

MARCH 2020



365 *Picture Today*

365 Picture Today!

WELCOME TO MARCH!

Spring is on the Way. You made it through the cold winter months (at least those of us in the Western Hemisphere)! Have you enjoyed capturing the everyday? Or has it been a chore? Have you felt pressure to produce only perfect photos? Or have you learned to embrace the everyday and what it holds? We have been giving you tips and advice each month on how to approach your 365 project. We asked you to think about your whys and your hows and your whens. We have encouraged you to get to know your camera. We have reminded you that you don't have to stay on prompt if you aren't feeling it that day.

This month, the Team really wants you to concentrate on the everyday and what that means to you. If you are traveling, photograph it. If you are sick in bed, photograph it. If your child is throwing a tantrum, photograph it. If your pet is being funny, photograph it. If you are home alone, photograph it. If you are working, photograph it. If you are celebrating a birthday or anniversary, photograph it. If you are cooking and cleaning, photograph it. If your child graduates, photograph it? If your grandchild wins a spelling bee, photograph it? Get the idea?

This community is not about competition..... it is about encouraging each other. If you document a day where you are sick in bed, it is guaranteed that you will receive prayers and well wishes from this community that will lift your Spirits. If you are traveling to an amazing place, we will delight in the sights with you. If you are sad because you are alone, we will send you virtual hugs. That is how special this community is.

Many times we are tempted to skip a day.. or to dig into the archives... but let's really focus on our why this month. Your 365 project is for you... only you know your reasons but I can guess they include everything from getting photos of your children everyday, to places you visit, to improving your skills, to making new photo friends. Your goal isn't to find an archived photo that fits the prompt, but to actually push the shutter every day. At the end of the year, you will have 365 (oops 366... it is leap year!) photos that you would not have if you weren't taking on this challenge.

If you are struggling for inspiration or just a need a creative kick, don't be afraid to google ideas or browse through Pinterest. It is also perfectly okay to ask other community members to share how they achieved a certain image... camera settings, set up, post processing. We want to share ideas and help one another.

We all go through photo slumps... life can throw us some hard stuff that makes it difficult to be inspired. We face illness, death, injury, family struggles, financial struggles. We get it! We get it, because we are ALL dealing with something. Don't look at a community member and think that they have a perfect life because of the photos they post. When you share your struggles with us, you will likely find many people are dealing with the exact same thing. And if things are going great, share that too! We want to rejoice with you.

To quote Victor Hugo in Les Miserables "If people did not love one another, I really don't see what use there would be in having any spring." That sums up this community pretty well, don't you think?

Happy Spring!

Amy, Garnett, Kris and Lee



MARCH 1 Horse Protection Day

Horse Protection Day was created to bring light to the plight of horses in America and beyond and help the thousands of unwanted horses in this country to find forever homes.

Here are some tips for photographing animals:

Use a Zoom Lens: It is hard to get in close, this way you can get in close without scaring the animal.

Use a faster shutter speed: If the animal is moving this helps you to freeze the action.

Increase your ISO: This will help with the light for the faster shutter speed.

Take photos at the golden hour: The light is always better at the beginning and the end of the day, it is directional light and helps make your subject stand out.

So now the question is... do you have a horse or any other animal in your daily life of which you can take a photo? If not, find something that needs protection from man.

Lee



MARCH 2
Old Stuff Day

The idea of old stuff day is to actually get rid of your old habits and start new ones. Do you have some retro stuff that you want to photograph before you get rid of it? Well now is the time.

You can make it fun like I have in the example photo. I had a few old cassette tapes lying around, and I remembered the time when the tapes got caught in the machine, and the amount of time I spent rolling the tape back in.

Let us see your old stuff that really you should let go of, but just haven't got around to it yet.

Lee



MARCH 3
World Wildlife Day
BLACK & WHITE

It seems a bit sad that it is black and white day for wildlife day. But hang on, with black and white we take away the attention from the beautiful colours of the animals and draw the attention to the wildlife subject!

Black and White gives you the emotion, the scene, and highlights the animal's behavior.

Here are a few things to think about for black and white photos: Make sure you have a great subject to photograph. Go for striking angles, bold textures and strong composition. Keep it simple.

Do you take your photos in black and white in your camera or do you change in the processing?

Lee



MARCH 4
Pound Cake Day

Who knew! I didn't even know what pound cake was until I found out there was a day for it!

The traditional recipe for pound cake makes a cake much larger than most families can consume, as it calls for a pound each of flour, butter, eggs and sugar. Hence the name Pound Cake.

I decided to take just one ingredient from the recipe and make a photo of it. I always have eggs in my kitchen and they get used regularly in a lot of my cooking.

Do you have a favorite cake and if so what is the recipe ingredient you want to photograph today?

Lee



MARCH 5
Absinthe Day

Absinthe is a spirit made by infusing wormwood, fennel, anise and other herbs into alcohol through distillation. The creation of absinthe is credited to Pierre Ordinaire, a French doctor. He developed and prescribed the elixir in the early 19th century as a cure for many illnesses.

Let us be creative with this prompt, usually absinthe is green, so why not find something green to photograph, or try photographing some of the herbs that make up the spirit.

In my example photo, I have taken a wine glass, filled it with some marbles and then placed my phone underneath it with the torch switched on to get the reflections.

How are you going to show Absinthe Day?

Lee



MARCH 6
Oreo Cookie Day

It's no surprise here that Oreo Cookies are the best selling cookies in the world...that's right the world! They first hit the store shelves in 1912. Having sold half a trillion cookies in over 100 countries, that's enough Oreos to wrap the earth 381 times and, if stacked, they could reach the moon and back 5 times!

Each original Oreo Cookie takes 59 minutes to make and their signature design contains 90 ridges, 12 flowers, 12 dashes, and 12 dots.

I am sad to report that Double Stuffed Oreos really aren't double stuffed...they are only 1.86 times bigger. So to truly get double the stuff, you would have to go with the Mega Stuffed which are 2.86 bigger. With that said, they make over 123,000 tons of creme each year!

Well, if after all those mouth watering Oreo Cookie facts you are not headed to the store for your very own package, then you might consider a different take on the prompt like a repeating circle pattern or filling the frame.

Amy



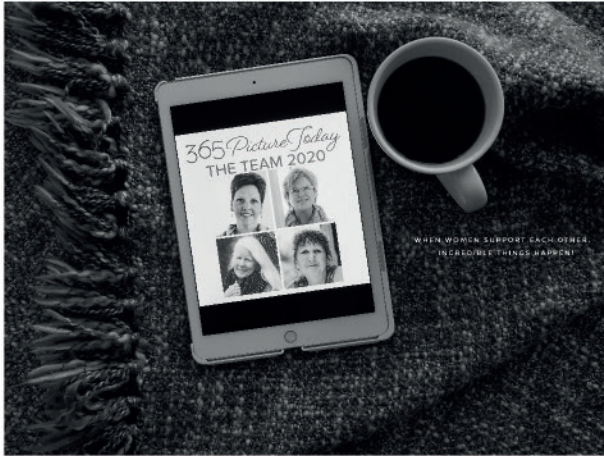
MARCH 7
Cereal Day
SELF PORTRAIT

Chances are many of you started your day off with a bowl of cereal...after all, it has been the most popular breakfast food since the end of the nineteenth century! Cereal has definitely come along way since those early days of Grape-nuts and Cornflakes.

Strolling the grocer aisle, the choices seem endless! Which is your favorite? Not a cereal fan then show us your favorite breakfast staple?

Reminder it's Self Portrait Day...it's that time of the month we encourage you to put yourself in the photo too!

Amy



MARCH 8

International Women's Day

Today is International Women's Day and for over a century this day has been about unity, celebration, reflection, advocacy and action.

This year's theme: **"An equal world is an enabled world."**

Collectively, we can make change happen. Collectively, we can each help to create a gender equal world.

This is a global celebration of the social, economic, cultural and political achievements of women and there might be an event near you.

As you consider how to photograph the day you could celebrate an influential figure, reflect on someone who has made an impact on your life, include an inspiring quote with your photo or show us something you're passionate about.

This quote means a lot and the very existence of 365 Picture Today is proof that it works!

"When women support each other, incredible things happen."
—Unknown

Happy International Women's Day!

Amy



MARCH 9

Napping Day

Many of us saw the return of Daylight Saving Time yesterday and, with that, we lost an hour's sleep causing us to feel a bit sluggish today.

Good thing it's National Napping Day! It is just what we need to help us get through!

Grabbing an afternoon siesta is still a time-honored tradition in various parts of the world. If a nap doesn't fit into your day then show us how you are coping with the loss of sleep!

Amy



MARCH 10

Blueberry Popover Day

GUEST PROMPT

Who knew there would be a day to celebrate blueberry popovers? Even though I love desserts, I don't often bake. My husband is gluten-free and dairy free, so he doesn't eat many desserts and I sure don't need to eat them. But I thought it would be fun to try to make blueberry popovers for this prompt. It was fun and they were really good, even if they didn't look as perfect as some I've seen in photos. I don't have a popover pan, so I used a muffin tin as suggested in some of the recipes.

You don't need to make blueberry popovers today, but let's see what you are cooking or baking. Or maybe you want to buy a special treat to photograph. Try different angles, close up or from above, personally, I like doing food photos from above. Macro lenses are often fun for food photos. One of the perks of this project is that we are often encouraged to treat ourselves.

We work hard for these photos, why not treat yourself today?

Kay

Guest Writer



MARCH 11
Worship of Tools Day

There is no doubt our days are made easier by the tools we use. Tools for our hobbies as well as our jobs!

Today, let's give them the appreciation they deserve; that could mean showing tools in action, how you've organized them, your latest project or a long ago forgotten one.

Need a bit of inspiration here are a few popular hobbies and their tools:

- Knitting: yarn, needles
- Cooking: utensils, pots
- Photography: camera, lenses
- Gardening: gloves, shovel
- Woodworking: hammer, screwdriver
- Painting: brushes, canvas
- Exercising: weights, yoga mat

Think about how best to capture them...You never know you just might inspire someone to "need" a new hobby as well as a new tool!

Amy



MARCH 12
Plant a Flower Day

What better way to celebrate that Spring is right around the corner than planting a flower or two! Of course, depending on where you live, it might not be the best time to plant outdoors. If this is the case or you have no time for gardening in your day you can still enjoy the transition from winter to spring!

Have you seen some early signs of spring? Are you in the planning stages of your garden? or maybe the flowers at the grocery store were too tempting to pass up!

Consider shooting from a different POV (point of view) today. My favorite is the Ant's View or ground level. I like to place my camera on the ground and shoot with a low aperture (f4 or lower) to eliminate background distractions. It not only isolates your subject but also makes it appear larger.

Whether you planted a flower or found one...give a different POV a try!

Amy



MARCH 13
Good Samaritan Day

I love the idea of actively seeking out ways to spread joy!

You never know how one selfless act can unknowingly change someone's life, brighten a day or set in motion a pattern of paying it forward.

There are plenty of ways to show kindness today, both big and small. Here are a few examples from the National Day Calendar: doing some spring cleaning to help out the local homeless shelter and food pantry, donating blood, volunteering your time or checking in with someone you haven't in awhile.

Were you the recipient of a random act of kindness today? Share it with us!

I took this photo a few year's ago. We were traveling and received some sad news about a dear friend who had been ill. We stopped at a Starbucks to absorb the information and when we sat down at the table we noticed all the tables had gift cards on them. When we inquired the barista's said a local woman would often leave them as a way to brighten people's day.

Happy Good Samaritan Day!

Amy



MARCH 14
Pi Day

Being that, in general, my family is a collection of total nerds, and my youngest daughter is specifically a math nerd, we have celebrated Pi Day for as long as I can remember.

Pi is the the Greek number that represents the ratio of the circumference of a circle to its diameter. The actual calculation gives a number that is infinite and without repetition beyond its decimal point. Most of us know Pi as simply 3.14. Since we are in the third month of the year and this is its fourteenth day, today is Pi Day, 3/14.

If you are not a math nerd, just think about circles and lines today. That's close enough to circumference and diameter. Can you find a place where there is an interesting juxtaposition of lines and circles?

If you'd like to take this challenge a little further...

As photographers we often look for pattern and repetition to create interest in an image. Since the number Pi contains no pattern of repetition, can you find random lines and circles to photograph? What makes their randomness interesting? What are the challenges in composing such a photo?

How do you feel about lack of perceived order?

Kris



MARCH 15
Everything You Think Is Wrong Day
PICTURE YOUR DAY!

This is the day each month when we intentionally photograph what is going on in our lives in this very moment. It is also "*Everything You Think Is Wrong Day*."

We all have days when we feel like nothing is going right, when we feel off track in everything that we do. If today is one of those days for you, photograph it! 365 Picture Today is all about photographing **today**. If today is not a good day, you may not want to remain in this place long, but looking back at tough times once you have moved beyond them, realizing that you are strong and resilient, is a valuable by-product of taking a photo a day.

If you are fortunate and everything is going your way, think about an idea or an opinion about which you have changed your thoughts over time. Our tastes in food and drink often change. Or, maybe our opinions about a particular actor or author. Maybe your ideas about where you want to vacation or live have changed. Perhaps you are doing something now that you never thought possible.

As a music theorist, I am always thinking and my ideas about things are in a constant state of flux. My students will second that!

What has changed in your thinking?

Kris



MARCH 16
Everything You Do Is Right Day
MACRO MONDAY

Wouldn't it be great if everything we ever did was right? We all know that such an existence is not possible. We all make mistakes, big and little, almost everyday. If we make an effort to learn from them, then perhaps there was some "rightness" in something that seemed wrong.

This way of thinking is helpful when it comes to taking pictures. We are our own worst critics. "If only I had used different settings, shot from a different perspective, been quicker, had better focus, etc., etc." Those perceived errors may, in the end, be right because they help us to think about what we did or didn't do and hopefully improve next time.

Today is also a macro photography day. Macro photography allows us to get close and focus on tiny details in our subject, details that could be easily overlooked. And yes, in those details, imperfections are often revealed. They too are "right." Wrinkles, cracks, chips, brown spots are all evidence of living.

Being right does not mean being perfect. Think of seeing imperfection through a different lens as a path to finding the beauty in an alternative kind of "rightness."

Kris



MARCH 17
St Patricks Day

There are many stories and traditions surrounding St. Patrick's Day. The color green, shamrocks, and wishing one another good fortune are among a few.

Back in 2013, my first year of taking a photo a day, I came to the end of the day on St. Patrick's Day and had failed to take a photo. As we were getting ready for bed, I caught a glimpse of my hubby's shamrock boxers. They were my photo of the day. Photographing his shamrock boxers became such a joke between us that the those boxers have made an appearance on every March 17th since. I consider myself lucky that he is a good sport and willing to play along with my shenanigans!

What does lucky look like to you?

Kris



MARCH 18
Awkward Moment Day

Awkward moments are those moments that may feel horrifying in that instant but when viewed in retrospect make you smile and often hold some of the best memories.

Amy, Garnett, and I, along with a few other awesome 365 Picture Today community members, get together twice a year for a weekend of fun, friendship, and a little photography. Let's just say that over time our weekends together have been marked by a good number of awkward moments. With five or more of us with cameras, most of them also have been well documented.

As a team, we play well together, which allows to work well together. Do you recognize "the end" that is up in this photo? I took the picture. Amy was in the ladies room when it was taken. We haven't managed to get Lee with us on this side of the pond. I wonder which team member this could be?

Find someone to share an awkward moment with today.

Kris



MARCH 19
Let's Laugh Day

We all have heard that "laughter is the best medicine." How often do we actually take a dose of that medicine? As adults, we sometimes get so caught up in day to day responsibilities that we forget that it is okay to take time to be silly and to laugh.

My friend and I had big belly laughs as we tried on silly hats in a gift shop while traveling in Iceland. Were we acting a bit immature? Probably. Did we laugh? Yes. Hysterically? Yes. Did we regret our behavior? Um...nope. And, as he said, "The likelihood of us ever seeing any of these people again is unlikely. Let's have fun!"

Laugh today. Laugh out loud. Find someone with whom to share your laughter; it is even better medicine when enjoyed with others. Maybe playing dress-up will give you a few good laughs too. :-)

Kris



MARCH 20
World Flour Day

I love flour. Well actually, I love all the foods that have flour as their primary ingredient. Breads, cookies, crackers, cakes, muffins...yum! I will never be one of those who follows a low-carb diet.

Even if you are not a carbohydrate addict, you probably have a favorite food that is made with flour. Perhaps it is a special occasion cake or pie. Or, is there a family recipe that has been passed down through generations? I live in Texas. Here in the Lone Star State where anything and everything edible, from steak to macaroni and cheese, is "chicken-fried," flour is important, though this is my least favorite use of flour.

Photograph your favorite use of flour.

Kris



MARCH 21
Fragrance Day

Ahhh... our favorite smells! Today you get to use your sense of sight to capture your sense of smell! It might be the smell of bread or cookies baking or dinner cooking. It could be flowers, coffee, perfume, candles, a newborn.... whatever smells good to you!

According to the national day calendar, "scents and memory are powerfully linked." We associate summer with the smell of freshly cut grass, thunderstorms with the smell of the damp air and the acrid scent of sulfur when lightning has struck. We often connect memories of winter holidays with warm spiced pies and cookies. Our memories are most nearly linked with those people we have loved. Your first love may have worn a unique botanical fragrance, or perhaps the uncle who taught you to tie intricate knots smelled of cedar as he told war stories. While we may often take a trip down memory lane by looking at a scrapbook, perhaps this time remembering our favorite fragrances will stir up memories that were long forgotten or maybe we will make some new ones."

How will you photograph your sense of smell today?

Garnett



MARCH 22
Goof Off Day

It's goof off day! You have permission to be silly today. Some of you, like me, embrace the goofy every day and this prompt will be easy! Some of you are a little more serious and may have trouble letting loose!

Today is for relaxing and enjoying yourself. Since it's Sunday, here's hoping that most of you don't have to work today. If you do go to work, can you have a little fun with your co-workers?

Go with whatever silly thing you can dream up. You can take a self portrait of you being goofy. You can photograph a silly pet. You can take a picture of your nutty friends. This photo is typical me being egged on by my friends who have silly ideas and then make me implement them! Do you have friends like that? Remember to use a fast shutter speed to freeze the action!

How will you have fun today?

Garnett



MARCH 23
Puppy Day
COLOR - BROWN

Puppy Day and Brown Day meet! I don't have pets but my grandkids do! This little cutie that my granddaughter is holding is Lucy and she lives with my family in Houston, Texas. Lucy is mostly white but there is some brown on her. Isn't she the cutest? If you don't have any puppies nearby, see if you can find another brown animal to photograph. Or forget the brown and just photograph your pets! Or forget your pets and just photograph something brown!

Make the prompts work for you... let your creativity lead you.

What will you photograph today?

Garnett



MARCH 24
Chocolate Covered Raisins Day

There is a day for everything... even chocolate covered raisins! I'm not sure many of us keep a stash of chocolate covered raisins around. If you do, today is your lucky day! If you don't, then photograph your favorite treat! I try not to keep the things I love here at the house so that I won't be tempted. I grabbed these almonds one day while traveling in the airport. Anything chocolate covered is better, right?

You can use today to practice your food photography. Think about angles, placement, and light. Look for interesting ways to highlight the treats you enjoy.

What's your go-to treat?

Garnett



MARCH 25
Lobster Newberg Day

What in the world is Lobster Newberg you ask? Lobster Newberg is made with lobster, butter, cream, cognac, sherry, eggs and cayenne pepper. It is an elegant and classic American seafood dish that has been enjoyed by many since the late 1800s.

Okay... that said. With today's photo, think about textures, colors and features. Look for items where you can really highlight details. I got in close to this lobster that my hubby was about to enjoy. You can go macro if you have a macro lens. You don't have to photograph a sea critter or even a bowl of seafood soup. Think out of the box about something that you can really study and show in a new and unique way. You may want to look in your spice cabinet to find some interesting details... You can get in close to a person or pet and highlight eyes or other features. Or, venture outside and see if anything is starting to sprout from the ground. Make it your prompt! If you want to get a lot of detail in your photo, narrow your aperture a bit... at least f8 or above.

I can't wait to see what you find!

Garnett



MARCH 26
Spinach Day

Call me Popeye! I love spinach. I enjoy it, cooked or uncooked, in salads, on pizza, in smoothies, in omelettes and quiches. Do you like spinach?

Today, you can photograph spinach.... or you can photograph any other leafy plant. Try to fill the frame. The frame refers to the edges of your photograph or the edges of the viewfinder of your camera when you are shooting.

Spend some time thinking about your subject and how best to show it off in your photo.

I recently read a photography article on filling the frame... the advice? Get close... then get closer... then get closer still.

Move a little closer will ya?

Garnett



MARCH 27
Joe Day

Cuppa Joe anyone?

Today is Joe day. What a perfect day to work on a compositional technique known as "Bird's-Eye View." It's typically the favored way to photograph coffee because it shows the inside of the cup. It's great for latte art (pictured in my photo). If you aren't a coffee drinker, don't fear! You can shoot a bird's eye view of anything. Just make sure you are above the object (or person) looking straight down.

As you think about today's photo, picture yourself as though you are a bird... your perspective will be looking down from above.

Garnett



MARCH 28
Weed Appreciation Day

We are going to get in the weeds today. As photographers, weeds can be great subjects. Often times, they have the most delicate details. Look for interesting colors and textures. Try composing from different perspectives. Dead or dying weeds can be extremely photogenic (as in my photo example).

How do you compose to make your image stand out? There are several composition techniques that will work well for you today:

- 1 Negative space - in photography, negative space is the area around the subject... having empty space around your main subject allows it to take center stage.
- 2 Macro photography - use a macro lens to capture the tiniest of details.
- 3 Shoot with a shallow depth of field - the wider your aperture, the more shallow your depth of field (usually f2.8 or smaller).
- 4 Try to find small details that make your subject stand out... water droplets and small insects make for nice additions.

How will you make a beautiful image from a weed today?

Garnett



MARCH 29

Mom and Pop Business Owners Day PHONE PHOTO

National Mom & Pop Business Owners Day is a way to celebrate the small, locally-owned businesses that add value to the communities they're in.

With over 27 million small businesses in the United States alone there is a good chance you know at least one, frequent several or you're a small business owner yourself.

Whether it's the restaurant up the street, the coffee shop on the corner, the boutique that always has exactly what you need or the ice cream shop with your favorite flavors, small businesses are not only just a great place to shop or dine; they are staples within the community.

If you're a Mom & Pop Business owner yourself, please share it with us so that we can celebrate you today as well!!!

Don't forget the added fun for today is a Phone Photo.

This was just a quick snap of the local bookstore window and I liked how the afternoon sun was just peaking around the corner.

Looking forward to seeing what Mom & Pop businesses you celebrate today!

Amy



MARCH 30

Take a Walk in the Park Day

Today you're encouraged to enjoy the physical and mental benefits that come from walking in nature. Studies have shown that people who walk in green areas away from the dust and pollution of streets and cars tend to be happier and less stressed.

So today's prompt is an easy one -

Grab your camera, take a walk and show us what you find!

Just remember to stop and smell the roses...as well as photograph them!

Amy



MARCH 31

Crayon Day

Today we celebrate the crayon and the joys of coloring!

Crayons have been around since the 17th century but it wasn't until 1903 when Crayola came on the scene that the world of crayons changed forever!

Crayola introduced us to the long lasting wax crayon as well as the colorful and convenient box of 8. They have come along way from that original set of colors consisting of red, orange, yellow, green, blue, violet, brown, and black. Currently, there are over 120 colors with names like Fuzzy Wuzzy Brown, Laser Lemon, Inch Worm, Outer Space and Marvelous.

Today we encourage you to have fun... whether you stay in the lines or out, just make it colorful!

Amy

365 Picture Today

MONTH PROMPTS

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365 Picture Today

The word that comes to mind when thinking about the month of March is change - change in temperatures, change in colors, and change in light. As photographers we notice light; often, it is what "makes or breaks" our photos. For this reason, professional photographers do everything they can to control the light during their sessions. Portrait sessions will be done around dusk and dawn when "the light is best." Or, they will employ artificial lighting set-ups. As everyday photographers capturing our life as it unfolds before us, we don't have the luxury of waiting for the perfect natural light or taking the time and incurring the expense of setting up studio lights to make our photos. We shoot when the moment happens and hope that the light was "good enough" to capture that fleeting piece of time.

You and your camera work together to use whatever light you have to create the best image possible each time you press the shutter button. Our cameras have many settings available to help us navigate the infinite possibilities when it comes to controlling light. Sometimes we forget that we have options when it comes to how we use our camera settings in different light situations. Here are a few of those settings to keep in mind:

THE EXPOSURE TRIANGLE

Aperture - Determines how much light the lens itself lets in. Aperture also determines depth of field, how much of the frame is in focus.

Shutter Speed - Determines how long the lens stays open. Shutter speed determines how movement is captured. A fast shutter speed allows us to "stop" action. A slower shutter speed will give motion blur.

ISO - Determines the sensitivity of your camera's light sensor. The lower the ISO, the less sensitive your sensor is to the light hitting it. The higher the ISO, the more sensitive the light sensor; also, the more grainy your image will be.

It takes practice and patience to find the "perfect" balance between these three settings. Changing one affects how the others will behave. Experimenting with the relationships between Aperture, Shutter Speed, and ISO ultimately becomes a big part of our personal creative choices.

METERING

Your camera has a light meter that shows you whether your current settings will yield a correctly exposed image. We can choose where our cameras gets this information to make its determination by using Metering Modes.

Matrix/Evaluative - Samples the lights and darks across the entire sensor.

Center-weighted - Samples from a smaller portion in the center of the sensor.

Spot - Samples from a very small part of the sensor, which we can control. When your camera is set to Spot Metering, you determine which "spot" it is using by moving an indicator in your viewfinder.

Metering choices determine how light affects the relationship between your subject and the background in your image. Metering settings are another way for you to control the light in your photos.

Camera settings are certainly important when it comes to a technically successful photo. Remember, though, that the most important light when it comes to creating a meaningful and beautiful image is the light that shines from within.

It's an illusion that photos are made with the camera...they are made with the eye, heart, and head.
Henri Cartier-Bresson

PHOTOGRAPHY TIP OF THE MONTH

CHECK THE LIGHT

It is best to see where the light is coming from before you take your photo. Is it natural light or an artificial light? Is it coming from behind, to the side or in front of you. Use the light to create interest, light in front of your subject can create bokeh, side light creates interesting shadows, light behind you highlights the subject. How is the light interacting with the scene and the subject? Is it highlighting an area or casting interesting shadows? These are all things you can utilise to make an ordinary photo extraordinary.

365 Picture Today TEAM



AMY

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Living at the beach, the light is quite harsh. To counteract this, I like to add sunbursts to my images. They can add a little something extra to your landscapes and a bit of magic to your portraits. To do this I shoot in Aperture Priority Mode, using a low ISO with a narrow aperture of at least f16. Give it a try the next time you find yourself in the glaring sun!



GARNETT

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I am sure I am not the only person who enjoys shooting in the Golden Hour... but that isn't always possible. When I am taking photos of people and the light is too harsh, I always put them in the shade. I look for even light. I can usually find it behind a building, or under a tree, on a porch, doorway, etc. However, there is really nothing like the beautiful Golden Hour Light. It makes everything magical.



KRIS

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My head knows the times of day that will always yield beautiful natural light, but my schedule does not always allow me and my camera to be together during these magical moments. I have learned to do the best I can with whatever light I have. Some days I rely on the flashlight on my phone for light. When I am forced to shoot at midday, I look for shady spots. When I have no good options for light, I set my camera the best way I know how, go for it, and hope for the best.



LEE

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These days when I wake up, the first thing I do is look out the window to see what the light is like! If it is foggy, frosty or snowy or all three, I am out of the house straight away and off to the forest or the lake with my camera and obviously Jasper in tow! The blue hour and the golden hour on sunny days are the best days for getting outside for those beautiful photos.