

# NOVEMBER 2023

365  
*Picture  
Today*



365 *Picture Today*

## AND HERE WE ARE, NEARING THE END OF ANOTHER YEAR.

For many of us, these final two months of the year bring with them a whorlwind of activities, holiday celebrations, and emotions. With this busy-ness it may feel like taking a photo each day is becoming burdensome. That is exactly why we need to keep taking pictures. Even if your daily photo is a simple snap on your phone, for that brief moment in your day, you slowed down and were in the present. All of those things on the to-do list waited for those few minutes. And because we are often moving at break-neck speed preparing for all that the end of the year brings, it is nice in January to look back at our photos and reflect on those beautiful moments that we may have forgotten so quickly. Hang in there! Keep picking up your camera every day. Experience this November with a grateful heart.

During this month, we'll finish our week of Lifestyle and then turn our cameras to Gratitude. Perhaps those look the same for you. Do you live a life of gratitude each day? November's technical week is all about creating balance in the frame. Maybe it also will become a metaphor for finding balance in our lives. Cream is the color of the month. For those in the U.S, Thanksgiving happens to fall during this week; so, load up that pumpkin pie with a big dollop of whipped cream and photograph it before enjoying the deliciousness. For those who aren't celebrating Thanksgiving this month, we hope you'll find another reason to celebrate!

November will close with landscape photography. Regardless of where you live, this time of year brings with it dramatic changes in our natural surroundings. We look forward to seeing what this month looks like in your area.

The 365 Picture Today Creative Team is grateful for each and every one of you. We thank you all for helping us to grow, nurture, and sustain this wonderful community.

*Amy, Diane, Garnett, Kris, Lee Leslie and Lysle*

# EXPLAINING THE PROMPTS

NOVEMBER 1  
**MANY**  
Lifestyle

*Picture*STYLE

Each month is broken into 4 weekly themes: Picture Life, Picture Basic, Picture Color and Picture Style. These are meant to fuel your imagination, keep you engaged, and challenge your creativity. They give you the opportunity to see the same things in different ways.

## PICTURE LIFE

Picture Life is where you will be challenged to chronicle your life. Each Picture Life week will have a theme which will give us a glimpse into your day to day life. This is where we all will have the opportunity to get to know one another a little more. We encourage you to show us all aspects of your life, including your beautiful self! In Picture Life week there will be a Where I Stand prompt coupled with a time of day prompt. Here we encourage you once a month to show us what you are doing at a certain time of the day by showing us where you are standing.

## PICTURE BASIC

Let's get technical! This will challenge your creativity with a technical agenda. In these weeks of your year you will look at leading lines, flat lays, lights and shadows, (to name a few!). Don't be shy to ask for clarification, camera settings or any tips and tricks. We aren't magicians here, we share our secrets!

## PICTURE COLOR

We will focus on a specific color chosen by the Creative Team for these weeks. This year our colour choices will be a little beyond just the basics. You can include a little of the color, go completely monochrome or anything in between. You will likely find that this is one of your favourite weeks.

## PICTURE STYLE

Lifestyle, architecture, landscape, sports, golden hour, are just some of the styles you will be encouraged to play around with to try out something new. Some of these might be a little out of your comfort zone. Our hope is that by the end of the week you may have discovered something you love. You might find style in your original photo or add some style in post-processing.

## EXTRA CHALLENGES

Along the way you'll notice a few added monthly challenges sprinkled in to give you extra inspiration.

**Macro Monday** - For this prompt we encourage you to get in close. Grab your macro lens, macro filters or just crop your photo in post-processing. This is where we can focus on the little details.

**Scavenger Hunt** - A quarterly challenge where instead of one prompt, you have 4 . Take the 4 photos and make a collage. Make it work for you and your day.

**Picture My World** - This is a quarterly challenge. We are hoping you can return to the same spot 4 times on these days to document the changing seasons in your world or in your life.

## Extra Seasonal Challenge

We are introducing something new this year... Seasonal challenges. Seasonal challenges are extra technical challenges to help you learn or practice technical skills. The challenge is separate from daily prompts and is there to give you that extra boost if you want to take it on. The extra challenge will occur 4 times a year and will come with technical instruction. Once the challenge is offered, you will have a week to think about it, practice, and then take and post your image.



I have many photos of my walks with my friends, and I am usually at the back taking the photos and trying to catch up! The autumn is a great time of year to get the colours!

Can you get many people in to your lifestyle type photo?

Lee

NOVEMBER 2  
**NORMAL**  
Lifestyle

## PictureSTYLE



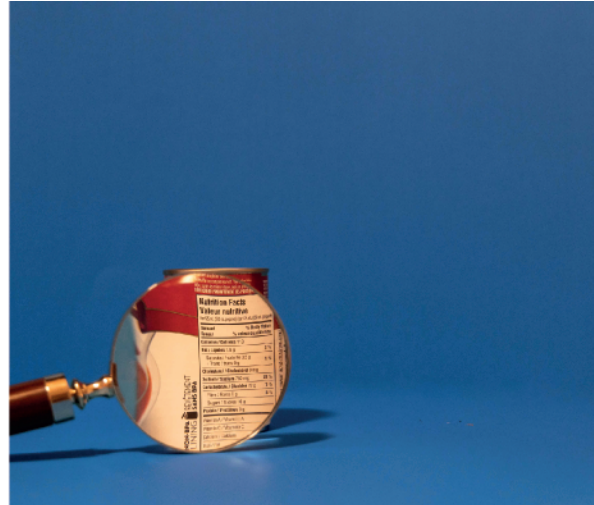
Seeing visitors or employees walking around in colonial attire is a normal part of our living history museum lifestyle. I've even encountered them at Walmart and Starbucks!

What's a normal part of life where you live? I'm looking forward to seeing all the variations today!

Leslie

NOVEMBER 3  
**OBSERVE**  
Lifestyle

## PictureSTYLE



When we 'observe' something we take note of something or someone carefully. As photographers, we are constantly in observation mode. I sometimes think as photographers and artists, we see things that others simply do not!

I don't know about you, but it is the everyday stuff, like label reading, that I find difficult to 'observe'...that's just part of life.

So, let's use that and take our "observation" to a whole other level today and try some magnifying photography. Grab a magnifying glass or your glasses or anything that magnifies stuff and see what you can observe through another lens. If you don't have any of the above, a glass jar works too.

Lysle

NOVEMBER 4  
**MULTITUDE**  
Lifestyle

## PictureSTYLE



Today we are making it easy... fill the frame with a multitude of something!

Are you a collector, is there something in abundance where you live, or a favorite thing you keep plenty of on hand?

No surprise there are tons of seashells here at the beach but I'm very picky as to which ones come home with me.

Amy

NOVEMBER 5

**NEST**

Gratitude - Picture Me

*Picture***LIFE**



We begin another Picture Life week where we find out more about each of you in the community. The week's theme is "gratitude" so we are going to really think about the things we are grateful for. Today is Picture You day. This is the day we want you to take a selfie. When I think of "nest" I think of my home. I had fun with "multiples" for this image. I used Photoshop to create all of these multiples of me in my nest. If you are interested in trying it, check out the prompt on the website for the link. I'll attach a link explaining how to create this. If you don't want to attempt it, just take a photo of yourself in your home that reflects you and what you are grateful for.

Have fun!

Garnett

NOVEMBER 6

**LISTEN**

Gratitude

*Picture***LIFE**



I am grateful to have a career in music. Professionally, I am a clarinetist, but five or so years ago I decided that it was time to listen to that little voice inside that was urging me to follow my dream of studying classical guitar. I am grateful that I listened, that I had the time and means to follow that dream, and that I have a colleague who graciously took me on as a student.

Has that little voice recently encouraged you to try something new? Did you listen? Are you grateful?

Kris

NOVEMBER 7

**LOVE**

Gratitude

*Picture***LIFE**



Who doesn't love the time of year when the leaves are making a last-ditch attempt to hang on, whilst changing colour to such a golden hue?

I am so grateful for where I live.

What do you love today that you are so grateful for?

Lee

NOVEMBER 8  
**NOTICE**  
Gratitude

*Picture***LIFE**



Photography is an excellent activity to practice the habit of noticing. While visiting an animal shelter, I noticed this elderly woman volunteering her time to bring some comfort to a homeless cat. I told her about my hobby and she was happy to let me photograph the moment.

I'm sure the cat was grateful for the bit of attention it received. I'm also sure the woman herself was grateful for the opportunity to feel useful at her stage in life.

Open your eyes today to an act of gratitude by someone or maybe even by yourself.

Leslie

NOVEMBER 9  
**NOURISH**  
Gratitude

*Picture***LIFE**



November is a month of gratitude in the United States and is commemorated with Thanksgiving! What nourishing food are you planning to serve up for your feast, Thanksgiving or otherwise? I celebrated Canadian Thanksgiving in October and served asparagus which just might be the ultimate vegetable. What nourishing food are you grateful for?

Lysle

NOVEMBER 10  
**LAUGH**  
Gratitude

*Picture***LIFE**



There is a reason they say laughter is the best medicine... It not only lifts your spirits but is good for your health too! So let's all have a good chuckle today!

When 365'ers get together there is no shortage of laughter but we found a way to add even more to the day thanks to our "Flat Kay"!

Amy

NOVEMBER 11

**HOPE**

Gratitude - Where I Stand - 11 O'Clock

*Picture***LIFE**



At the 11th hour on the 11th day of the 11th month of the year 1918, the hostilities of World War 1 came to an end. The first Armistice Day was observed the following year at 11 a.m. on November 11th. Although it has remained Armistice Day in the United States, Canada, and other commonwealth countries now know it as Remembrance Day. At 11 a.m. on November 11th, our Remembrance Day observance is held at numerous cenotaphs across our country.

I am standing at the cenotaph in my area of Ottawa known as Kanata. The stones around the cenotaph are engraved with the names of veterans from our local area. The poppy is a symbol of remembrance. I will always be truly grateful for all the men and women who have given their lives for our country.

Take a moment today at 11 a.m. or p.m., and show us how you show gratitude for those who have or are serving their country. I hope they all come home safely.

Diane

NOVEMBER 12

**LUCK**

Balancing Elements

*Picture***BASIC**



*Happiness will never come to those who fail to appreciate what they already have.*

Balancing elements can be addressed from two different perspectives. There is the aspect of placing the elements in the frame in an aesthetically pleasing way. Then there is the balancing of elements such that the important pieces of the photo's story draw the viewer's eye.

Generally speaking, odd numbers of items are considered more pleasing than even. Of the three items in this photo, the pen and journal are the subject. The candle and Buddha have supporting roles. I feel lucky to have these things that bring me happiness always available to me.

Give a nod to Maria in The Sound of Music and photograph a few of your favorite things that you feel lucky to have.

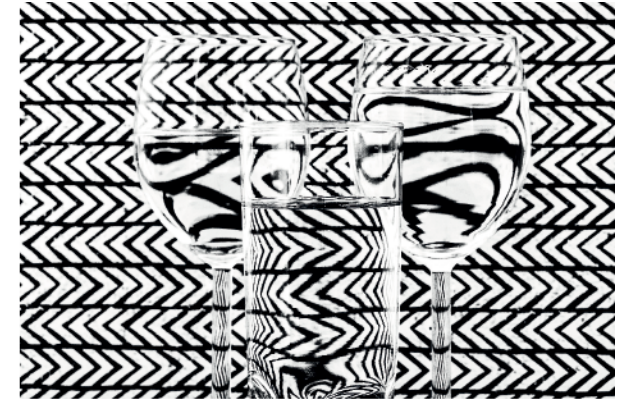
Kris

NOVEMBER 13

**MATTER**

Balancing Elements - Macro Monday

*Picture***BASIC**



Water matters!

And I love how when it is in a glass it bends the background. By having three glasses each with different amounts of water in them, I have used balancing elements.

What matters to you that you can use balancing elements for your photo today? Don't forget it is Macro Monday.

Lee

NOVEMBER 14  
**PROMPT FREE**

*Picture***BASIC**

Balancing Elements

# 365 *Picture Today*

Today is a blank canvas for which all of the other prompts have prepared you.

Keep your eyes open and have fun!

Prompt Free

NOVEMBER 15  
**KEY**

*Picture***BASIC**

Balancing Elements



Asymmetrical : having parts that fail to correspond to one another in shape, size, or arrangement.

Let's literally go with KEYS! They are a common enough item and one we all probably have too many of. I tend to hang on to keys. I have an assortment of keys, some of which I no longer even know what they are meant to unlock!

Find some keys and see if you can photograph them asymmetrically by size, colour, or arrangement.

Lysle

NOVEMBER 16  
**MATURE**

*Picture***BASIC**

Balancing Elements



This week may seem extra challenging to you. Just think of balancing elements in photography as creating an image where all of the elements work together in harmony.

For my "mature" example... we have my mature husband hiking in an old-growth forest. There are also atmospheric elements of foggy haze and Autumn color.

The elements all work together for a harmonious image including elements of atmosphere, color, and placement. Don't overthink your image...

Garnett



NOVEMBER 17

**LESSON**

Balancing Elements

*Guest* **PROMPT**



Five types of balance in photography are: Symmetrical, Asymmetrical, Tonal, Color, and Conceptual. Some ways to create balance are geometrically, minimalistically, and cropping. What is great about this group is that we can interpret the prompts literally or figuratively. For my photo, I tried to achieve tonal balance as well as balancing the stones. Have fun with the prompt. I look forward to seeing all the great photos you come up with!

Lynda Geith

NOVEMBER 18

**SEARCH**

Balancing Elements - Scavenger Hunt

*Picture* **BASIC**



Let's have some photo fun as we wrap up Picture Basic week by going on the hunt for balancing elements!

- **Symmetrical:** center focused, mirror-like
- **Asymmetrical:** off center, rule of thirds
- **Tonal:** monochromatic, black & white
- **Colorful:** pops of color, vibrant elements

No time for a scavenger hunt? Then choose an element from this week and share just one!

If you need help putting your collage together check out Garnett's Blog.

Amy

NOVEMBER 19

**PARADISE**

Cream

*Picture* **COLOR**



Well, I think that this chicken belongs in Paradise, with its beautiful cream colour with a hint of blue around the face.

My favourite week is colour week, I know it can be hard sometimes to find the colour that you want, but the cream colour is really just off-white to nearly brown.

Find something today that makes you feel that you are in paradise!

Lee

NOVEMBER 20  
**OASIS**  
Cream

## PictureCOLOR



While “oasis” literally refers to a fertile desert area, it has come to represent a refuge from the strains of life, a place that can bring calm to our souls. This quiet garden was designed for George Wythe, a busy lawyer, judge, teacher, and signer of the Declaration. I’m sure he found respite from his many duties here.

Show us your oasis that brings you refreshment. Maybe it’s a place. Maybe it’s a thing. Maybe it’s an activity. Include some soft, creamy white, too. Let your moments behind the camera renew you while you’re doing it.

Leslie

NOVEMBER 21  
**INTEGRAL**  
Cream

## PictureCOLOR



**Cream always rises to the top!**

The word integral means to be whole, complete, essential, or fundamental! Dairy products and cream are all that and then some.

What is more cream in colour than cream? Today let's photograph cream or milk. You can really use your skills and try some splash photography, or you might want to try a high-key photograph. Hey, maybe go to the next level and try a milk bath photograph. The choices are endless...

Lysle

NOVEMBER 22  
**GRAND**  
Cream

## PictureCOLOR



*"The grand and the simple. They are equally wonderful."* Marjorie Pay Hinkley

What will you find that is cream today?

I thought this display of lace doilies at a little gift shop was simply grand!

Amy

NOVEMBER 23  
**SAINTLY**  
Cream

*Picture***COLOR**



Saintly can be described as something or someone who is very holy or virtuous. In my eyes, my niece Samantha would definitely fit this description. Especially when her face is surrounded by a halo of cream-coloured fairy lights. They make her look like the angel she is!

Today, show us something or someone that you would describe as saintly. How can you use the colour cream to enhance its saintliness?

Diane

NOVEMBER 24  
**GORGEOUS**  
Cream

*Picture***COLOR**



Color week is my favorite. How are you feeling about "cream?" It's much softer and less harsh than white. It can be gorgeous! I think cream roses are just beautiful. How do you take something cream and make it more interesting? Add some contrast. I had the idea to put the rose petals in an antique muffin tin as my background but focus on the intact bloom. The bit of contrast really makes the cream color stand out. How you can add contrast to make your image gorgeous today?

Garnett

NOVEMBER 25  
**BEAM**  
Cream

*Picture***COLOR**



This cream-colored girl can always find a beam of light.

Can you find something cream-colored in a beam of light? Or maybe something of a different color in a creamy beam of light. The light is the limit. Be creative!

Kris

NOVEMBER 26  
**BALANCE**  
Landscape

## PictureSTYLE



There are several ways to show balance in your photo. The obvious is symmetrical with the right side mirroring the left (or top vs. bottom). But it can also be achieved through asymmetry, tone, or color. (Here's a good explanation that goes into it further - find the link in your daily email or on the website )

In my example, I have used color to balance the massive oxen that take up two-thirds of the space against the one-third occupied by the driver on the right. Though he is much smaller, his bright blue jacket draws the eye and counter-balances all the brown tones in the rest of the photo.

Leslie

NOVEMBER 27  
**GLASSY**  
Landscape

## PictureSTYLE



Today is all about reflection photography in landscape. Try and get a reflection in water. If you are not able to find a nice calm lake or river, remember that puddles make excellent reflective surfaces. You can also use a small mirror to capture landscape reflection. By placing the mirror flat on the ground, and shooting from a low angle you can get some amazing results.

If you are city-situated, urban landscapes are also excellent for reflection photography. Try taking some reflective pictures in office buildings and windows!

Show us some glassy shots today.

Lysle

NOVEMBER 28  
**VIEW**  
Landscape

## PictureSTYLE



Share your view today!

It can be as simple as a quick snap from your kitchen window, a detour on your way to work, or walking the dog around the neighborhood. It's always fun to see what each other's part of the world looks like!

A quick stroll along the paths at Pea Island National Wildlife Refuge is a Fall favorite.

Amy

NOVEMBER 29  
**CONSTRUCT**  
Landscape

*Picture* **STYLE**



Nature constructs all sorts of amazing landscapes for us to photograph. Stunning sunrises and sunsets are just one of nature's finest gifts. I constructed this sunrise image by capturing the reflection of the horizon and the clouds in the water. The reflection allows the golden tones of the sunrise to stand out throughout the whole photo and provides lovely symmetry to the image.

What landscape will nature construct for you today?

Diane

NOVEMBER 30  
**BECOME**  
Landscape

*Picture* **STYLE**



Have you ever stumbled upon something and you knew it had to become your photo that day? Whatever your doing today, notice your landscape and see if your photo presents itself. I was at a Chihuly exhibit at the St. Louis Botanical Gardens and around every corner the landscape became more impressive. Not many of us will have that "Wow" factor today but you might be wowed by what you notice.

Garnett

# NOVEMBER 2023

## *Picture*STYLE

Lifestyle

- 1 Many
- 2 Normal
- 3 Observe
- 4 Multitude

## *Picture*LIFE

Gratitude

- 5 Nest
- 6 Listen
- 7 Love
- 8 Notice
- 9 Nourish
- 10 Laugh
- 11 Hope

## *Picture*BASIC

Balancing Elements

- 12 Luck
- 13 Matter
- 14 Prompt Free
- 15 Key

## *Picture*BASIC

Balancing Elements

- 16 Mature
- 17 Lesson
- 18 Search

## *Picture*COLOR

Cream

- 19 Paradise
- 20 Oasis
- 21 Integral
- 22 Grand
- 23 Saintly
- 24 Gorgeous
- 25 Beam

## *Picture*STYLE

Landscape

- 26 Balance
- 27 Glassy
- 28 View
- 29 Construct
- 30 Become

## 365 *Picture Today* CREATIVE TEAM



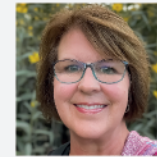
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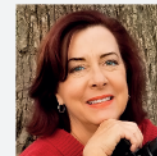
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