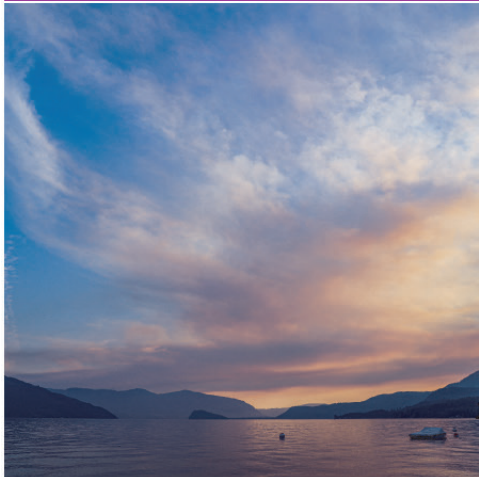


365 Picture Today

SEPTEMBER 2021



Colors
of the smiles
of nature



September is a favorite month!

As children, September meant a time for new clothes, new school supplies, and the anticipation of meeting new teachers, seeing old friends and hoping to make new friends. As adults, there can be so much to look forward to such as hot drinks, homemade soups and stews, bonfires, thick socks, warm blankets, misty mornings, cinnamon, hot apple cider, not to mention the changing of the leaves which fall and crunch under your feet while enjoying outdoor hikes without bugs.

The autumn months bring lots of changes and Mother Nature gives us many reasons to embrace those changes. Greek philosopher Heraclitus said, "The only constant in life is change." Autumn can be a reminder that in the midst of our surroundings always changing and developing, our bodies and our minds are always changing and developing as well. During the autumn equinox, the days and nights are the same length which really gives our world a sense of balance. The temperatures drop to the tune of falling leaves – which really allows us to see the beauty of letting go and can be a time for mindfulness and self-reflection.

As a photographer, it can help us focus on how critical it can be to embrace the present moment because of the impermanence of life. In turn we can enjoy those things and moments that we want to document before they are gone. There is a sense of preservation that comes with autumn – when animals prepare for winter by storing food and getting ready for hibernation and farmers work endlessly on their fall harvests. Autumn offers us all a chance to preserve our own safe havens and by working on our own comfortable spaces we can learn about what makes us feel safe and warm.

These ideas tie right into our 365 photography journeys. We can use the comfort that comes with autumn and savor the days, the time with family, the coziness the cooler weather brings...

Winnie the Pooh said it best:

"It's the first day of autumn! A time of hot chocolatey mornings, and toasty marshmallow evenings, and, best of all, leaping into leaves!"

Have fun this autumn doing those things and enjoy the beautiful colors this season brings us!

Amy, Danette, Diane, Garnett, Kris, Lee and Lysle

EXPLAINING THE PROMPTS

The weekly themes designed to fire up your imagination, increase your skill level, learn new techniques and share your joy of the photography world!

PICTURE YOU week just might challenge you the most! Getting in front of the camera is important in so many ways. It teaches us how others feel when the camera is pointed at them and it allows us to be more comfortable in our own skin. When we include ourselves in a picture, it documents our days, but you don't HAVE to be in the photo at all if it does not fit your style. There is freedom in this week, but we do challenge you to turn the lens around and get in front of it! (You have a million pictures of your family, but none of yourself, right)? Each PICTURE YOU week will have a GUEST PROMPT where a member from our community will be given the opportunity to write a prompt for us to follow! The guest prompt is designed for you as valuable members to stretch your creative abilities and show us what you've got!

PICTURE MORE is 'technical week'. The prompts will let you explore your creativity with a technical agenda. This is the week to try new skills, revisit old ones and maybe learn some really interesting tricks. You might just surprise yourself with your technical genius! One of the greatest things about photography is its diversity. We will be exploring camera angles, symmetry, breaking the rules, negative space and other tricks to make your photography evolve! During this week we will be stretching ourselves with skills that may range from techniques such as light trails, long exposure, lens zooming and panning, or we may switch things up and add some processing fun!

PICTURE COLOR is all about color, a specific color on a Sunday chosen by one of the creative team that will be featured exclusively! Sometimes you will easily find these colors and other times these colours may be more difficult to find. Be patient - sometimes the color will just 'pop' out at you in the most unpredictable way! The color prompt week will most definitely make our galleries look lovely!

PICTURE STYLE is all about your style within different styles! Landscape, street, night, travel, portraiture, still-life, wildlife photography and other picture modes are going to be stylized to create some amazing photographs. We will also be playing around with shutter speed and double exposure to give your photos a different "pop".

EXTRA CHALLENGES: Each month we are including SELF PORTRAIT, WHERE I STAND and MACRO MONDAY challenges. We also have the new QUARTERLY CHALLENGES. First up is PICTURE YOUR WORLD, where you hopefully will return to the same place each quarter to take the same photo (see the seasonal changes), second is the SCAVENGER HUNT that went down so well last year and finally we thought that SONG LYRICS will give us all a bit of a challenge, all totally up to you, if you want to incorporate this into your daily photo.

CHECK UP

Have you enjoyed capturing the everyday? Have you learned to embrace the everyday and what it holds? We have been giving you tips and advice how to approach your 365 project. We asked you to think about your whys and your hows and your whens. We have encouraged you to get to know your camera and reminded you that you don't have to stay on prompt if you aren't feeling it that day.

The Team really wants you to concentrate on the everyday and what that means to you. If you are traveling, sick in bed, home alone, working, celebrating a birthday or anniversary, cooking and cleaning, photograph it. If your child is throwing a tantrum, wins a spelling bee, or graduating, photograph it. If your pet is being funny, photograph it. Get the idea?

This community is not about competition... it is about encouraging each other. We are a community who will lift your spirits if you are alone or sick in bed. We are a community that will delight in the sights you share while you travel. That is how special this community is.

Many times we are tempted to skip a day... or to dig into the archives... but let's really focus on our why. Your 365 project is for you... only you know your why. Your goal isn't to find an archived photo that fits the prompt; it is to actually push the shutter every day. At the end of the year, you will have 365 photos that you would not have if you weren't taking on this challenge. If you aren't feeling inspired for the daily prompt or the weekly theme, don't stress! Take the photo that means something to you. Go off prompt. Take it in another direction. Take a photo that resonates with you.

If you are struggling for inspiration or need a creative kick, don't be afraid to google ideas or browse through Pinterest. Reach out to other community members to share how they achieved a certain image... camera settings, set up, post processing. We want to share ideas and help one another.

Stay true to your 365 by capturing a new photo each day and at the end of the year, you will be thrilled with the collection of images you captured! Guaranteed!



SEPTEMBER 1
CRAYON

Brown

I have a caddy of crayons that has so many different colours in it. I pulled out all the brown toned ones for this photo. Brown crayons aren't necessarily the prettiest but some of these crayons are quite nice. A couple of them are metallic and I like the way they colour.

Take out your crayons and practice some art! Bring out your inner child. My grandson calls his art his "masterpieces." Show us your masterpiece!

Diane

*Picture***COLOR**



SEPTEMBER 2
SUPPORTIVE

Brown

The color brown probably goes unnoticed more than any other color. The prompt today reminds of the things or people in our lives that go unnoticed but provide great support. When you are driving across a bridge, you don't see what supports it but you trust it is sure and sturdy. This is the old trestle in Harper's Ferry, WV that is now a walking path. You can really see how strong the supports are when you step back and away.

Think about something that provides support today. It can be literal, like my example photo, or it can be figurative, something that supports you.

Garnett

*Picture***COLOR**



SEPTEMBER 3
DOWNTOWN

Brown

Not all downtown areas are pretty buildings with colorful picture windows and flashy lights. Some are simply boring brown buildings. But, every now and then you'll see something interesting for which those buildings serve as the perfect backdrop for creating both contrast and context.

As you go about your day, in a downtown area or otherwise, look for something interesting to photograph where a brown building serves as a backdrop for some other subject.

Kris

*Picture***COLOR**



SEPTEMBER 4
EFFECT

*Picture***COLOR**

Brown

The owner of this vehicle decided to have a hot drink in his van. He got the gas going but unfortunately it started a fire, causing a lot of damage; three other cars were completely written off and those trees as well.

The effect of one hot drink was a bit of destruction, as the tree had to be cut down. The area looks completely different today.

Now let's hope the brown you find today has a good effect on you.

Lee



SEPTEMBER 5
STREAM

*Picture***MORE**

Motion

It's all about Motion for technical week!

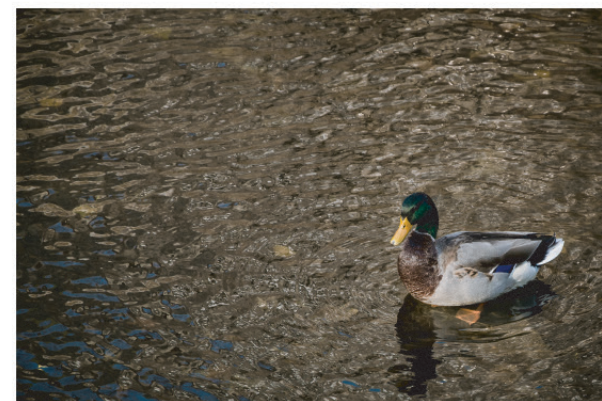
We will stretch ourselves with new skills and revisit some old ones. Photographing motion can be tricky but, with the right shutter speed and a little patience, it can also be FUN! Adding motion to your image can help tell the story, convey an emotion, or even set the overall mood.

Water makes a great subject to practice shutter speeds from streams to streaming water!

Tips:

- Faster shutter speeds will freeze the action and capture the details. Use a SS of 1/250 or higher.
- With slower shutter speeds, movement is captured as a blur - SS of 1/60 or lower.
- (My shutter speed was 1/4000 to stop the streaming water mid-air!)

Amy



SEPTEMBER 6
FOWL

*Picture***MORE**

Motion

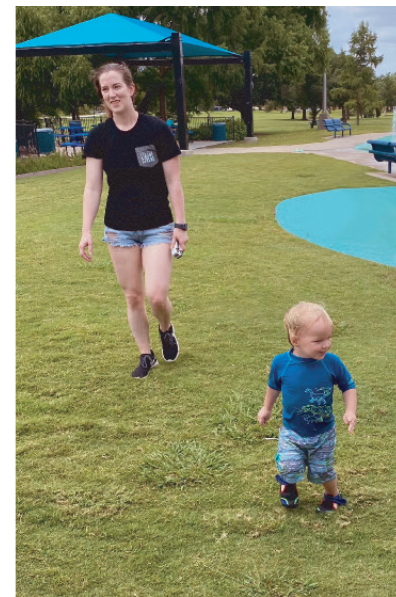
Don't let this word limit you. When I searched what the actual definition of fowl is I found this: "A bird, such as a chicken, duck, or dove that is raised or hunted for food. Or in scientific usage, any of various birds having large heavy bodies, short wings, and legs built for running and scratching the ground. Most fowl nest on the ground. The turkey, pheasant, quail, grouse, partridge, and chicken are fowl."

I am lucky to live near many lakes, rivers, and ponds and all throughout the year we have no shortage of fowl that can be seen on or near them. See if you can find one of these feathered friends in motion today. You may be surprised by how many you see once you consciously watch for them!

Danette



365 Picture Today



SEPTEMBER 7
SPACE
Motion

*Picture***MORE**

I used space to help show movement in this photo. I have space in front of the vehicle so that there is room in the photo for it to travel. I used a technique called panning in attempt to capture the movement.

For the perfect panning photo, use a shutter speed between 1/30 and 1/125s. The faster the subject is moving, the higher your shutter speed needs to be. Focus on your moving subject and pan your camera from side to side in tandem with the object as it moves through the frame. This will cause blur in the background giving the illusion of movement.

Panning is a lot of fun, give it shot!

Diane

SEPTEMBER 8
PROMPT FREE
Motion

*Picture***MORE**

Prompt Free Days often bring to mind the saying, "The grass is always greener on the other side." Some days, we feel restricted by the prompt, but on other days, no specific prompt makes us feel lost by having no point of departure.

Think about these prompt free days as a check-in as to how this project is changing you. What do you notice that you would have overlooked previously? What small moments in YOUR day now feel bigger and call to be documented?

Today is a blank canvas for which all of the other prompts have prepared you.

Keep your eyes open and have fun!

Prompt Free

SEPTEMBER 9
ANIMATED
Motion

*Picture***MORE**

The dictionary definition for animated is "full of life or excitement; lively." Based on this definition, nothing says animated more than a two year old...and even more so when he is being chased by his auntie! Animation is not contained only in motion, but also in facial expressions and the "mood" conveyed by an image.

Today's photo should be full of excitement. Your subject may be a child; but it might also be a pet, another adult, wildlife...or some other creative subject that you might conjure up. Whatever you choose, show us a photo that is full of life!

Kris



SEPTEMBER 10
UNDERNEATH

*Picture***MORE**

Motion

How do you like to show motion? Knowing the best shutter speed is important. Remember that slow shutter speeds cause blur and fast shutter speeds stop the motion.

I tend to go for a fast shutter speed, and to stop the motion.

Standing underneath my brother in law as he takes a swing on the rope that we found on our walk, I managed to get a great angle to show his enjoyment.

What will you find to photograph from underneath?

Lee



SEPTEMBER 11
DISCOVER

*Picture***MORE**

Motion

Capturing wildlife on camera can be difficult. They are constantly in motion and you have to be quick! My little buddy was scurrying about quite ferociously and begging me for peanuts. When he discovered the cache I had left, I managed to capture him in motion munching on his treats. His little body was either trembling in anticipation for his tasty snack or because another squirrel was running about and threatening to take it from him. (I am in the habit of causing "squirrel wars" with my peanut snacks!)

In order to capture wildlife in action it is best to use a high shutter speed and multiple high speed shots!

Lysle



SEPTEMBER 12
CALM

*Picture***YOU**

Picture with hands

Picture You weeks are my favorite! This week is going to be especially wonderful because we are going to focus on hands. I found an opportunity to capture what 'calm' means to me by capturing my hubby's hands while he was snoozing on the couch. These hands have been an unbelievable source of calm for me for the 17 years we have been together. I decided to convert my photo to black and white to add to the feeling of calm today as well. I can't wait to see the calm hands you all share with us today.

Danette



SEPTEMBER 13
HANDS

Picture YOU

Picture with hands - Macro Monday

It's macro Monday! I find that the details in people's hands tell you a lot about them. This photo captures three generations of hands. From the smooth one of the 3 year old to the more worn one of the 60 year old. Getting in close emphasizes the differences in the hands.

What can getting in close tell us about the hands you capture today?

Diane



SEPTEMBER 14
LITTLE-BY-LITTLE

Picture YOU

Picture with hands - Picture Selfie

This week is all about hands. Today we are taking a photo that includes OUR OWN hands.

Just as the prompt photo conveys, little by little it will get done if we keep working at it.

What do you accomplish with your hands? Little by little? It could be a craft project, or a house project, or cleaning house, or planting seeds, or preparing meals.

Garnett



SEPTEMBER 15
GRASS

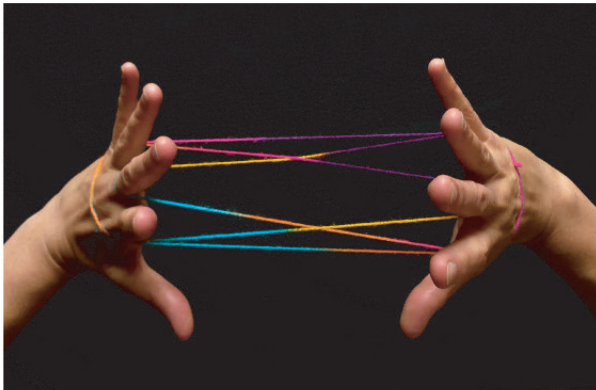
Picture YOU

Picture with hands - Where I Stand

September often marks the change in seasons, cooler weather for those of us in the northern hemisphere and warmer for those in the southern. Wherever you are, this is a good time of year to head out for some fresh air and play. At my house, playing outside in the grass consists of Frisbee throwing, endless games of fetch, and a little training with the dog.

Today's prompt also includes our monthly Where I Stand photo. Take a few minutes to play in some grass. Enjoy the feel, the color, the smell. Photograph how you play in the grass today.

Kris



SEPTEMBER 16
STRETCH

Guest **PROMPT**

Picture with hands

Do you remember Cat's Cradle game? As a child, I spent hours playing Strings (it's how we call it in Poland), always having a piece of the string in my pocket, ready to take it out and stretch between my hands every time I found someone with whom to play!

Show us what you can stretch between/in your hands today, or a hand(s) stretch. Or, stretch the prompt as far as you want to and show us what your day is about. Remember to include your hands if possible; it is what we try to do today. Whatever you do, have fun and enjoy!

Magdalena



SEPTEMBER 17
ROUTINE

Picture **YOU**

Picture with hands

"Sometimes if you want to see a change for the better, you have to take things into your own hands." - Clint Eastwood

"My daily routine is to make every day the best day." - David Wolfe

We all have routines. Some routines can seem mundane, such as doing daily household chores. Even chores, though, can be enjoyable if you achieve a sense of accomplishment from them. I think a good routine can enrich our lives by providing discipline for a healthy lifestyle. I work out daily. It is my number one priority and my routine is like clockwork.

Look for the magic in your routine today. What routines make you happy? Remember it is 'hands' week so 'hands up!'

Lysle



SEPTEMBER 18
INVINCIBLE

Picture **STYLE**

Fast Shutter

What makes you feel Invincible?

A lucky charm, a sparkly pair of shoes, a fitness class, finally wrangling your grandkids for a nap, a clean workspace...or maybe it's your morning coffee?

You can share your secret with us!

Amy



SEPTEMBER 19
DECLUTTER
Fast Shutter

*Picture*STYLE

I decluttered my hands by getting rid of this butterfly confetti. I used as fast of a shutter speed as I could with the light that I had available. My shutter speed was 1/320. As a result you can see the movement of the butterflies as they fall from my hand. Some appear crisper than others. If I had used a faster shutter speed I might have frozen the movement more and had more of the butterflies in focus. However, I like that there is the illusion of movement.

Take the opportunity today to declutter your environment. Use a fast shutter speed and show us how you declutter!

Diane



SEPTEMBER 20
ENERGETIC
Fast Shutter

*Picture*STYLE

We are freezing the action this week using a Fast Shutter Speed.

Hubby and I were on a road trip and came across this old Hydro-Dam. You can just feel the energy as the water cascades over the rocks. Water is very powerful and I always feel the energy when I'm around it.

What makes you feel energetic or produces energy?

Do you have any water nearby that you can capture and freeze the action? The higher the shutter speed, the more crisp and detailed your photo will be.

Garnett

365
Picture
Today

SEPTEMBER 21
PROMPT FREE
Fast Shutter

*Picture*STYLE

Prompt Free Days often bring to mind the saying, "The grass is always greener on the other side." Some days, we feel restricted by the prompt, but on other days, no specific prompt makes us feel lost by having no point of departure.

Think about these prompt free days as a check-in as to how this project is changing you. What do you notice that you would have overlooked previously? What small moments in YOUR day now feel bigger and call to be documented?

Today is a blank canvas for which all of the other prompts have prepared you.

Keep your eyes open and have fun!

Prompt Free



SEPTEMBER 22
CATCH

Picture **STYLE**

Fast Shutter

Sometimes in life things happen fast and you need to get that one shot of something moving. These two are often found chasing each other.

What I tend to do is to put my shot selection to high speed continuous shooting so that I can rattle off a few shots. Also, I select on my Canon AL SERVO - or Nikon (AL-C). This autofocus mode is useful for tracking moving subjects and for focusing at very shallow depth of field (wide apertures) when shooting hand-held in very close-up situations.

The question is does Jasper ever catch Kaya?

What are you going to catch today?

Lee



SEPTEMBER 23
RING

Picture **STYLE**

Fast Shutter

Ring of Fire. I captured the moon glowing orange through forest fire smoke.

The moon is a fast moving target! It moves quickly so you need to use a fast shutter speed to capture it. The best settings for a great moon shot are ISO 100, an aperture between f5.6 and f11, and a shutter speed between 1/125 and 1/250. You will need to use a tripod to avoid vibrations.

If the moon isn't your thing, or simply is not a possibility, perhaps try photographing a scarf twirling in a circle, a ball in motion, or a tire spinning! Have fun with fast shutter speed.

Lysle



SEPTEMBER 24
9 O'CLOCK

Picture **STYLE**

Fast Shutter - Picture Time

It's our monthly time prompt. You get to show us what's happening at 9 o'clock in your world?

Whether you decide morning or night remember it is fast shutter week so try to freeze the action that's going on around you!

By 9 pm it is all quiet here at the beach!

Amy



SEPTEMBER 25
ROOM

Picture **STYLE**

Fast Shutter - Song Lyrics

Evette was thrilled when I asked her to jump on my bed! Giggle! She has a loft bed so she isn't able to do this in her own room. Once you find your room today - room to grow, room to breathe, a bedroom (or any room in your house for that matter) - see how you can add a subject that moves quickly causing you to use a fast shutter speed. For Eve jumping on the bed, my shutter speed was 1/250.

Then, add some song lyrics to your photo and you're done.

Danette



SEPTEMBER 26
STATUE

Picture **COLOR**

Purple

We are entering another color week: PURPLE

Purple has long been representative of royalty. Did you know that purple is also associated with Spirituality, Luxury, Power, Fantasy, Playfulness, Love, and Extravagance?

Today's prompt may tax your brain and creativity. A purple statue? Now is the time to think out of the box. The statue doesn't have to actually be purple (although that would be fabulous)! Perhaps you can drape something purple around the statue? Or you can stand with it while wearing purple? Find a purple prop to include in the shot? Get the idea?

My sample photo was taken in downtown St. Louis. I loved all of the purple flowers reflecting on the statue. If you absolutely cannot figure this one out, think about something that stays very still (statue-like), and include the color purple!

This week is all about the PURPLE! Embrace it!

Garnett



SEPTEMBER 27
DETAIL

Picture **COLOR**

Purple

Have you noticed how many different shades of purple there are? Purples can lean toward blue or red or brown. If you are a crafter like I am, you become keenly aware of all of the details in the purple possibilities when you are trying to find that perfect color combination for a project.

Notice these details in the shades of purple that you encounter today. Consider what makes each of them unique. Which shades of purple do you prefer? Photograph it!

Kris



SEPTEMBER 28
UNEXPECTED

*Picture***COLOR**

Purple

It was unexpected that I came across some Stormtroopers trying to put the purple rubber band back into place.

What unexpected thing can you find today that is purple?

Lee



SEPTEMBER 29
CLOUDY

*Picture***COLOR**

Purple

Purple skies are the result of the phenomenon called "scattering". Scattering of light by molecules of oxygen and nitrogen in the atmosphere makes the sky blue. But the magical purple colour can form when the air is supersaturated with moisture and storm clouds hang low in the sky.

It is probably unlikely you will actually find a purple sky or clouds! I was lucky in that my sky was a beautiful mauve. However, with magic of Lightroom I was able to add a purple filter and ta da....purple skies for you and me!

Find some clouds and see what kind of purple magic you can add. Or, find something purple to highlight in the clouds such as a kite, scarf, flag or flower!

Lysle



SEPTEMBER 30
GRATEFUL

*Picture***COLOR**

Purple

Are you seeing Purple everywhere you look? I sure am!

Today let's jazz up our photos by adding a quote or saying about gratitude! There are a lot of free apps with fun font choices.

Helpful Tip: When you compose your image place your subject on the thirds to allow plenty of space to place your text.

Looking forward to seeing the purple you will be grateful to find!

Amy

SEPTEMBER 2021

Picture COLOR

Brown	1	Crayon
	2	Supportive
	3	Downtown
	4	Effect

Picture MORE

Motion	5	Stream
	6	Fowl
	7	Space
	8	Prompt Free
	9	Animated
	10	Underneath
11	Discover	

Picture YOU

with	12	Calm
	13	Hands
	14	Little-by-Little
	15	Grass

Picture YOU

hands	16	Stretch
	17	Routine
	18	Invincible

Picture STYLE

Fast Shutter	19	Declutter
	20	Energetic
	21	Prompt Free
	22	Catch
	23	Ring
	24	9 O'Clock
25	Room	

Picture COLOR

Purple	26	Statue
	27	Detail
	28	Unexpected
	29	Cloudy
	30	Grateful

365 Picture Today CREATIVE TEAM



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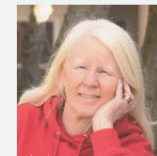
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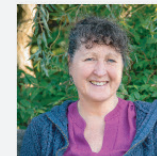
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