

AUGUST 2023

365
*Picture
Today*



365 *Picture Today*

ANOTHER NEW MONTH ALREADY!

We are about to bring the third quarter of 2023 to a close. For many of us, August also brings with it the close of a season. Though the official change from summer to fall, or winter to spring, doesn't happen until September, the start of a new school year feels like a change in seasons. Even if your life doesn't revolve around a school calendar, we all see children in the stores shopping for new clothes and school supplies as they anticipate the start of their new school year. Whatever August brings in your world, keep capturing it in a picture a day!

We are starting the month with a few more days of photographing emerald green. This is a great opportunity to photograph those fading summer blooms or emerging spring growth. We will then spend a week looking at our world from a different perspective. It is easy to fall into a rut at this point in the year of a photo a day, feeling like there is nothing new toward which to turn your camera. Sometimes just photographing the same subject from a different angle brings new energy and freshness.

And speaking of freshness, our Picture Life week this month is about photographing all things fresh. Maybe you'll continue practicing the previous week's fresh perspective on things or you will turn your camera toward the freshness in your garden or meals on your table or perhaps a fresh new back to school look.

We'll close out the month by considering carefully the composition of our photos. Yes, this is something we try to do well with every picture we take, sometimes it helps to have a little reminder about being intentional. Hopefully there will be something new to spark your creativity in this week's prompts. The last few days of August bring us back to color week, where we'll have a bright week of primary colors.

Thanks for taking a little time out of each day to spend it with us.

Happy August!

Amy, Diane, Garnett, Kris, Lee Leslie and Lysle

EXPLAINING THE PROMPTS

AUGUST 1
SPRIGHTLY
Emerald

Picture **COLOR**

Each month is broken into 4 weekly themes: Picture Life, Picture Basic, Picture Color and Picture Style. These are meant to fuel your imagination, keep you engaged, and challenge your creativity. They give you the opportunity to see the same things in different ways.

PICTURE LIFE

Picture Life is where you will be challenged to chronicle your life. Each Picture Life week will have a theme which will give us a glimpse into your day to day life. This is where we all will have the opportunity to get to know one another a little more. We encourage you to show us all aspects of your life, including your beautiful self! In Picture Life week there will be a Where I Stand prompt coupled with a time of day prompt. Here we encourage you once a month to show us what you are doing at a certain time of the day by showing us where you are standing.

PICTURE BASIC

Let's get technical! This will challenge your creativity with a technical agenda. In these weeks of your year you will look at leading lines, flat lays, lights and shadows, (to name a few!). Don't be shy to ask for clarification, camera settings or any tips and tricks. We aren't magicians here, we share our secrets!

PICTURE COLOR

We will focus on a specific color chosen by the Creative Team for these weeks. This year our colour choices will be a little beyond just the basics. You can include a little of the color, go completely monochrome or anything in between. You will likely find that this is one of your favourite weeks.

PICTURE STYLE

Lifestyle, architecture, landscape, sports, golden hour, are just some of the styles you will be encouraged to play around with to try out something new. Some of these might be a little out of your comfort zone. Our hope is that by the end of the week you may have discovered something you love. You might find style in your original photo or add some style in post-processing.

EXTRA CHALLENGES

Along the way you'll notice a few added monthly challenges sprinkled in to give you extra inspiration.

Macro Monday - For this prompt we encourage you to get in close. Grab your macro lens, macro filters or just crop your photo in post-processing. This is where we can focus on the little details.

Scavenger Hunt - A quarterly challenge where instead of one prompt, you have 4 . Take the 4 photos and make a collage. Make it work for you and your day.

Picture My World - This is a quarterly challenge. We are hoping you can return to the same spot 4 times on these days to document the changing seasons in your world or in your life.

Extra Seasonal Challenge

We are introducing something new this year... Seasonal challenges. Seasonal challenges are extra technical challenges to help you learn or practice technical skills. The challenge is separate from daily prompts and is there to give you that extra boost if you want to take it on. The extra challenge will occur 4 times a year and will come with technical instruction. Once the challenge is offered, you will have a week to think about it, practice, and then take and post your image.



When you find a sprightly grasshopper in your hedge, you have to be pretty sprightly yourself, to get your camera out and take a shot before he hops away.

What can you find that is sprightly, or that you have to be sprightly for?

Lee

AUGUST 2
HOME
Emerald

PictureCOLOR



We've been raising this Split-leaf Philodendron (Philodendron selloum) in our home for three years and it has grown immensely, approximately 4 feet in diameter! I noticed one morning how beautifully the light passed through the leaves. By cropping in closely, I was able to create this unique abstract image.

Can you find something homegrown in emerald tones? Maybe homegrown veggies or flowers. Maybe home-grown kids! Or define "home" in your own way. "Cuz there's no place like home."

Leslie

AUGUST 3
GIFT
Emerald

PictureCOLOR



Never look a gift horse in the mouth!

I do believe emerald is one of the most beautiful colours in the spectrum. Emerald is a mixture of blue and yellow and is named after a precious gemstone. Every day we are reminded of this colour when we witness this "gem colour" in the leaves and grasses of our environment. Today look for some emerald in your environment and find a 'gift' to add to it! I was pretty happy to find a vibrantly coloured house, with a emerald green roof in a yard rich with an emerald coloured garden....and a random retro bouncy horse to boot! I was definitely gifted with this find! What can you find?

Lysle

AUGUST 4
HARMONY
Emerald

PictureCOLOR



Emerald green is one of those colors that can come in a variety of shades and tones. It can be bright and light or dark and vivid. It can have a hint of blue making it seem a cool color or hints of yellow making it feel warm.

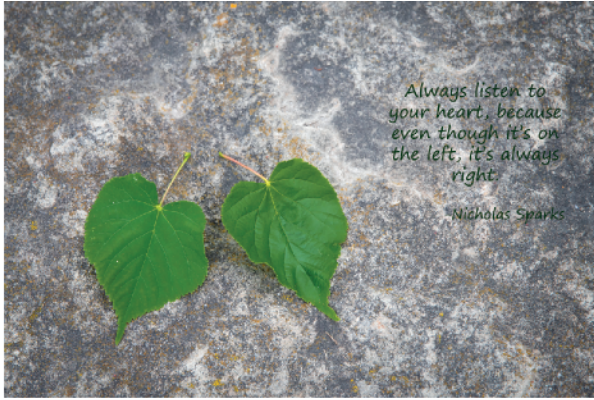
Today look for an array of greens that seem in harmony with one another!

I found the most harmonious display of emeralds and green by sheer accident at the Swarovski crystal store.

Amy

AUGUST 5
HEART
Emerald

Picture**COLOR**



Hearts can be found in all sorts of unique places. I have a small collection of hearts that I have found in different places I have travelled to. I am also always on the hunt for heart shaped rocks when I walk a beach. When I was out walking at a local park I was noticing how the leaves were shaped like hearts. Even better, they were emerald in colour! Perfect for this prompt.

You can interpret heart in any way you want. Who has your heart? What is the heart of your home, city, workplace, etc? Or, go with literal like I did. A green heart!

Diane

AUGUST 6
GENEROSITY
A Different Perspective

Picture**STYLE**



Generosity may seem like a hard thing to photograph since it is mostly associated with a feeling. Body language, however does a lot to show that feeling of generosity, or any other emotion for that matter. A change in perspective can help us to capture that emotion.

Dad is quite generous with his affection for Simon and Simon appreciates the generosity shown to him when he gets an extra biscuit.

Change your perspective today to best capture the feeling of generosity.

Kris

AUGUST 7
FRIENDSHIP
A Different Perspective

Picture**STYLE**



Trying to take different photos of people that sometimes have a problem with a camera in their face, is a challenge.

So, I try to take the photo with a different perspective that they might enjoy. This is us on top of a cliff in Cornwall, waving to ourselves, and we all remember the time that we had fun trying to get the photo with us all roughly doing something.

What friends or family are you with today that you can get to make a photo with a different perspective?

Lee

AUGUST 8
HUG

*Picture*STYLE

A Different Perspective



Typically we might photograph two people hugging by displaying their whole heads and more of their bodies. I chose to go a different route. I cropped down to his rough, scarred, and wrinkled hands contrasted with her small stature and soft sweater. These two features are all that are necessary to tell this story of generational love.

Can you find a different way to show a hug? It might be with friends, animals, or even something inanimate. Then share the love!

Leslie

AUGUST 9
GLITTER

*Picture*STYLE

A Different Perspective



Lets play with sparkles and glitter today! Choose a different perspective and have at it! It can be messy but it can be so much fun too. Me, I tried to re-enact a scene from the famous painting by Michaelangelo in the Sistine Chapel. I drew a pencil mark on the garage floor, put my camera upside down on my tripod, dipped by hands in glitter and lay down and placed my hands in the somewhat correct position and released the shutter by pressing the 10 second timer! One thing for sure, my hands are short and stubby and no way near as beautiful as Adam's and God's hands in the amazing painting. Now I have glitter everywhere.....

No glitter? No problem! Play with the natural glitter on water, or sprays of water from a garden sprinkler, star bursts, astrophotography or just find something glittery and take a picture from a different perspective. Shine on!

Lysle

AUGUST 10
MIGHTY

*Picture*STYLE

A Different Perspective



It is easy to make something seem mighty big by simply changing your camera angle. Today try shooting from underneath something. It could be a flower, a tree, a stairwell, a building you get the idea. When you are angled beneath your subject and shooting up that forced perspective will make your subject seem larger.

Here I am standing at the base of rather small tree but with my phone against the trunk in selfie mode it makes the tree appear mighty tall.

Amy

AUGUST 11
JAUNTY

PictureSTYLE

A Different Perspective



A young child jumping in a water puddle can be described as nothing but jaunty! The squeals of joy will always bring a smile to my face!

I wanted to capture the splash the moment Charlie jumped into the puddle. I actually laid down on the street so that my camera was at ground level. This allows the splash to be the highlight of the photo.

What perspective can you use today to show someone or something jaunty?

Diane

AUGUST 12
PEAK

PictureSTYLE

A Different Perspective - Scavenger Hunt



- From Above
- From the Side
- From the Centre
- From Below

Today is scavenger hunt day.... with a twist! Since we are looking at different perspectives this week, today we are going to hunt for something that we can capture in 4 different ways. Try to find something that has a peak... a mountain, whipped cream, a hat, umbrella, or a roof. Photograph that subject from above, the side, the centre and from below. Make it your own and approach it the way that makes sense to you!

Have fun!

Garnett

AUGUST 13
QUICK

PictureLIFE

Fresh - Picture Me



A new week of picture life, with a fresh approach.

So whilst out walking around the lake, one early fresh morning, I managed to set my camera on the floor and take a shot. Taking a photo in public of myself is not a comfortable thing for me to do.

We want you to take your photos with a fresh approach to what you usually do, get out of your comfort zone.

Put your camera on a timer and move away from it so that you can get some of the background of where you are in the frame.

Lee

AUGUST 14
PASSION

PictureLIFE

Fresh - Macro Monday



Passion: *intense feeling, ardent affection, a strong devotion.*

My husband and I make a weekly pilgrimage to the farmer's market. He indulges his passion for fresh ingredients while I devote myself to my passion for photography. The word makes me think of red, too, so this fresh ruby chard fits the prompt for me!

What is your passion in life? It will tell us a lot about what's important to you. And don't forget to get up close to it today!

Leslie

AUGUST 15
ORIGINAL

PictureLIFE

Fresh - Where I Stand - 8 O'Clock



Always be a first-rate version of yourself instead of a second-rate version of someone else.
Judy Garland

It is one of those many faceted prompts today! Not only is the prompt "original" but it is "Picture Life" Week with the general theme of "Fresh" AND it is "Where I Stand" at "8:00"! That is a lot to think about. The good news is that it is all about your feet so it is a pretty easy thing to find at 8:00 because I am pretty sure we all have feet.

Let's find out what kind of 'foot wear' we have that makes us original. I am well known for my red cowboy boots and I wear them with just about anything! I think they make me authentically me! What footwear do you have that makes you original? Picture them at 8 am or 8 pm.

Lysle

AUGUST 16
PROMPT FREE
Fresh

PictureLIFE

365
Picture
Today

Today is a blank canvas for which all of the other prompts have prepared you.

Keep your eyes open and have fun!

Prompt Free

AUGUST 17
WOW
Fresh

*Picture***LIFE**



Fresh flowers always wow me! Before I joined this 365 community I would never have bought myself flowers. However, now it's one of my favourite things to do when I'm out shopping. I love how they brighten up our home. They're also great props for photos so how can that be wrong!

Today photograph something fresh that wows you.

Diane

AUGUST 18
CHILD-LIKE
Fresh

*Guest***PROMPT**



There is nothing like a child at play to give you a fresh perspective, or, a reprieve from the busyness of life.

Here, I captured my sweet grandson, Josiah, enjoying this tiny pool in our backyard. My husband, the ever-attentive grandpa, decided he'd bring down fresh rain for him.

How can you resist a pool, sunny day, and grands going after it with sweet, child-like exuberance? The jump, the splash, the laughter; it is good!

What is fresh and child-like in your life today? Show us.

Paula Chance

AUGUST 19
WELCOME
Fresh

*Picture***LIFE**



There is nothing I welcome more on a hot summer day in Texas than a bowl of fresh watermelon! Whether today is hot, cold, or somewhere in between in your part of the world, what kind of freshness would you like to welcome on your table?

Kris

AUGUST 20
UNLOCK
Composition

PictureBASIC



A whole week to practice composition is time well spent. Ansel Adams had an uncanny natural instinct for composition, even at a very young age. The rest of us need instruction!

One of the most effective techniques is to put your subject "on the thirds." This is where the lines would intersect in a tic-tac-toe game. Another is to incorporate leading lines to draw the eye to the subject. My wood cracks and chains accomplish that here. You can compose when you're taking your picture or when cropping later. Try several ways and watch how your photo changes! See how good composition unlocks the full potential of your images!

Leslie

AUGUST 21
TAME
Composition

PictureBASIC



Let's try for a snail's eye view! Getting low is a fun way to get up close and personal with animals and insects. I am forever laying on my stomach to get my shot and it never fails to amuse those around me!

I found a Columbia Ground Squirrel who was very 'human' friendly! He was quite tame and also quite the poser.

Find an animal (wild or domestic...or an unferal child or a tame adult) to photograph from a snail's eye view today.

Lysle

AUGUST 22
UNPLUG
Composition

PictureBASIC



As we continue to explore the various ways to compose our images let's consider the horizon line and its visual impact. The horizon line can be the literal horizon or it can be a line that intersects or divides your image. This "line" helps guide the viewers eye right where you want it; for example placing your horizon line on the upper third encourages your viewer to look ahead at what is beyond where they can see whereas placing an intersecting line on the lower third begs the eye to look a little closer at what the foreground has to offer.

How do you unplug? Include the answer to that question when you capture your photo of the day!

Mine is taking a quick stroll by the water.

Amy

AUGUST 23

WISH

Composition

PictureBASIC



"I wish I may, I wish I might, have this wish, I wish tonight". I can't tell you what I wishing for in this photo because then it wouldn't come true!

I placed myself to the side of the frame on the third. This allowed the dandelion seeds to travel through the photo after I blew on them.

What will you wish for today? How can you compose your photo so that we can see what you're wishing for?

Diane

AUGUST 24

VACATION

Composition

PictureBASIC



How do you compose and take interesting photos while on vacation? If you are traveling somewhere well known, how do you make your photo stand out. I love it that my hubby wears a bright backpack. This makes the photo pop. I am always following behind snapping photos because he really stands out. I love that his backpack is such a contrast to the blue lake water in this photo. Everyone knows this location and images of it can be found everywhere. I believe my photo stands out because of the color contrast. Even if you aren't on vacation today, think about how you can make your scene pop by composing with the use of color.

Garnett

AUGUST 25

TIDY

Composition

PictureBASIC



I look to keep the tools in my studio tidy so that when I only have a few moments to create I can always find what I need. These bookmaking tools sit neatly on a shelf. By composing the image so that most of the tools are visible, one can see how the story of a handmade book begins.

What are your favorite tools? Are they tidy? Compose your photo today such that the tools tell the first step in what might be created.

Kris

AUGUST 26

TRUST

Composition

PictureBASIC



Putting the flower on the third with the other flowers in the background is a good way to make a good photo.

Look through the view finder and decide which side you want your object to be on, try both ways, and then trust your instincts to which works best. I also have to trust the insects not to sting me!

Looking through my photos I tend to put the object on the right third, are you left or a right person?

Lee

AUGUST 27

VITALITY

Primary

PictureCOLOR



This week we are focussing on the primary colours and I found all three colours together! How lucky is that?

Vitality is the state of being strong and active. I love old and distressed wood! This old building was once vital to the community and continues to be loved with a coat of vibrant paint.

Can you be as lucky? You might find yellow, blue and red together randomly or you may have to manipulate your picture by finding these three colours and putting them together. Find something vital in red, yellow and blue to photograph today.

Lysle

AUGUST 28

OODLES

Primary

PictureCOLOR



Oodles: a large amount of something.

Primary colors are often grouped together. Where you see one the others are usually nearby! I'm sure you will spot oodles of red, yellow and blues as you go about your day!

Show us what you find!

Amy

AUGUST 29
GROW
Primary

PictureCOLOR



Summer is the perfect time to photograph things that grow. Beautiful flowers in all sorts of colours are everywhere. This colour week we are focusing on primary colours. I chose yellow as my primary colour for this prompt.

This flower was blooming in the yard at our Airbnb in Lisbon. We loved watching them open up and bloom each morning. The colour was such a rich yellow. I took so many photos of them over the 2 weeks we were there.

What's growing in your surroundings today? I'm sure you will find something in one of the primary colours to use for your photo today.

Diane

AUGUST 30
GATHER
Primary

PictureCOLOR



Are you enjoying looking for primary colors this week? Today, look for something that you can gather. Where I live, the garden season is still in full swing. I have had great success with patio tomatoes this year and enjoy gathering them along with my fresh herbs.

What primary color can you gather today?

Garnett

AUGUST 31
FASCINATE
Primary

PictureCOLOR



The older I get, the more fascinated I become with the simple things in life. I never had Lego as a child so I am making up for lost time as an adult. I am fascinated by what can be created with these primary-colored plastic bricks. Even more fascinating is that the inside structure of this guy is way more complicated than one would think just looking at him.

What fascinates you? Photograph it in primary colors.

Kris

AUGUST 2023

Picture COLOR

Emerald

- 1 Sprightly
- 2 Home
- 3 Gift
- 4 Harmony
- 5 Heart

Picture STYLE

A Different Perspective

- 6 Generosity
- 7 Friendship
- 8 Hug
- 9 Glitter
- 10 Mighty
- 11 Januty
- 12 Peak

Picture LIFE

Fresh

- 13 Quick
- 14 Passion
- 15 Original
- 16 Prompt Free

Picture LIFE

Fresh

- 17 WOW
- 18 Child-like
- 19 Welcome

Picture BASIC

Composition

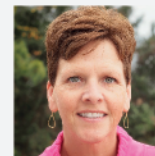
- 20 Unlock
- 21 Tame
- 22 Unplug
- 23 Wish
- 24 Vacation
- 25 Tidy
- 26 Trust

Picture COLOR

Primary

- 27 Vitality
- 28 Oodles
- 29 Grow
- 30 Gather
- 31 Fascinate

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