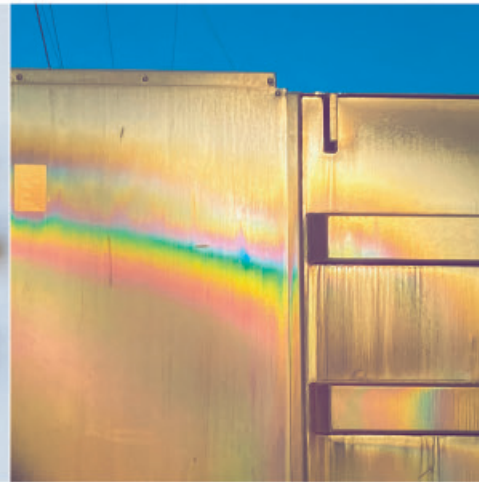


365 Picture Today

NOVEMBER 2021



365 Picture Today

NOVEMBER IN THE US BRINGS THE HOLIDAY OF THANKSGIVING.

This can be a reminder that it's so important to always be thankful – no matter what month of the year it is or where in the world you live.

What can thankfulness in photography look like? We can be thankful for our family and friends who support us in our photography journey. We can be thankful for mentors who have taken the time to share tricks and tips to capture a similar photo or technique we admired. Being grateful is recognizing things that bring us joy and photography is our way of turning that joy into something that will last forever. As photographers we constantly look for things we can turn into a beautiful image. In turn, those beautiful images can bring joy and gratefulness to those who follow our 365 journeys.

Taking a photo a day, like we do, really trains us to pause and really appreciate our surroundings – people and things alike. When we take a few moments out of our day to capture the prompt, we really get daily opportunities for mindfulness which really can translate into gratefulness.

Life can get stagnant; it can get boring, busy, and dull sometimes. Sometimes, for very long periods of time. If that is a place where you find yourself from time to time, sit down and make a list of things you can be thankful for. Here are some ideas to help get you started: family and friends, pets, favorite places, learning something new, creativity, comfort, color, music, laughter, and love.

We are so thankful for each one of the 365 Picture Today members! We are so grateful that you are all here sharing this journey with us!

Amy, Danette, Diane, Garnett, Kris, Lee and Lysle

EXPLAINING THE PROMPTS

The weekly themes designed to fire up your imagination, increase your skill level, learn new techniques and share your joy of the photography world!

PICTURE YOU week just might challenge you the most! Getting in front of the camera is important in so many ways. It teaches us how others feel when the camera is pointed at them and it allows us to be more comfortable in our own skin. When we include ourselves in a picture, it documents our days, but you don't HAVE to be in the photo at all if it does not fit your style. There is freedom in this week, but we do challenge you to turn the lens around and get in front of it! (You have a million pictures of your family, but none of yourself, right)? Each PICTURE YOU week will have a GUEST PROMPT where a member from our community will be given the opportunity to write a prompt for us to follow! The guest prompt is designed for you as valuable members to stretch your creative abilities and show us what you've got!

PICTURE MORE is 'technical week'. The prompts will let you explore your creativity with a technical agenda. This is the week to try new skills, revisit old ones and maybe learn some really interesting tricks. You might just surprise yourself with your technical genius! One of the greatest things about photography is its diversity. We will be exploring camera angles, symmetry, breaking the rules, negative space and other tricks to make your photography evolve! During this week we will be stretching ourselves with skills that may range from techniques such as light trails, long exposure, lens zooming and panning, or we may switch things up and add some processing fun!

PICTURE COLOR is all about color, a specific color on a Sunday chosen by one of the creative team that will be featured exclusively! Sometimes you will easily find these colors and other times these colours may be more difficult to find. Be patient - sometimes the color will just 'pop' out at you in the most unpredictable way! The color prompt week will most definitely make our galleries look lovely!

PICTURE STYLE is all about your style within different styles! Landscape, street, night, travel, portraiture, still-life, wildlife photography and other picture modes are going to be stylized to create some amazing photographs. We will also be playing around with shutter speed and double exposure to give your photos a different "pop".

EXTRA CHALLENGES: Each month we are including SELF PORTRAIT, WHERE I STAND and MACRO MONDAY challenges. We also have the new QUARTERLY CHALLENGES. First up is PICTURE YOUR WORLD, where you hopefully will return to the same place each quarter to take the same photo (see the seasonal changes), second is the SCAVENGER HUNT that went down so well last year and finally we thought that SONG LYRICS will give us all a bit of a challenge, all totally up to you, if you want to incorporate this into your daily photo.

CHECK UP

Have you enjoyed capturing the everyday? Have you learned to embrace the everyday and what it holds? We have been giving you tips and advice how to approach your 365 project. We asked you to think about your whys and your hows and your whens. We have encouraged you to get to know your camera and reminded you that you don't have to stay on prompt if you aren't feeling it that day.

The Team really wants you to concentrate on the everyday and what that means to you. If you are traveling, sick in bed, home alone, working, celebrating a birthday or anniversary, cooking and cleaning, photograph it. If your child is throwing a tantrum, wins a spelling bee, or graduating, photograph it. If your pet is being funny, photograph it. Get the idea?

This community is not about competition... it is about encouraging each other. We are a community who will lift your spirits if you are alone or sick in bed. We are a community that will delight in the sights you share while you travel. That is how special this community is.

Many times we are tempted to skip a day... or to dig into the archives... but let's really focus on our why. Your 365 project is for you... only you know your why. Your goal isn't to find an archived photo that fits the prompt; it is to actually push the shutter every day. At the end of the year, you will have 365 photos that you would not have if you weren't taking on this challenge. If you aren't feeling inspired for the daily prompt or the weekly theme, don't stress! Take the photo that means something to you. Go off prompt. Take it in another direction. Take a photo that resonates with you.

If you are struggling for inspiration or need a creative kick, don't be afraid to google ideas or browse through Pinterest. Reach out to other community members to share how they achieved a certain image... camera settings, set up, post processing. We want to share ideas and help one another.

Stay true to your 365 by capturing a new photo each day and at the end of the year, you will be thrilled with the collection of images you captured! Guaranteed!



NOVEMBER 1
EDGE

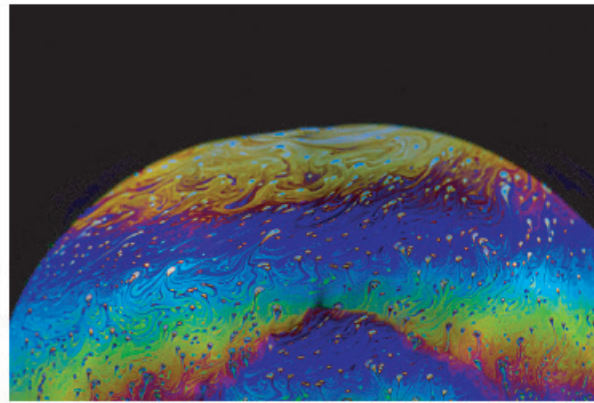
*Picture***MORE**

Incorporate Curves

This old bridge is quite well known in our area. It's aptly known as the historic Five Span bridge. I think I have photographed this bridge in every season. I was standing on the edge of the river to take this photo. It has great curves and edges made of stone.

We're photographing curves this week. What curved edges will you find today?

Diane



NOVEMBER 2
SERENDIPITY

*Picture***MORE**

Incorporate Curves

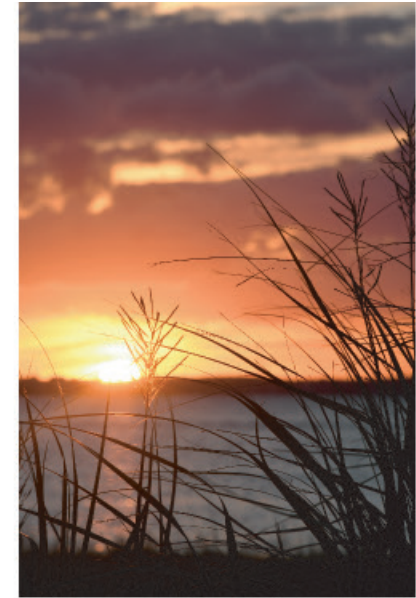
Serendipity is a "happy accident"

When you take your photo today, you might think of something that is curvy; but, there also may be a happy accident of more curves as well.

This is a macro photo of a bubble. The happy accident is all of the extra curves that show up within the original curve.

You can make the prompt as simplistic or as complicated as you want. I'm hoping for lots of happy accidents today!

Garnett



NOVEMBER 3
SUNSET

*Picture***MORE**

Incorporate Curves

Sunsets are a favorite to photograph. We can focus our cameras on the perfect curve of the sun as it gently settles on the horizon. Or, we can focus on something in the foreground that frames that setting sun.

In this photo, I used a wide aperture (low f-stop) allowing me to focus on the marsh grasses in the foreground while blurring the setting sun in the background. The curves of the grass arch around creating a frame that pulls the eye toward the ball of orange.

Try framing the setting sun today. You can use grass, a tree, or even your (or someone else's) hands to create a frame. No sunset? Find some other kind of light that is worthy of being framed.

Kris



NOVEMBER 4
REMARKABLE

*Picture***MORE**

Incorporate Curves

Here in Belgium at this time of year the colours are magical, especially if you manage to get out in the early morning or the late afternoon.

The curves of the shape of the trees and the reflection in this photo lead your eyes to the midpoint on the third.

Use the curves in your photo to draw the eye to the point of interest.

What remarkable curves are you going to find today?

Lee



NOVEMBER 5
FURRY

*Picture***MORE**

Incorporate Curves

Furry curves can mean a lot of things. I found a little chipmunk who actually tried to crawl into my camera bag as he was that anxious for the sunflower seeds I had stored in there during a hike. Instead I captured him in his furry, curvy splendour on some curvy rocks!

What can you find that is curvy and furry. Wildlife, pets, clothing, and stuffed animals all come to mind for me.

Lysle



NOVEMBER 6
TRANSPORTED

*Picture***MORE**

Incorporate Curves

As we continue on with our theme of CURVES think of the many things that transport us that might contain them... vehicles and roads, windows and staircases, boats and rivers, planes and clouds... you get the idea!

Here I am standing under a spiral staircase and from this angle it gives the illusion of circling right through the ceiling.

What curves will transport you somewhere today?

Amy



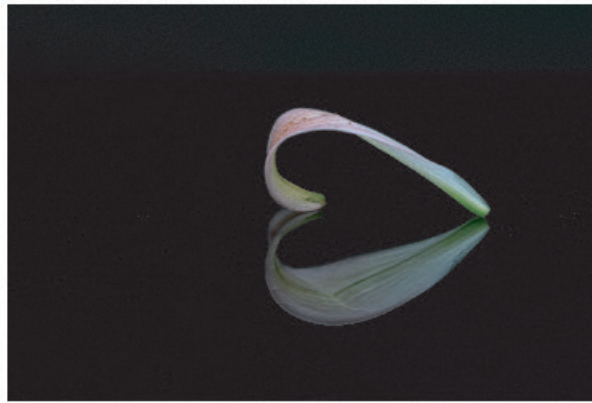
NOVEMBER 7
THANKFUL
Gratitude

Picture **YOU**

I am thankful every day for this guy. We met and dated in university but went our separate ways. 35 years later we met up again. We both had parents in the same hospital in the same small town. Neither of us knew that the other's parents even lived in this town. Through the power of Facebook we discovered this tidbit of information and arranged to meet up when we were both there visiting our parents. We met for a drink and 6 hours later we were closing down the place. It was like we had never been apart. I believe we were meant to meet up again and be part of each other's lives. I couldn't be more thankful that fate brought us together again.

What are you thankful for today?

Diane



NOVEMBER 8
MIRROR

Gratitude - Macro Monday

Picture **YOU**

What a great week this is in our 365 Picture Today Community. We are expressing gratitude through our photography!

Today is Macro Monday to go with our prompt word of "Mirror."

For my example photo, I used a segment of a lily bloom and placed it on a reflective surface to make a heart. I shot the image with my 100 mm Macro Lens.

Play today and see if you can find something that resembles a heart when reflected.

Garnett



NOVEMBER 9
ANIMATED
Gratitude

Picture **YOU**

It is easy to be grateful for the things we see right in front of us each day. It is more difficult to offer than same gratitude for the less tangible things in our lives. And it is even more difficult to accurately represent such gratitude in our photos.

Today, think about those, perhaps less obvious, things for which you grateful. Create a photo that represents that gratitude. Use words if necessary.

Kris



NOVEMBER 10
UNDERNEATH

Picture **YOU**

Gratitude

I am so grateful that I live in a beautiful part of the world, the forest is so pretty when the sun is shining and if you get out early enough you find the sun in the right place to make a magical photo.

What thing are you grateful for early each day?

Lee



NOVEMBER 11
REFLECTIVE

Guest **PROMPT**

Gratitude - Self Portrait

The word 'reflective' is appropriate on this day as it is the day of remembrance in honour of the men and woman who have died in the line of duty. Remembrance Day/Veterans Day is a day to reflect on and appreciate the freedoms we enjoy and often take for granted.

In this photo I am in the cemetery with my red umbrella amongst the grave markers of soldiers. To create a more artistic scene, I reworked the photo through a variety of apps.

Today, reflect on the freedoms you have and appreciate your life. It is a day for quiet reflection. Visit a cemetery, enjoy the beauty of nature or laugh with your family. Photograph that moment in time and reflect what it means to you. Remember to include yourself in the photo and if so inspired, play with some apps and take your photo to a different artistic level.

Diana Rajala



NOVEMBER 12
EMPOWERMENT

Picture **YOU**

Gratitude

Today we have given you a pretty big word for just a single image!

Empowerment:

*the process of becoming stronger and more confident, especially in controlling one's life and claiming one's rights.
the degree of autonomy and self-determination in people and in communities.*

Take a moment to think about what makes you feel empowered?

Is it something you have gained confidence in over time? Have you helped someone else to feel more empowered? Do you have a favorite mantra that makes you feel stronger?

I can't wait to see the powerful images you create today!

Amy



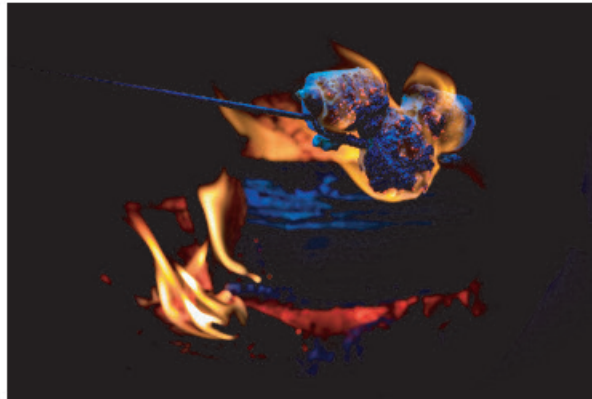
NOVEMBER 13
CUP

Picture **YOU**

Gratitude - Where I Stand

REMEMBER - it's never a selfish thing to fill your cup FIRST. After all, if we don't fill our own cup with things like kindness, hope, peace, love, understanding, or gratitude, how can we allow it to overflow into the cups of our loved ones who may need those things from us?

Danette



NOVEMBER 14
BRIGHTEN
Night

Picture **STYLE**

All week you are going to be practicing night photography.

Night photography is tricky and may require patience and practicing with various settings. It is also helpful to shoot in RAW format and use a photo editing program. You may have to shoot with a higher ISO and not worry about the noise in the photo.

Today's word is "brighten"

For my subject photo, I took the shot during the blue hour and then adjusted my blacks and contrast to make the flames appear really bright. Taking the photo when it wasn't fully dark outside allowed more of the subject to be visible.

Don't worry about perfection this week. Be patient with yourself and just hone your skills.

Most importantly....Have fun!

Garnett



NOVEMBER 15
VINTAGE
Night

Picture **STYLE**

This is Merriam-Webster's second definition, when **vintage** is used as an adjective...": of old, recognized, and enduring interest, importance, or quality : classic."

I don't do much night photography, but I was fortunate to spend a dark night with several members from the 365 Picture Today Creative Team and community members learning some tips and techniques. This "vintage" house was sitting in pitch black. Armed with cameras, tripods, and flashlights, we set out to photograph it. With a helper or two, success was much easier than I thought it would be.

Find a vintage building, the darker the night, the better. Take along a friend and some bright flashlights. Your camera on a tripod is a must! Settings: ISO 100-200, aperture f8-f11, shutter speed 30 seconds. Wave the flashlights to illuminate your subject. Because you are using a long shutter speed, it is not necessary for the entire building to be lit simultaneously. Take a test shot and adjust as necessary, beginning with adjusting shutter speed.

Have fun!

Kris

365 Picture Today

NOVEMBER 16
PROMPT FREE

Picture **STYLE**

Night

Prompt Free Days often bring to mind the saying, "The grass is always greener on the other side." Some days, we feel restricted by the prompt, but on other days, no specific prompt makes us feel lost by having no point of departure.

Think about these prompt free days as a check-in as to how this project is changing you. What do you notice that you would have overlooked previously? What small moments in YOUR day now feel bigger and call to be documented?

Today is a blank canvas for which all of the other prompts have prepared you.

Keep your eyes open and have fun!

Prompt Free



NOVEMBER 17
SIMPLE

Picture **STYLE**

Night

Life is really simple but we insist on making it complicated. I myself have a hard time with 'simple'. I tend to overthink and overdo everything!

Night photography can be simple and fun! Why not try some cityscapes! Remember to be prepared for the elements in November when you take your photograph. I always make sure I take a flash light because trying to see my camera buttons can be tricky in the dark. Remember safety too and take a friend if you are venturing downtown as I did.

I made sure my camera was set on manual. My settings were ISO 200, f11 and I used a 30 second exposure in order to let all that beautiful light into my camera. I also manually focused my lens. I made sure my camera was on a tripod and I also used a remote to take the picture thus avoiding camera shake.

It would be so lovely to see the city lights of your home town. Or just take a picture of something simple at night! Already that sounds complicated....

Lysle



NOVEMBER 18
MOON

Picture **STYLE**

Night

We've been asking you to stay up late this week with our Night theme and the timing is perfect to give Lunar photography a try with the full moon tomorrow! Not sure where to begin?

Here's a starting point for your settings:

An aperture between f/5.6 and f/11 with a shutter speed of 1/250sec - after all the moon is moving at 2,288 miles per hour!

A low ISO and don't overexpose - the moon is brighter than you think!

For a camera phone - check your settings newer models have a night mode or an app that offers a 2x zoom. You will also want to lower the exposure.

Another trick is to take a photo through a pair of binoculars or a telescope.

If the weather is unfavorable or your bedtime is too early no worries - consider capturing what your night looks like!

Amy



NOVEMBER 19
MUSIC
Night

Picture **STYLE**

This one is hard to share! I don't do well with high ISO and noisy photos - which is completely personal preference only. My boys have a habit of playing their music before bed. Usually, they play separately in their own rooms, but it just so happened that this night Gavin went into Blake's room and they were playing together. I didn't want them to see me and ruin the candid moment they were having so I snuck down and did my best to capture this priceless moment without them knowing. I wasn't completely prepared and wasn't paying much attention to my camera settings at all because I was so intrigued with what they were doing. I tried fixing as much noise as I could post-processing, but I do like the moodiness of the photo. (They still don't know that I have these photos!)

Danette



NOVEMBER 20
LOCKS
Night

Picture **STYLE**

This week we are taking photos at night. Not always an easy feat! If you are photographing a building or any still object, using a tripod and a slower shutter speed is the easiest way to get enough light in to take your photo.

This is an iconic hotel in downtown Ottawa. It is situated right beside the first lock on the Rideau canal. I am also sure there are many locks on doors and windows in this hotel.

Locks come in many forms, padlocks, canal locks and even locks of hair. Or you could lock something down. Take a night photo of whatever locks you can find today.

Diane



NOVEMBER 21
RADIANT
Rainbow

Picture **COLOR**

This week is all about chasing rainbows! Today, we are on the hunt for radiant rainbows. The word radiant can be defined as, "sending out light or glowing brightly."

One of the things that I love about this community is that there are so many people who send out light through their friendship. This photo was taken at the Philadelphia Magic Gardens while visiting with fellow community member Lorraine Formica. It truly was a magical place and a magical day! The Magic Gardens were filled with all kinds of glass through which the light passed making it truly radiant.

In case you can't visit the Magic Gardens today, try finding rainbow colored glass around you. You can also create rainbows by using a glass prism, or other glass object that creates a prismatic effect. Have some fun chasing radiant rainbows!

Kris



NOVEMBER 22

CATCH

Rainbow

It might be hard to find a photo of all the colours of the rainbow, especially for a whole week.

Try to make it easier for yourself and use your stock of cottons, buttons, pencils, crayons or something else.

What do you have lying around that has all the colours included?

Lee

*Picture***COLOR**



NOVEMBER 23

JOY

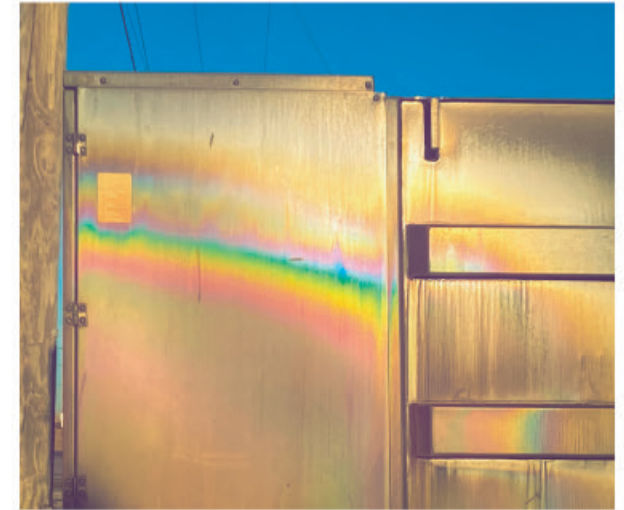
Rainbow

Are there any more perfect words to go together than JOY and RAINBOW? Rainbows are always a joyful experience. They signal the end of the rain and the start of the sunshine and who doesn't stop in their tracks when they see one and yell out, "Wow, a rainbow"!

There is an old shack near me that used to be pink and was called "Mrs Putt Putt's Ice Cream Parlour". It's been derelict for quite sometime. Recently it has been seeing a drastic upgrade. Imagine my joy in finding it with a new rainbow roof! I am also dressed in my brightly coloured riding kit so I was feeling quite rainbow like myself. I am jumping for joy at the potential for ice cream in my future after a long cycle!

Lysle

*Picture***COLOR**



NOVEMBER 24

SELF-MOTIVATION

Rainbow

When I think of our 365 community self-motivation seems like the perfect adjective. Having an inner drive to take action, create and to achieve definitely describes someone willing to take on a photo a day project!

Our motivation and approach to the prompts is unique to each of us...for me its a stress reliever. I like to read the email in the morning and see how the prompt presents itself in my day. Whereas someone else may be honing their skills, or another may like to be prepared for upcoming prompts and techniques.

For the sample photo, a daily prompt helped me notice something I passed daily; this transformer box with a rainbow pattern thanks to a nearby sprinkler.

When you share your rainbow with us also consider sharing a bit of what motivates you on this 365 journey!

Amy

*Picture***COLOR**



NOVEMBER 25
11 O'CLOCK

*Picture***COLOR**

Rainbow

You may have to get really creative like I did to create a rainbow around 11:00 today. I can't wait to see what you all share!

Danette



NOVEMBER 26
IMAGINATION

*Picture***COLOR**

Rainbow

What a colourful week this is. Today I photographed oil and water. This is a fun challenge. You'll need a colourful lighted wallpaper for your background (I used a wallpaper on my iPad). I used a glass baking dish perched on two cans and slid my iPad underneath the dish. Make sure there is about 6 - 8 inches between your backdrop and dish. Pour water into the tray and add about 4 - 5 tablespoons of vegetable oil and gently stir. The colourful wallpaper underneath will create great abstract images. If the circles are too big, add a few drops of dish soap. Change the background image and experiment with colours.

If this challenge doesn't interest you today just go ahead and use your imagination and see what rainbow coloured images you can come up with.

Diane



NOVEMBER 27
DETAIL

*Picture***COLOR**

Rainbow

It's scavenger hunt time again!

You have been photographing colors of the rainbow all week culminating in today's prompt. As you go about your day today be on the lookout for something that fits for the colors below and capture it. Once you've taken your photos arrange them in a collage. For tips on how to create a collage refer to the following blog post Photography Scavenger Hunt. It will be a real "Treat" to see all of the colorful images in the community today!

red - orange - yellow
green - ROYGBIV - blue
purple - white -pink

Garnett

ROYGBIV = Red/Orange/Yellow/Green/Blue/Indigo/Violet
the colors of the rainbow



NOVEMBER 28
INVENT

Framing

Using nature framing for your photos is always a good idea. I stood back on the banks of the lake and used the trees to frame this beautiful sunset, it would be good to take a photo without the framing but I really think it helps draw your eye to the main subject the sunset.

Make sure that you can find something to frame your photo today, be inventive!

Lee

*Picture***MORE**



NOVEMBER 29
ODD

Framing

Odd? Can you say odd? Ostriches are super odd in my opinion. Did you know that their eyes are bigger than their brains?

Taking a picture of one item or subject matter takes on a whole new level depending on how you frame the picture. I always try not to put the single subject in the middle of the frame. If you put it to the side, or at the top or at the bottom you can create a whole new dimension and give even the oddest subject that 'WOW' factor.

Find an odd subject to photograph today. Or, if at 'odds' with that, find an odd number of subjects to photograph and remember to frame it so that the picture pops!

Lysle

*Picture***MORE**



NOVEMBER 30
STILLNESS

Framing

Windows and doors can make excellent frames. They can add visual interest and context to an image. They can add dimension, give a peak into an area, help frame a beautiful view or make an excellent light source for portraits.

I pass this doorway quite often it is always locked and my curiosity is peaked as to where the stairwell goes?

Show us what lies beyond the windows or doors you encounter today!

Amy

*Picture***MORE**

NOVEMBER 2021

Picture MORE

- Curves**
- 1 Edge
 - 2 Serendipity
 - 3 Sunset
 - 4 Remarkable
 - 5 Furry
 - 6 Transported

Picture YOU

- Gratitude**
- 7 Thankful
 - 8 Mirror
 - 9 Gratitude
 - 10 Early
 - 11 Reflective
 - 12 Empowerment
 - 13 Cup

Picture STYLE

- Night**
- 14 Brighten
 - 15 Vintage
 - 16 Prompt Free

Picture STYLE

- Night**
- 17 Simple
 - 18 Moon
 - 19 Music
 - 20 Locks

Picture COLOR

- Rainbow**
- 21 Radiant
 - 22 Hard
 - 23 Joy
 - 24 Self-Motivation
 - 25 11 O'Clock
 - 26 Imagination
 - 27 Treat

Picture MORE

- Framing**
- 28 Invent
 - 29 Odd
 - 30 Stillness

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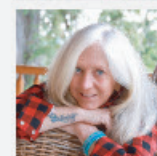
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