

# APRIL 2023

365  
*Picture  
Today*



365 *Picture Today*

## CONGRATULATIONS! YOU HAVE MADE IT THROUGH A QUARTER OF THE YEAR TAKING A PHOTO A DAY!

Hopefully you are settling into a routine of daily photos. You are discovering which subjects are drawing your attention, which skills you'd like to develop, and you are becoming more comfortable with those monthly selfies! Most importantly, we hope that you are having fun and are looking forward to the next nine months of taking a photo day!

It seems like this time of year finally affords us the opportunity to slow down a little and take a breather. We've made it through the rush of holidays and the harshest of the seasons, whether it be winter or summer where you are; nature is giving way to a time of transition. Spring brings with it new life and a constantly changing palette of color. Fall, on the other hand, suggests the feeling of slowing down and rest. The stark beauty of the natural world is present in all of its glory. Our creative minds need to experience all of the seasons. We hope that this month's prompts will encourage you to photograph these special time of the year wherever you are.

This month we'll turn our cameras toward composing images with odd numbers and brightening a week by photographing lemon yellow. We'll also burn a few calories as we move around trying to find just the right angle for a week of food photography. Food photography is not everyone's favorite, but it is a great way to practice composition and lighting. Keep in mind that food will never give you a cheesy "make it quick" smile or roll its eyes at you, unless you are taking a picture of a sassy potato. And food will be still for as many shots as you need, except perhaps ice cream. We'll finish the month photographing the familiar in our lives. These are the things that are often overlooked in the present; however, looking back in the years to come, these will be the photos that you'll be glad to have because they are the story of your life.

**Happy April!**

*Amy, Diane, Garnett, Kris, Lee Leslie and Lysle*

# EXPLAINING THE PROMPTS

APRIL 1  
**SMILE**  
My Hometown

PictureLIFE

Each month is broken into 4 weekly themes: Picture Life, Picture Basic, Picture Color and Picture Style. These are meant to fuel your imagination, keep you engaged, and challenge your creativity. They give you the opportunity to see the same things in different ways.

## PICTURE LIFE

Picture Life is where you will be challenged to chronicle your life. Each Picture Life week will have a theme which will give us a glimpse into your day to day life. This is where we all will have the opportunity to get to know one another a little more. We encourage you to show us all aspects of your life, including your beautiful self! In Picture Life week there will be a Where I Stand prompt coupled with a time of day prompt. Here we encourage you once a month to show us what you are doing at a certain time of the day by showing us where you are standing.

## PICTURE BASIC

Let's get technical! This will challenge your creativity with a technical agenda. In these weeks of your year you will look at leading lines, flat lays, lights and shadows, (to name a few!). Don't be shy to ask for clarification, camera settings or any tips and tricks. We aren't magicians here, we share our secrets!

## PICTURE COLOR

We will focus on a specific color chosen by the Creative Team for these weeks. This year our colour choices will be a little beyond just the basics. You can include a little of the color, go completely monochrome or anything in between. You will likely find that this is one of your favourite weeks.

## PICTURE STYLE

Lifestyle, architecture, landscape, sports, golden hour, are just some of the styles you will be encouraged to play around with to try out something new. Some of these might be a little out of your comfort zone. Our hope is that by the end of the week you may have discovered something you love. You might find style in your original photo or add some style in post-processing.

## EXTRA CHALLENGES

Along the way you'll notice a few added monthly challenges sprinkled in to give you extra inspiration.

**Macro Monday** - For this prompt we encourage you to get in close. Grab your macro lens, macro filters or just crop your photo in post-processing. This is where we can focus on the little details.

**Scavenger Hunt** - A quarterly challenge where instead of one prompt, you have 4 . Take the 4 photos and make a collage. Make it work for you and your day.

**Picture My World** - This is a quarterly challenge. We are hoping you can return to the same spot 4 times on these days to document the changing seasons in your world or in your life.

## Extra Seasonal Challenge

We are introducing something new this year... Seasonal challenges. Seasonal challenges are extra technical challenges to help you learn or practice technical skills. The challenge is separate from daily prompts and is there to give you that extra boost if you want to take it on. The extra challenge will occur 4 times a year and will come with technical instruction. Once the challenge is offered, you will have a week to think about it, practice, and then take and post your image.



It is April and it is a well known fact in this part of the world that you get April Showers. So instead of being sad my daughter and I are celebrating.

I added text in the same colour as the umbrella to make the text pop. The pop of pink and the quote makes me smile.

What makes you smile at this time of year in your neighbourhood?

Lee

APRIL 2  
**CHERISHED**  
Rule of Odds

## PictureBASIC



What is the Rule of Odds? It is when you include a group of subjects in your photograph that is an odd rather than an even number. Often time, an odd number of objects will produce a more interesting and visually pleasing composition.

Three is a lovely number! Take a picture of three objects. I have chosen three horses in a landscape, but you might want to try a still life or flat lay.

Lysle

APRIL 3  
**PRECIOUS**  
Rule of Odds

## PictureBASIC



Another technique that pairs well with the Rule of Odds is the triangle composition. This is when each subject or focal point in your photo is laid out in a triangle pattern. Because the viewer's eyes travel from point to point it makes for a more visually pleasing image.

If you spot something precious give the triangle layout a try.

Amy

APRIL 4  
**AVANT-GARDE**  
Rule of Odds

## PictureBASIC



When I think of Avant-garde I think of the arts. Something that's new and unusual. In other words, something just a little different or unique. I decided to stick with the arts with my photo example and pick something that I thought was just a bit different than the every day ordinary.

I attended this photography meetup at one of our local parks. We had the opportunity to photograph a dancer outside of a studio. The dancer used a bunch of different fabrics to enhance her movements. It was very cool. In this shot I placed the dancer on the vertical left third while the fabric is on the top third. I think it works nicely.

Find something unique, quirky, or new that you think is Avant-garde, however you might define it. I can't wait to see what you come up with!

Diane

APRIL 5  
**FASHIONABLE**  
Rule of Odds

## PictureBASIC



Today we are going to combine something fashionable with the rule of odds.

For my example photo, I am holding 3 beautiful roses. What makes this fashionable? My manicure of course.

I want you to see the many ways you can approach a prompt to make it work for you. Some of you may actually photograph clothing, or shoes, or jewelry. There are so many ways to fulfill a prompt. Whatever you choose to photograph, make it odd!

Garnett

APRIL 6  
**JOYFUL**  
Rule of Odds

## PictureBASIC



The old song by Harry Nilsson says, "one is the loneliest number," but it isn't always. Sometimes being the only one can be the most joyful moment. We all need quiet time alone. Though this bunny is sitting in the grass by herself, she seems joyful amidst the fresh green grass of spring.

Photograph something that makes you feel joyful even when you are alone.

Kris

APRIL 7  
**ECSTATIC**  
Rule of Odds

## PictureBASIC



Egg-static - it is that time of year when eggs are in vogue!

Having an odd number creates more interest. I had six items here, but there is a group of five at the back, and the odd one at the front, so that makes it work.

Have fun today, with a still life of an odd number of items of the same things.

Lee

APRIL 8  
**MESMERIZING**  
Rule of Odds

*Picture***BASIC**



Who isn't mesmerized by people who just happen to look like they went through a time portal? I sure am! I loved how this group of costumed students and prof were interacting and I just had to get their picture!

So how does an *even* number of people meet the requirements for the Rule of Odds? By breaking them up into two groups of odd numbers -- in this case a group of three and a group of one. In addition, I placed each group on the thirds creating another "odd" arrangement.

Can you mesmerize us with a group of things, people, animals, or landscape objects that come in odd numbers? Keep your eyes open. They might be walking right down the street!

Leslie

APRIL 9  
**CAPTIVATING**  
Lemon

*Picture***COLOR**



Today we kick off one of my faves... Color Week! With a more vibrant attention-seeking shade of yellow - LEMON.

As with, most yellows it is a warm color that can be cheery and encouraging, cautious and fearful, energizing and optimistic, loyal and wise depending on the hue.

Show us the vibrant yellow that has you captivated!

For me, it was this fearless bulldozer out in the crashing waves helping to fortify our beach.

Amy

APRIL 10  
**POLISHED**  
Lemon - Macro Monday

*Picture***COLOR**



It's macro Monday once again! Get in close on something lemon coloured and show us the details of your find.

I love using my macro lens on flowers. Nature always delivers such polished beauty such as can be found in this flower. Getting in close makes the details of the middle of the flower really stand out.

Use Macro Monday as an opportunity to polish your macro skills.

Diane

APRIL 11  
**SENSATIONAL**  
Lemon

*Picture* **COLOR**



Isn't the inside of this iris sensational? We are in lemon week so be sure and look for something yellow. Something sensational may be hidden right before your eyes!

Garnett

APRIL 12  
**TICKLED**  
Lemon

*Picture* **COLOR**



This little guy was tickled that on his third birthday he got to play in his cake with lemon (yellow) diggers. That pop of yellow amidst the chocolate "dirt" made for a happy boy.

Lemon yellow is such a cheerful color; it's hard not to be tickled when it makes its way into your day. Photograph a touch of yellow that tickles your insides and makes you smile.

Kris

APRIL 13  
**UNBELIEVABLE**  
Lemon

*Picture* **COLOR**



Sometimes when taking a photo you need to make sure that the background blends in. There's nothing more beautiful than azaleas at this time of year. With a little bit of processing the harshness of the yellow can be made to be mellow.

What can you find that is lemon in colour that you find unbelievable?

Lee

APRIL 14  
**STUPENDOUS**  
Lemon

*Picture* **COLOR**



I feel pretty stupendous ("awesome, marvelous") when I can catch a good panned shot. This cyclist with his lemon yellow safety vest caught my eye—as it's supposed to do! I also wanted to capture the sense of speed. To get that, I needed a slow shutter--1/50 of a second, then 800 ISO, f/22. Auto-focusing, I panned along and clicked just when he passed me. The background blurred while he remained crisp.

Today try panning! It takes practice, so shooting passing cars or cooperative kids on bikes are good setups. A quick search will bring up plenty of detailed instructions on the internet. If you're not feeling "up to speed," show us any lemony thing in your world that you find or makes you feel stupendous-- on the street or not!

Leslie

APRIL 15  
**STUNNING**  
Lemon

*Picture* **COLOR**



Lemon is a vivid yellow colour that resembles the lemon fruit. The colour lemon has a calming effect and is known to subdue negative moods such as anxiety. The colour lemon also adds a beautiful contrast to most landscapes! It is a stunning, joyful colour that often adds a splash of sunshine to any environment.

Take something lemon-coloured outside and photograph it against your landscape to see how stunning it really is. If getting outside today just isn't possible, try a still-life photograph indoors of something lemon-coloured against a contrasting background.

Lysle

APRIL 16  
**VALUABLE**  
Food

*Picture* **STYLE**



This week is all about food photography. We all eat so you'll be presented with lots of opportunities this week to photograph food. How can you make everyday food look appetizing? Food photography is quite popular these days. You see folks at restaurants all the time taking a photo of their food. This week is your chance to make us drool!

My friend holds a spring roll making day once a year. We make over 250 spring rolls in one afternoon. We all value her talents as a home cook. Spring rolls fresh out of the fryer are a valuable and delicious commodity.

Have fun with your food this week. Use this week as an opportunity to treat yourself. It's all for the sake of photography afterall! What better excuse could there be to have that fancy donut?

Diane

APRIL 17  
**TREMENDOUS**  
Food

*Guest* PROMPT



Who doesn't love food? Food photography can be a challenge. There are endless meal photos on social media, but what makes a food photo interesting, let alone "tremendous"? To find out, I looked up the definition of "Tremendous". It's "very great in amount, scale or intensity. Extremely good or impressive, excellent."

In this photo, taken in Morocco, we were invited into the traditional home of a Berber family in a Kasbah and served a tremendous amount of food, starting with these huge pieces of flatbread. I like the hints in the background of other things - the glasses for the delicious mint tea we were served, the colourful tablecloth and the carpet that we sat on for our meal. What was really tremendous, though, was the experience and the hospitality we were shown - it was definitely "extremely good, impressive and excellent".

What aspect of "tremendous" do you want to focus on for today's photo? Will it be an impressive amount of food, or something really big or seemingly out of proportion? Something really hot, very cold, or super spicy? Or will it be a tremendous experience or memory of food, and what was happening around the meal that made it unique? Look for a different aspect of food today, and let's see what "tremendous" means to you!

Carolyn Cummins

website: [365picturetoday.com](http://365picturetoday.com)

APRIL 18  
**PROMPT FREE**  
Food

*Picture* STYLE

365  
*Picture*  
*Today*

Today is a blank canvas for which all of the other prompts have prepared you.

Keep your eyes open and have fun!

Prompt Free

APRIL 19  
**MAJESTIC**  
Food

*Picture* STYLE



What is more majestic than chocolate, my favourite food?

Get a plate full of food, place it near a side window light and do take photos from different angles till you are happy with the result.

What food do you find majestic today?

Lee

instagram: [365picturetoday](https://www.instagram.com/365picturetoday)

APRIL 20  
**DELICATE**  
Food

## PictureSTYLE



It's April and my spring foodie thoughts turn to more delicate decadence like these tarts from our favorite bakery. From their light and fluffy filling to their melt-in-your-mouth meringue tops, they taste breezy just like the weather.

Are you drawn to delicate desserts? Or do your tastes lean toward more hearty fare? By all means, show!

Leslie

APRIL 21  
**SAVOUR**  
Food

## PictureSTYLE



*Savour: to enjoy food slowly in order to enjoy it as much as possible!*

Do you savour foods or snarf them down as fast as you can? I am ashamed to say I am indeed a 'snarffer"! It is something I am working on. I know for a fact that I could not savour those lollipops. I would try to enjoy the lollipop slowly but truth be told, I know by the third lick I'd bite it! How about you?

Find a food worthy of savouring today and photograph it!

Lysle

APRIL 22  
**TRADITION**  
Food

## PictureSTYLE



Is there a food you traditionally enjoy just because it's the weekend?

Maybe you order takeout from your favorite place, grab that treat you wouldn't normally during the week, or do meal prep because you have the extra time!

For example, pancakes! The family thinks they are the perfect food for a lazy Saturday morning.

Amy

APRIL 23  
**QUIRKY**

## PictureSTYLE

Familiar - Picture Me



It's Picture Life Week again and our Sunday Selfie Day!

Our theme this week is "familiar." When you are familiar with something, you know it very well from long or close association. We are hoping to get more familiar with each other this week.

So today will be fun. We are going to take a quirky photo of ourselves. If you are familiar with me at all, you will know this is right up my alley. I'm goofy and silly and quirky on a regular basis. If I see any kind of photo prop, I am going to be putting myself in there!

Let's see your quirky side today!

Garnett

APRIL 24  
**MAGNANIMOUS**

## PictureSTYLE

Familiar



**Magnanimous** - generous in forgiving an insult or injury; free from petty resentment or vindictiveness:

Luckily you don't have to use the word magnanimous in a sentence, only in a photo!

Despite his sad dog eyes, Simon is a super forgiving pup. When he brings his toy to play and I tell him he has to wait because I am busy, he does so patiently and is always happy happy once we make it to the backyard and he gets to play frisbee. He is indeed a magnanimous boy!

What does magnanimous look like to you?

Kris

APRIL 25  
**WORTHY**

## PictureSTYLE

Familiar - Where I Stand - 4 O'Clock



What is more worthy than taking your photo with others?

This is my family on an afternoon walk, I asked everyone to just put one foot in. I just love all the different shoes.

Who are you with at 4 O'Clock today?

Lee

APRIL 26  
**VIVACIOUS**  
Familiar

PictureLIFE



*"attractively energetic and enthusiastic"*

Photographing pups has become a favorite subject of mine because dogs are such a familiar sight in this retirement town. There's a vet every other block and not nearly enough groomers for these "grandkids!" These two vivacious little Cavalier King Charles Spaniels are an adorable example.

What's familiar where you live? If it's also vivacious, you may have your subject all ready to go!

Leslie

APRIL 27  
**WARM**  
Familiar

PictureLIFE

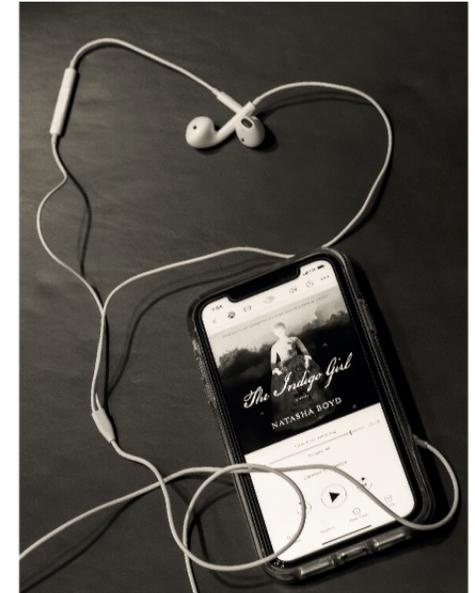


What is more familiar than a child sharing a warm embrace with a parent or grandparent? Photograph a familiar scene of love and affection today between two people, or animals, or even with a beloved and comforting object. Show your love and warmth for something or someone today.

Lysle

APRIL 28  
**SERENE**  
Familiar

PictureLIFE



*Serene means calm, peaceful, tranquil, and unruffled.*

Keeping it simple - Share with us something that helps you feel that way.

Listening to a good audiobook when I walk definitely helps me feel more serene after a long day at work!

Amy

APRIL 29  
**TANTALIZING**  
Familiar

*Picture***LIFE**



For those of us of a certain age, typewriters of all kinds are definitely familiar. For the younger generation, not so much. Whenever I see an old typewriter I wonder what stories it wrote. Letters from home? Love letters? A novel? The possibilities are endless. It's both nostalgic and familiar.

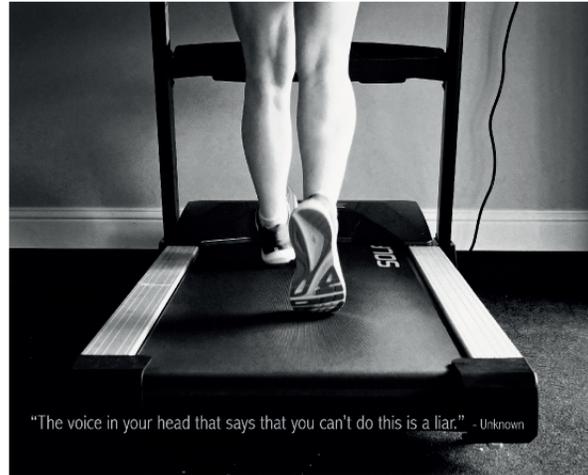
I saw this old typewriter in a small village's general store we visited. When I walked by I found the keys so tantalizing. All I wanted to was to press them and type something.

What familiar item will you find tantalizing today? Show us what calls out to you today.

Diane

APRIL 30  
**POSSIBLE**  
Black & White

*Picture***BASIC**



This week we will be shooting in black and white. Removing color from our images forces us to get back to the basics, turning our attention to the kind of technical things that are most important in all photography -light, contrast, composition, texture, and values of light and dark.

When it comes to creating a black and white image, you have options. If your camera has a monochrome setting you can shoot in black and white from the start. If not, many post-processing programs and apps will do the job for you.

As we spend this week with black and white photography, notice how your thinking changes knowing that the final image will depend on gray tones. Hopefully this week will open up some new possibilities for you and your photography.

Kris

# APRIL 2023

## *Picture*LIFE

My Hometown

1 Smile

## *Picture*BASIC

Rule of Odds

2 Cherished

3 Precious

4 Avant-Garde

5 Fashionable

6 Joyful

7 Ecstatic

8 Mesmerizing

## *Picture*COLOR

Lemon

9 Captivating

10 Polished

11 Sensational

12 Tickled

13 Unbelievable

14 Stupendous

15 Stunning

## *Picture*STYLE

Food

16 Valuable

17 Tremendous

18 Prompt Free

19 Majestic

20 Delicate

21 Savour

22 Tradition

## *Picture*LIFE

Familiar

23 Quirky

24 Magnanimous

25 Worthy

26 Vivacious

27 Warm

28 Serene

29 Tantalizing

## *Picture*BASIC

Black & White

30 Possible

## 365 *Picture Today* CREATIVE TEAM



*Amy*  
amy@365picturetoday.com



*Diane*  
diane@365picturetoday.com



*Garnett*  
garnett@365picturetoday.com



*Kris*  
kris@365picturetoday.com



*Lee*  
lee@365picturetoday.com



*Leslie*  
leslie@365picturetoday.com



*Lysle*  
lysle@365picturetoday.com