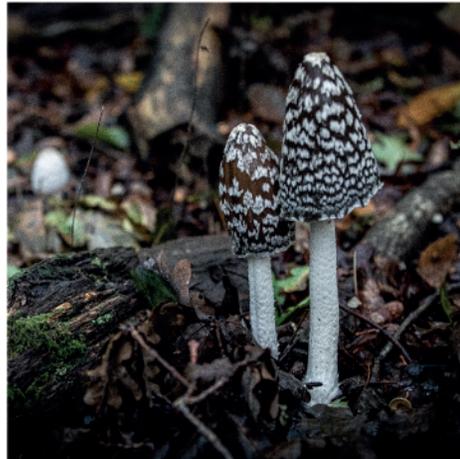
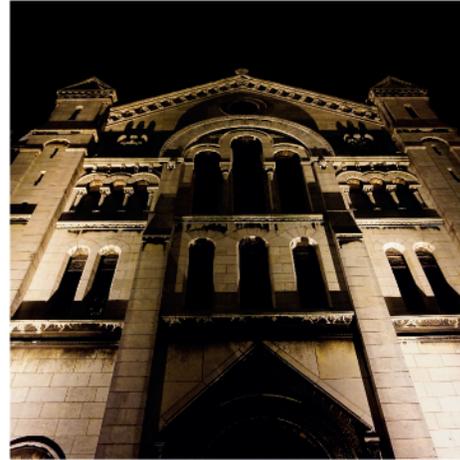


OCTOBER 2023

365
*Picture
Today*



365 *Picture Today*

FALLING INTO FALL

Welcome to Fall, Ya'll

Fall is one of my favorite seasons as a photographer. The weather is cooling, colors are changing and the air becomes more crisp and fresh.

Where do you find inspiration for Fall photography? Head into the city... or drive into the country! Check out a Fall Festival. Visit an apple orchard.

The possibilities are endless!

We are entering the season of holidays. There are so many photo opportunities ahead.

Here are a few tips for capturing Fall images.

- Don't discount foggy or overcast days. The diffused light can make for some great shots!
- Use a low aperture (f/11 or lower) to get crisp, sharp images of the leaves.
- Experiment with different angles and compositions
- Include Fall colors in your shots. The leaves on the trees and on the ground.
- Have fun embracing this next photo season!

Amy, Diane, Garnett, Kris, Lee Leslie and Lysle

EXPLAINING THE PROMPTS

Each month is broken into 4 weekly themes: Picture Life, Picture Basic, Picture Color and Picture Style. These are meant to fuel your imagination, keep you engaged, and challenge your creativity. They give you the opportunity to see the same things in different ways.

PICTURE LIFE

Picture Life is where you will be challenged to chronicle your life. Each Picture Life week will have a theme which will give us a glimpse into your day to day life. This is where we all will have the opportunity to get to know one another a little more. We encourage you to show us all aspects of your life, including your beautiful self! In Picture Life week there will be a Where I Stand prompt coupled with a time of day prompt. Here we encourage you once a month to show us what you are doing at a certain time of the day by showing us where you are standing.

PICTURE BASIC

Let's get technical! This will challenge your creativity with a technical agenda. In these weeks of your year you will look at leading lines, flat lays, lights and shadows, (to name a few!). Don't be shy to ask for clarification, camera settings or any tips and tricks. We aren't magicians here, we share our secrets!

PICTURE COLOR

We will focus on a specific color chosen by the Creative Team for these weeks. This year our colour choices will be a little beyond just the basics. You can include a little of the color, go completely monochrome or anything in between. You will likely find that this is one of your favourite weeks.

PICTURE STYLE

Lifestyle, architecture, landscape, sports, golden hour, are just some of the styles you will be encouraged to play around with to try out something new. Some of these might be a little out of your comfort zone. Our hope is that by the end of the week you may have discovered something you love. You might find style in your original photo or add some style in post-processing.

EXTRA CHALLENGES

Along the way you'll notice a few added monthly challenges sprinkled in to give you extra inspiration.

Macro Monday - For this prompt we encourage you to get in close. Grab your macro lens, macro filters or just crop your photo in post-processing. This is where we can focus on the little details.

Scavenger Hunt - A quarterly challenge where instead of one prompt, you have 4 . Take the 4 photos and make a collage. Make it work for you and your day.

Picture My World - This is a quarterly challenge. We are hoping you can return to the same spot 4 times on these days to document the changing seasons in your world or in your life.

Extra Seasonal Challenge

We are introducing something new this year... Seasonal challenges. Seasonal challenges are extra technical challenges to help you learn or practice technical skills. The challenge is separate from daily prompts and is there to give you that extra boost if you want to take it on. The extra challenge will occur 4 times a year and will come with technical instruction. Once the challenge is offered, you will have a week to think about it, practice, and then take and post your image.



Nothing shouts more about architecture than does a chateau! This chateau is in my local park and you can hire it for functions and weddings. It is ready for use and makes a great backdrop to a function.

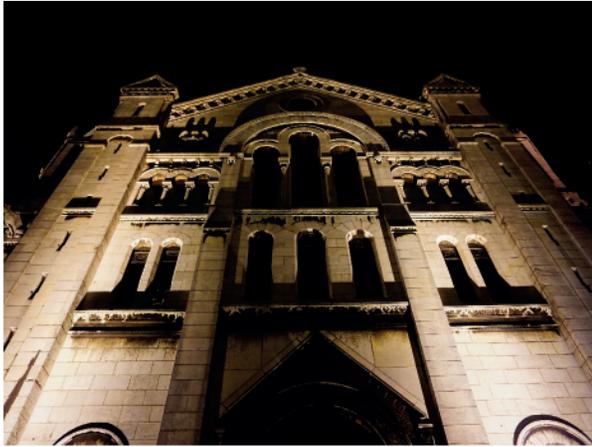
This chateau was built over 180 years ago and has had various owners. The last owners gave the chateau and the grounds to the state, which now looks after the castle and all the grounds.

What building is ready for you to photograph in all its glory?

Lee

OCTOBER 2
SUPREME
Architecture

*Picture*STYLE



The Basilica of Sacre Coeur in the Montmartre region of Paris was the very first and very last place I saw on my bucket-list trip. It was designed in the Romano-Byzantine style and was likely influenced by the Hagia Sophia in Constantinople, the supreme example of Byzantium architecture. Dramatic as it was, I loved photographing it at night even more because it did not have to compete with its surroundings.

Your example of architecture today does not have to be a national heritage site, – it might be your home!– but try photographing it at night and see what a supremely dramatic difference that makes.

Leslie

OCTOBER 3
THRIVE
Architecture

*Picture*STYLE



Our historic buildings reflect our unique past
- Marty Walsh

Let's go retro and be nostalgic today! Look for an old building that still thrives and serves a purpose! Tell a story with your photograph of how your building reflects the past. Whether it be stone, brick, wood, or straw, find a retro building to feature!

Lysle

OCTOBER 4
EASY
Architecture

*Picture*STYLE



Today will be an easy one...with us halfway through our week of exploring architecture let's shift the focus from the entire structure to the architectural details.

It's those often-overlooked features and embellishments, like hardware, trim, doors and windows that can be surprisingly beautiful when they become the main focus.

Can't wait to see what you find!

Amy

OCTOBER 5
FAMILIAR
Architecture

PictureSTYLE



The Rideau Canal is definitely a familiar landmark for most folks living in Ontario. It's a manmade waterway consisting of a series of locks linking Lake Ontario to the Ottawa River. It is a marvel of modern-day architecture. Our fellow 365'er, Amy Roach, works for Parks Canada and is an expert in all things Rideau Canal! This photo includes locks numbers 1 through 8 of the system. The Chateau Laurier hotel is on the right-hand side and Canada's parliament buildings are on the left. Both are architectural marvels in and of themselves.

What familiar piece of architecture from your neck of the woods will you showcase today?

Diane

OCTOBER 6
HARVEST
Architecture

PictureSTYLE



When I think of harvest and architecture I think of farming.... barns, silos, and other storehouses. It's always enjoyable for me to get away from the city and see the beautiful countryside filled with farms and rolling hills.

What architecture represents "harvest" to you?

Garnett

OCTOBER 7
HERO
Architecture

PictureSTYLE



My heroes are those who can find satisfaction and joy in the simple things. Those who live contently in a log cabin, likely built with their own hands, and experience the fullness of life while doing daily chores are my heroes.

In what simple structure might you meet a hero?

Kris

OCTOBER 8

CASUAL

Traditions - Picture Me

*Picture***LIFE**



I think a self-portrait at different seasons would be a great tradition to start, don't you? This wasn't planned. It was a very casual shot with my phone when I found myself in a favorite location in the fall. I love it because of the meaningful setting.

Take a bit of time today to photograph a wonderful you in a meaningful setting. Don't get hung up on perfection (talking to myself!). Keep it casual. It will reveal the true you and a place you should record as part of who you are.

Leslie

OCTOBER 9

THANKFUL

Traditions

*Picture***LIFE**



Albertans have a tradition of heading to Banff every fall to view the changing colours of the larch trees. Larch are coniferous trees that lose their needles every fall. Before they drop they turn from green to spectacular golden yellow. There is always a mad rush to hit the mountains and see the larch. It is so popular that the roads are often closed to tourists simply due to volume!

It is my tradition to hit the less popular tourist spots and head out into the backcountry where fewer people are willing to go! I am thankful that I know where to go and have the fitness level to get into areas that cars cannot! I can't wait to hike to this spot again.

What outdoor fall tradition are you grateful for? If you are not an outdoors enthusiast, show us a fall tradition you are thankful for.

Lysle

OCTOBER 10

NOBLE

Traditions

*Picture***LIFE**



Noble: very good or excellent, distinguished by rank, grand or impressive, especially in appearance.

Today you could go literal if you have access to nobility; or, figuratively if there is something excellent you want to share from your day!

I find it most impressive that we still have roses blooming in October and a regal color too.

Amy

OCTOBER 11
PROMPT FREE
Traditions

*Picture***LIFE**

365 *Picture Today*

Today is a blank canvas for which all of the other prompts have prepared you.

Keep your eyes open and have fun!

Prompt Free

OCTOBER 12
OPTION
Traditions - Where I Stand - 10 O'Clock

*Picture***LIFE**



It's our Where I Stand Day today. We are going to capture our feet at 10:00.

Our prompt word is "option." Do you have any Fall traditions you can share with us today? What are your options? When the grandkids were younger I went all out with seasonal decorations. I have pulled it back a little but I still enjoy decorating inside as well as the front porch.

Garnett

OCTOBER 13
ESPIRIT
Traditions

*Picture***LIFE**



For nearly a decade, I have enjoyed building the seasonal Halloween Lego sets. I am excited now to get to share that tradition with my grandsons. It is a lively time as one of us likes to follow the directions and one of us likes to be more creative.

We managed a black cat for you on this Friday the 13th, though, at one point during the build, the cat had mouse ears. :-)

What kind of spirited October traditions do you have?

Kris

OCTOBER 14
POISE
Traditions

Picture**LIFE**



Where's Waldo? No...it is where is Jasper?

Jasper is always poised when I am taking a photo of him. It has become a tradition at this time of year to take a photo of him in the leaves on the ground.

What tradition do you carry out at this time of year that need someone to have some poise with a blended background?

Lee

OCTOBER 15
LUSTER
Light & Shadow

Picture**BASIC**



This week it is all about *light and shadow*! Light has the ability to make an image seem brighter while shadow adds drama. A balance between light and shadow is needed to create an fascinate image.

Luster is a gentle sheen or soft glow. Try shooting in black and white or converting your photo to black and white to highlight your light and shadows. I used a single light source from the side to add luster to the colour of my skin and hair while also producing some long shadows on the table.

Show us a lustrous photograph of light and shadow in black and white today!

Lysle

OCTOBER 16
INTRICATE
Light & Shadow - Macro Monday

Picture**BASIC**



Today it is all about the details! Pick a subject and have fun!

Don't let the setup intimidate you! I placed a flashlight on the counter and positioned my shell at the edge of the beam of light. When you use light and shadows to your advantage it can be a great tool to highlight the intricate details that might get lost otherwise.

So grab your macro lens, zoom in close, or just crop your photo in post-processing and have some Macro Monday Fun!!

Amy

OCTOBER 17

KEEP

Light & Shadow

*Picture***BASIC**



Are you having fun playing with light and shadows so far this week? Are you noticing how the contrast between light and shadows impacts your photo?

For this photo, I used two items that are "keepsakes" for me--my dad's wedding ring and a Bible given to me by my grandmother. I placed the ring in the spine of the bible with the light behind it. The roundness of the pages creates the heart shadow you see below the ring. Grab a book and a ring and give this a try today! You may have to move the light and/or the book to capture the shadow at the right angle. Keep trying until you get it!

Diane

OCTOBER 18

JOIN

Light & Shadow

*Picture***BASIC**



As I thought about the prompt word "join," I immediately thought of all the bridges at our local municipal park. There are 5 bridges that join one side of the ditch to the other. I captured the light and shadow play of the trees.

Garnett

OCTOBER 19

IMAGINATION

Light & Shadow

*Guest***PROMPT**



According to the Oxford Dictionary, the definition of imagination is "the ability of the mind to be creative or resourceful."

While sitting at my parent's kitchen table, I noticed the way the sun and shadows looked on this bunch of turnips and I became intrigued. As others walked past these without a second glance, I decided to use my imagination and see what I could photograph. After a few minutes of rearranging the turnips, I was pleased with the end results.

Today, show us how you can use your imagination with lights and shadows. Can't wait to see what you create!

Amanda Tea

OCTOBER 20

KNACK

Light & Shadow

*Picture***BASIC**



Knack - a tendency to do something

The forest is full of light and shadows, especially when the sun is shining through the leaves.

I do actually have a tendency to go to the forest on a regular basis where the light and shadow make the forest look so different daily.

Where do you go regularly where you can see the light and shadows?

Lee

OCTOBER 21

GAIN

Light & Shadow

*Picture***BASIC**



A strong contrast between light and shadow creates drama. It captures our imagination because it draws our attention in a unique way. Renaissance artists were notable for this technique. Think "Girl with a Pearl Earring."

This man interpreted as an 18th-century tailor is not only framed by the window but also by the strong contrast of shadow behind him. There's an aura of mystery. We want to gain a closer look at what he's doing.

What gain do you make in your photo by combining light and shadow?

Leslie

OCTOBER 22

GLEAMING

Chestnut

*Picture***LIFE**



This week's color is CHESTNUT!

This color is a warmer brown with a reddish hue named after the nut of the chestnut tree. This commonly used color has been around as far back as 1555. The chestnut color is a prominent one in our environment, in our homes, and in nature.

So keep a sharp eye because you might be surprised where you spot the color chestnut as you go through the week!

Amy

OCTOBER 23
EFFECTIVE
Chestnut

PictureCOLOR



Do you find coffee to be an effective way to start your day? I'm more of a tea drinker myself but I know many rely on their morning coffee to kickstart their day.

If you want to try water drops (or coffee/milk drops) today you'll need to use a high shutter speed to capture the drop clearly. It's best to set your camera on a tripod to avoid movement. I used a continuous shooting mode to enhance my chances of catching the exact moment the milk hit the coffee. It might take a few tries but it's a lot of fun experimenting! Coffee is an effective way to capture chestnut for your photo today!

If coffee or water drops are not your thing, find something else chestnut-coloured that you consider effective in making your day more productive.

Diane

OCTOBER 24
ELEGANCE
Chestnut

PictureCOLOR



A couple of years ago, I took a train ride in Lancaster, Pennsylvania. It was really just a quick scenic ride so we splurged and went first class. It was so elegant and I loved all of the wooden accents.

Garnett

OCTOBER 25
DREAMY
Chestnut

PictureCOLOR



One of the things that I have loved about doing a 365 project for all of these years has been sharing the process with my family and friends. My husband has always been supportive and willing to help out when I needed a subject or an extra hand or two in a set-up. There have been times, though, when I'm sure he has dreamed of passing that torch to another assistant. After explaining the color chestnut to four-year-old Joshua, we went looking for it in the park. "Nana! I found it! These leaves are chestnut." Whether they are or aren't doesn't really matter. The moment captured does.

Find someone to help you with today's photo. It may be someone who dreams of being a part of your project or someone who dreams of the day that they are not "the only one around to help."

Kris

OCTOBER 26
ENGAGING
Chestnut

PictureCOLOR



What is more engaging at this time of year in the Northern Hemisphere than searching for and finding beautiful mushrooms?

These mushrooms are called Magpie Mushrooms. They are a member of the Inky Cap family and are not edible.

What engages you at this time of year that is chestnut in colour?

Lee

OCTOBER 27
DECORATION
Chestnut

PictureCOLOR



Women have been decorating with needle and thread throughout the ages. This young colonial interpreter in Williamsburg, Va. was learning the art of cross-stitching. It was chilly, so her hands were protected from the cold in the 18th-century style. But the glittery nail polish that decorated her fingers would not have been historically accurate! ;-)

Is there something you can photograph that you or someone you know has decorated? It doesn't have to be chestnut itself. Perhaps you'd like to feature it in a chestnut-colored setting as I have done.

Leslie

OCTOBER 28
DIVINE
Chestnut

PictureCOLOR



The informal definition of divine is 'excellent' or 'delightful'. Find something delightful in the colour chestnut to photograph today! I have a collection of old brown bottles that I find to be not only 'excellent' but 'delightful' to photograph. They are quite divine. I can't wait to see what you find.

Lysle

OCTOBER 29
HABITABLE
Lifestyle

PictureSTYLE



I love Italy and I find the beautiful old buildings to be so eye-catching. These old abodes have been maintained and updated to ensure they are habitable and welcoming to visitors. They provide a beautiful place to spend a couple of weeks while on vacation. Nothing beats the lifestyle these resorts provide to tourists. Indulging in a glass of wine while watching the sunset over the Tuscan hills is definitely a lifestyle I could get used to.

Give us a glimpse into how your habitable surroundings enhance your lifestyle.

Diane

OCTOBER 30
GOOD
Lifestyle

PictureSTYLE



Life is good. An attitude of gratitude in the smallest of blessings can change your whole outlook. Many of us are going through or have been through struggles. If we take the time to notice the good around us, we gradually find ourselves in a state of joy, regardless of the circumstances. Sitting outside and watching the birds has become a favorite pastime.

Garnett

OCTOBER 31
SOCIALIZE
Lifestyle

PictureSTYLE



What kind of ghouls, goblins, or friends will you socialize with today?

Kris

OCTOBER 2023

*Picture*STYLE

Architecture

- 1 Ready
- 2 Supreme
- 3 Thrive
- 4 Easy
- 5 Familiar
- 6 Harvest
- 7 Hero

*Picture*LIFE

Traditions

- 8 Euphoric
- 9 Open
- 10 Prompt Free
- 11 Organize
- 12 Lavish
- 13 Luminous
- 14 Lively

*Picture*BASIC

Light and Shadow

- 15 Luster
- 16 Intricate

*Picture*BASIC

Light and Shadow

- 17 Keep
- 18 Join
- 19 Imagination
- 20 Knack
- 21 Gain

*Picture*COLOR

Chestnut

- 22 Gleaming
- 23 Effective
- 24 Elegance
- 25 Dreamy
- 26 Engaging
- 27 Decoration
- 28 Divine

*Picture*STYLE

Lifestyle

- 29 Habitable
- 30 Good
- 31 Socialize

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